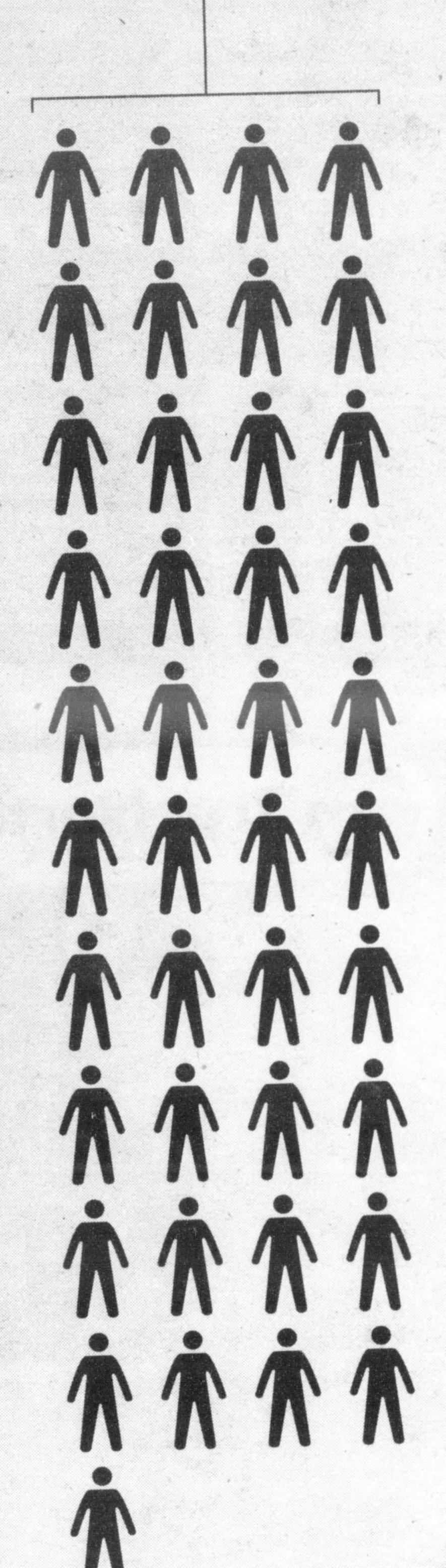
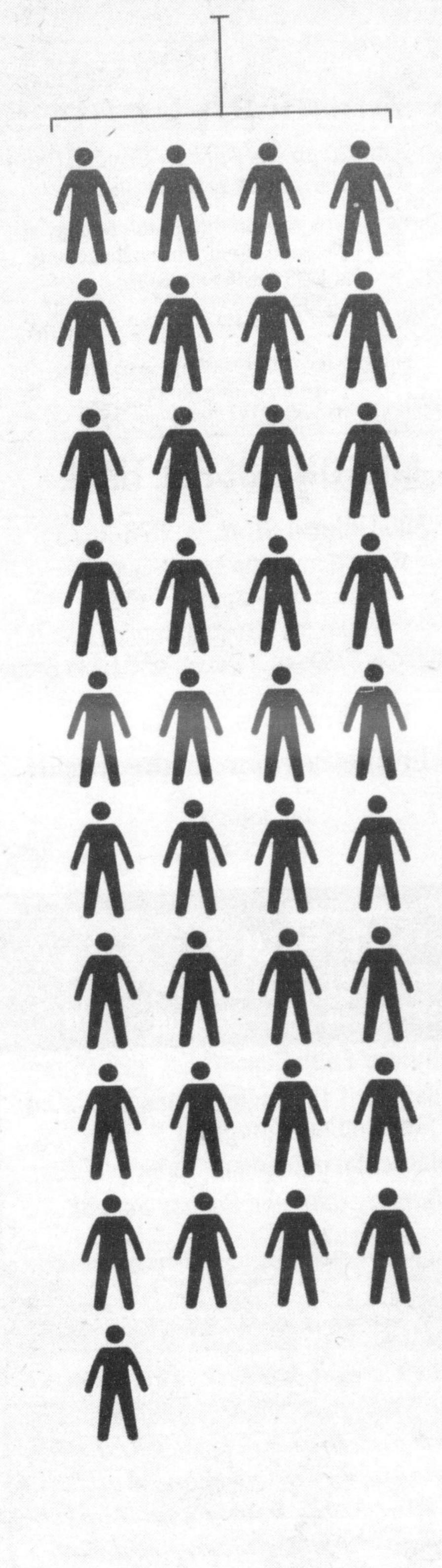
DIABETES

SMOKING





IT'S WORSE THAN YOU THINK.

As with smoking, diabetes contributes to the deaths of thousands of Canadians each year. That's because diabetes puts you at higher risk for heart disease and stroke. And research shows being over 40 increases your chances of being diagnosed with type 2 diabetes.

Type 2 diabetes accounts for 90% of all diabetes cases - but it is preventable.

You can find out how at ontario.ca/diabetes



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Sign spreading message

By Lisa Tallyn METROLAND MEDIA GROUP

Halton Regional Police and Mothers Against Drunk Driving (MADD) are hoping a recently-launched program will get the message out to motorists that drunk drivers are sharing their roads and they should call police if they see a driver they suspect is impaired.

