

Coaches clinic this weekend

In honour of Ontario Coaches Week (April 18 to 26), Milton will join with countless other communities across the province in offering a comprehensive coaches clinic.

It's set to run this weekend, at the Milton Sports Centre on Saturday and the Boyne Community Hall on Sunday. Both sessions — an NCCP Introduction to Competition and Multi-Sport Module — run from 9 to 4 p.m.

Open to coaches off all levels and in all sports, the clinic is a multi-sport theory course covering the basic design of a sports program, teaching and learning and basic mental skills.

The clinic is free, thanks to grants from the provincial and federal governments.

To sign up or for more information, e-mail Steven.Palmer@milton.ca.

Dynamos' season now underway

The Milton Dynamos Wrestling Club has begun its 2009 season, but it's not too late to join.

Practices for the feeder program of E.C. Drury High School — open to Grade 4 to 8 boys — will be held Mondays and Wednesdays from 6:30 to 7:30 p.m. at the Kombat Arts Training Academy inside Pur Fitness at Derry Road and Bronte Street.

The season runs until late June, with tournaments held throughout the spring.

The cost for the season is \$50, and participants can register at any practice.

For more, visit www.drury-wrestling.ca.

Milton Moms Over 3,500 members

Make friends, get support and learn something new.

www.MiltonMoms.net

Ballroom Dancing FOR ALL LEVELS

St. Paul's United Church
123 Main St., Milton
Starting April 16, 2009
Thursdays at 8:00 pm

10 weeks \$120 per couple

Call Bill 905-318-9381

Milton and Area Service Guide

WHO DOES IT...



To Advertise in this service directory, please contact Clem at 905-878-2341 ext. 214 cscholtz@miltoncanadianchampion.com

DECKS

Decks By Dave

"For a custom built deck call"

416-676-3386

CARPENTRY

CALEDONIAN CARPENTRY

British Trained Carpenter

BASEMENTS • DECKS • BASEMENTS

ASK ME FOR PROFESSIONAL ADVICE ON HOW TO MAXIMIZE YOUR HOME RENOVATION TAX CREDIT!

Phone/Fax: 905-864-8784
Cell: 289-242-9407
email: scottishcarpentergary@yahoo.ca

DECKS

ALPINE DECK

THE DECK SPECIALIST!

Family Business with 20 years experience. Photos & references available.

Book now for Seasonal specials

alpine-deck.com

FREE ESTIMATES 416-716-4688

RENOVATIONS

S.W. Painting & Renovations

We Specialize in...

- Ceramic Tiles • Drop Ceilings
- Bathroom Remodels • Rec Rooms
- Steel Studs • Hardwood Flooring

Call Stan for an Estimate
(905) 691-3390

RENOVATIONS

Aspec Renovations

A trusted name

- Bathroom Renovations
- Ceramic Tile
- Plumbing
- Drywall
- Crown Moulding
- Wood Trim
- & much more!

Insured & Fully Guaranteed

Grant (905) 616-6882

BUILDER-RENOVATOR

m r.m. contracting ltd.

FOR ALL YOUR BUILDING & RENOVATING NEEDS

ADDITIONS • REC ROOMS • BATHROOMS • GARAGE & MORE!

HIRE LOCALLY - 20 years Experience

Licensed **905-878-8625** References

DOORS

R&R COMPANY

Garage Doors - Electric Openers
Sales, Service and Installation

Windows, Entrance Doors,
Storm Doors, Patio Doors

TEL: 519-853-2114 (ACTON)

HOME & PROPERTY IMPROVEMENTS/RENOVATIONS

Specializing in
REPAIRS & RENOVATIONS
to your home or workplace

Handymen Enterprises

- Bathrooms • Decks
- Basements • Tiling
- Home Offices • Odd Jobs
- Kitchens • You make the list....
- Fully insured • References available

CALL JIM **905-878-8751**

HEATING & COOLING

BACH BB BB Your Indoor Comfort Specialists Since 1996.

heating & cooling

- Furnace & Central Air Conditioner Installation, Replacement and Repair
- Full service Duct Cleaning
- Rinnai Tankless Water Heaters & Hot Water Fan Coil Units
- Natural Gas lines
- Custom Duct Design & Sheet Metal Fabrication
- Heat recovery Ventilators (HRV)
- Air purification Systems
- Humidifiers

905.696.7641 **bryant** Heating & Cooling Systems Since 1904
www.bachheating.com

BASEMENT WATERPROOFING

We'll Fix Your Leaky Foundation.... Guaranteed!

Concrete & Foundation Repair Specialists • Crack Injections

RESIDENTIAL • COMMERCIAL

Guaranteed Lifetime Solutions to Leaky Basements.
Repairs Done From The Inside, Without Costly Restoration.

Concrete Solutions **905-876-0049**
Locally Owned & Operated by Roofing Concepts Inc. Email: concrete_solutions@sympatico.ca

CONSTRUCTION

CASEY CONSTRUCTION

- INTERLOCK • CONCRETE •
- Walkways • Patios •
- Crack Repair •
- Concrete Restoration •
- Fences • Retaining Walls •

905-616-0661
www.casey-construction.com

WHO DOES IT

This **SPOT** can be Yours!

for as low as \$35

call Clem to advertise in WHO DOES IT at 878-2341

GAS LINES

BBQ HOOK-UPS
Stoves • Dryers • Fireplaces

BAR-B-Q REPAIR & PARTS
Weber • Napoleon • Vermont

TEC GAS
FIREPLACE & BAR-B-Q

RON WIEBE - OWNER
LICENCED, INSURED, TSSA REGISTERED

905-466-1696
SERVING MILTON FOR 15 YEARS

RENOVATIONS

BUILD TECH CONTRACTING

The Home Rebuilding Pro's

- Bathrooms, Kitchens And Basements
- Completed In-Law Suites
- Drywall, Ceramics, Laminate And Hardwood Flooring
- Insured And References Are Available
- 20 Years Experience, Local and Surrounding Area

CALL TONY
cell **416-999-9614** office **905-854-5623**