



NOBODY DOES IT BETTER...AUTO CENTRE

25 Steeles Ave. E., Milton 905-878-2859 (just east of Bronte St.)

Whether it's time for new tires or routine maintenance and repairs that require immediate expert attention, Bargain Tire Auto Centres is committed to improving your bottom line and doing it right the first time.

Their goal at Bargain Tire Auto Centres is to keep your downtime to a minimum and get you back on the road as soon as possible. Their experienced, qualified technicians have the latest technology available to repair your vehicle properly.

From all-season, performance and winter tires to custom wheels for your car, SUV or light truck, Bargain Tire Auto Centres has knowledgeable product consultants who will guide you to make the right choice. Choose from leading brands such as Goodyear, Michelin, BF Goodrich, Pirelli, Yokohama, Dunlop and others.

More than just tires, Bargain Tire Auto Centres can provide complete automotive service and factory scheduled maintenance. They can provide tune-ups, brake and exhaust work, shocks/struts, oil changes, air conditioning service, M.T.O. safety inspections, alignments and general repairs.

For 20 years, Bargain Tire Auto Centres in Milton has made purchasing tires and automotive service a pleasant, hassle free experience. Owner Steve Wilson and the staff keep their prices affordable to ensure your satisfaction.

Call today for your service appointment at your "nobody does it better" tire and automotive service centre.



"Find Yourself Again"

15 Martin St., Milton 905-693-9594 (at Main St. E., Carriage Square Plaza) 1010 Kennedy Circle, Milton 905-864-0292 (Milton East Shopping Centre) www.herbalmagic.ca

In just over 12 years, Herbal Magic has become Canada's #1 weight loss and nutrition franchise with over 350 centres coast to coast, plus a 91% satisfaction rate. Find the confidence to lose weight with Herbal Magic. Their common sense system combines Real Food, Personal Coaching and Natural Products—the pillars of success. Herbal Magic gives clients the nutritional knowledge and tools they need to take control of their lives and keep weight off long-term.

Herbal Magic carries more than 70 natural products for a variety of health concerns. Customers do not have to be weight loss clients to benefit from the variety of products Herbal Magic offers.

The Herbal Magic Quick-Loss PLUS™ program is based on balanced nutrition, supplement support, and healthy eating. The program is combined with all-natural herbal supplements, which provide many benefits: increased metabolic rate, increased fat metabolism, appetite control, blocked sugar uptake, natural diuretic, improved digestion of foods, balanced blood sugar, improved insulin sensitivity, and improved energy and stamina. All Herbal Magic supplements are registered by the Natural Health Products Directorate (NHPD), a Division of Health Canada.

Programs are tailored to suit a client's individual needs. Clients are assessed on a one-on-one basis, meeting frequently with a counselor for weekly weigh-ins, meal planning, and motivational support.

Herbal Magic offers specific programs for Diabetes and Youth (ages 12-17), as well as a Heart Smart program.

Call franchisee Brenda Hyde and the staff at the Herbal Magic Milton locations to arrange your free consultation.

Helping To Make Memories

487 Laurier Ave., Milton 905-878-2881



Since 1966, many area residents and businesses have chosen Karen's Flower Shop for all their floral needs. A convenient location and attractive showroom is just the beginning. It's what goes on behind the scenes that really counts. That's where trained and experienced floral designers create artistic arrangements that will provide the ultimate "smile factor". They are dedicated to listening to the customer's specific needs and taking the time to create something that will exceed your expectations. The level of experience and product knowledge they bring is simply hard to match anywhere else.

Whether it's lifting spirits, declaring your love or showing your thanks, make Karen's Flower Shop your destination for quality, service and value.

Karen's Flower Shop is a florist of choice for bridal consultations as they will provide something that is perfect for your wedding's style and budget.

If you need floral arrangements and gifts for corporate functions and special occasions, Karen's Flower Shop can do it all.

Karen's Flower Shop can provide fresh cut flowers, long stem roses and exotics, beautiful fresh arrangements or European/dish gardens, plus dried and silk-like arrangements, balloons, gourmet fruit or gift baskets, and accents like plush toys, candles, cards, and vases or planters.

Their delivery service is prompt and reliable, covering a wide area. Affiliation with FTD and Teleflora assures worldwide service.

Think of Karen's Flower Shop for occasions like a new baby, anniversary, birthday, sympathy, get well or special calendar days such as Easter or Mother's Day. Your satisfaction is guaranteed!



Escape the Ordinary

611 Holly Ave., Milton 905-878-1777 (at Derry Rd., east of Ontario St.)

www.symposiumcafe.com

Whether it's breakfast anytime of the day, a light gourmet lunch for those on the go, creative dinner choices, or lingering over a specialty coffee and exotic dessert after a late show, Symposium Cafe is an upscale, licensed, casual café with more to offer you.