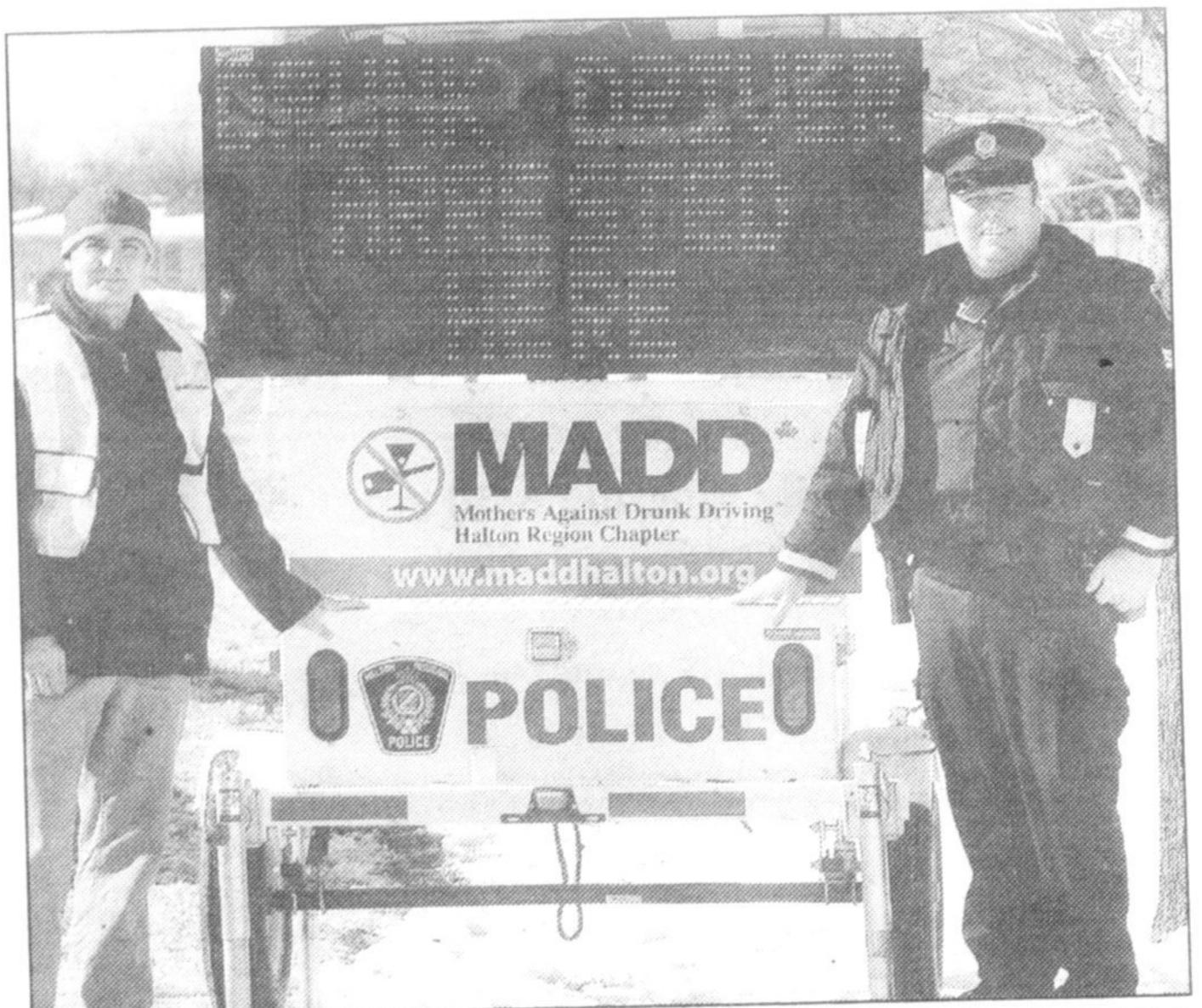
The HRPS/MADD 911 Variable Message Sign program utilizes an illuminated sign and trailer that will be taken out to scenes of impaired driving crashes, impaired arrests and RIDE programs.

The message on the sign will be specific to the circumstances of each incident, however, no names will be displayed.

With impaired driving being the number one criminal cause of death in Canada, Halton police rely heavily on concerned citizens recognizing the signs of an impaired driver and reporting any suspected impaired drivers immediately by calling 911, said Sgt. Derek Davis.

"Our ability to effectively apprehend impaired driving offenders is directly linked to the community support we receive," he said.

.The sign was placed recently on Sinclair Avenue near Duncan Drive in Halton Hills where police had made an impaired driving arrest. It's alleged the driver had more than 2.5 times the legal



TED BROWN / METROLAND MEDIA GROUP

GETTING THE MESSAGE OUT: MADD Halton Region Chapter president Chris Borak (left) and Halton Regional Police Sgt. Derek Davis stand by the new HRPS/MADD 911 Variable Sign.

limit of alcohol in his blood. The sign was also posi-

tioned at the northeast corner of Tremaine Road and Steeles Avenue in Milton last week. This week it is at sage sign." Steeles Avenue and Bronte Street.

using the same roads that we and our families use. Drivers are encouraged to report impaired drivers immediately by calling 911. Road safety is the responsibility of all road users," said Davis.

Davis asks area residents to visit the MADD Halton website to find out the 10 signs of a drunk driver.

Chris Borak, president of MADD Halton, said with the number of impaired cases rising drastically in Halton, "We are fortunate to have a police service as open to pre-

vention and awareness as they are to enforcement.

"We are glad to partner with the police service by donating the variable mes-

He said MADD hopes its message will be better heard "The drunk driver is by displaying the sign in people's neighbourhoods, on their commuter routes and near the park where they walk their dog.

"We hope that more people will call 911 if they suspect an impaired driver, and that less people choose to risk driving while impaired by drugs or alcohol," he said.

Davis encouraged everyone go the MADD Halton website at www.maddhalton.org/ to see the 10 signs of a drunk driver, which can be found under the 'Campaign 911' heading.

