

DON'T MISS OUR Be prepared for emergency 3 DAY MEMBERS' SALE Halton Region is asking residents to and betteries to an analysis.

Halton Region is asking residents to ensure they're prepared for a major emergency such as a blackout or severe storm — an event many residents might be familiar with after the recent major storm knocked out power to many households.

As part of this week's 14th annual Emergency Preparedness Week, the Region is issuing a reminder to residents to plan for an emergency by knowing the risks, making a family plan and getting an emergency kit that contains food, water, a radio, a flashlight

and batteries to get through at least a 72-hour emergency.

Residents can visit www.halton.ca/beprepared to find out more information and download resources such as Halton's Personal Emergency Preparedness Guide and information for people with special needs or disabilities.

The information can also be obtained at municipal offices or facilities or by calling 1-866-442-5866 or via e-mail at accesshalton@halton.ca.

Holmes to flip M&M burgers

Barbecue season is here, and to kick it off M&M Meatshops will hold its 21st annual Charity BBQ Day this Saturday to help cook up a cure.

The two locations in town — on Main Street, just west of Ontario Street and on James Snow Parkway, just south of Hwy. 401 — will be participating from 10 a.m. to 4 p.m., along with almost 500 locations across Canada.

For a minimum donation of \$2.50, resi-

dents can receive a hamburger or hot dog, a drink and a bag of chips.

To top it off, the James Snow Parkway store will have Mike Holmes from Holmes on Homes flipping for charity between 11 a.m. and 1 p.m. (Read about Holmes' new television show on page A29.)

Since time and food is donated, all proceeds will go to the Crohn's and Colitis Foundation of Canada, with a set goal of \$2.1 million.







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