Symposium Cafe has fresh-brewed gourmet coffees, European specialty coffees such as Cappuccino, Espresso, Cafe Mocha, Lattes, Macchiato, plus Traditional and Herbal Teas, Hot Chocolate, and Chai drinks. The assortment of cold beverages includes Fresh Fruit Freezies and Milk Shakes, Iced European Coffees, and Freshly Squeezed juices.

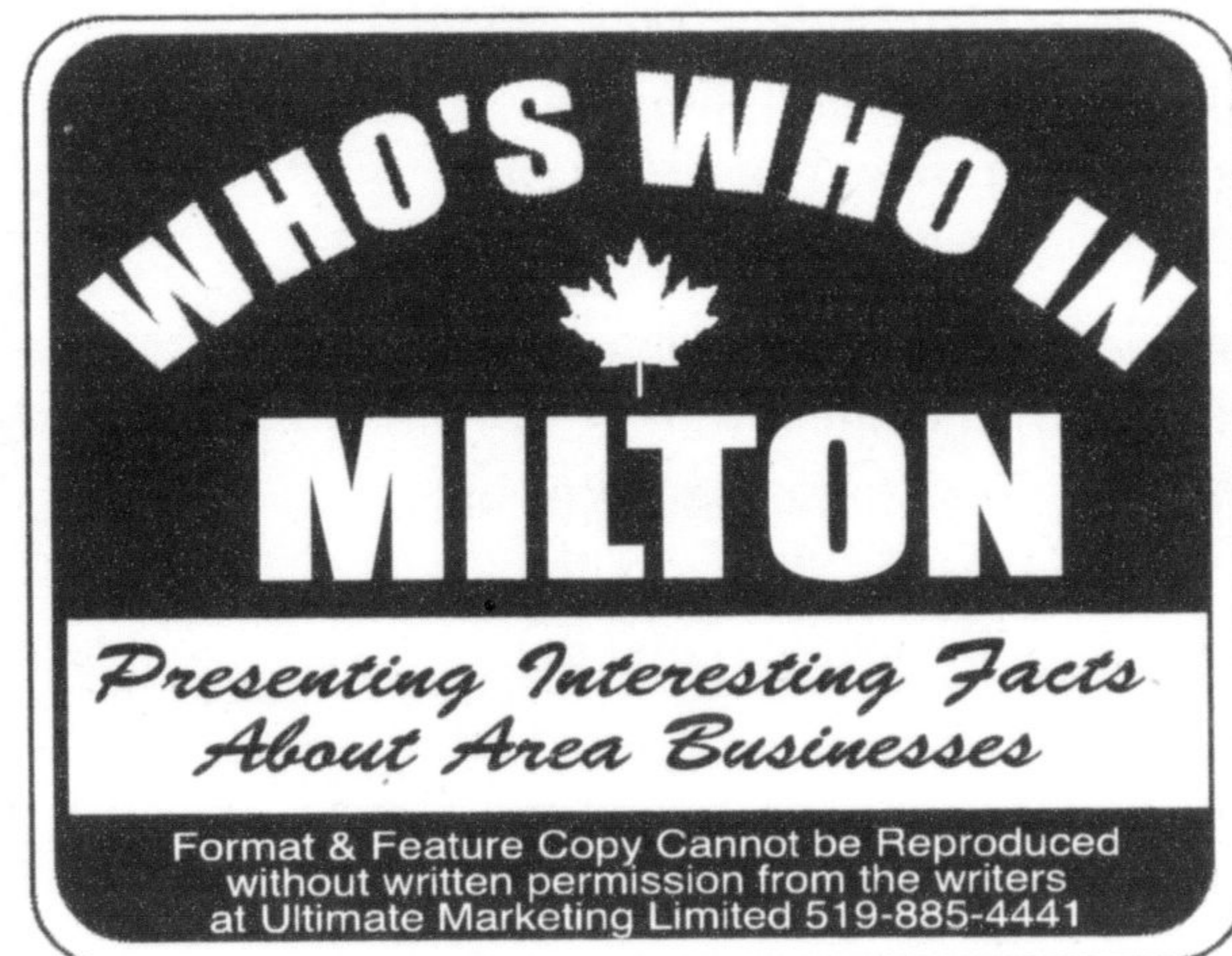
For mealtime or a light snack, enjoy homestyle Soups, crisp Salads, Pizzas, Grilled Gourmet Sandwiches, Burgers and Wraps, plus All Day Breakfast with Three Egg dishes, Creative Omelettes, French Toast, Belgian Waffles and Eggs Benedict/Florentine/Benjamin. Their Classic Gourmet Meals include entrées ranging from Steaks and Seafood to Ribs, Chicken dishes, Pork Medallions, and Pasta entrees.

When it comes to exotic gourmet desserts, Symposium Cafe offers delicious cheesecakes, mousse, pies, carrot or banana cake, not to mention dessert squares, crepes and waffles, and ice cream desserts.

From the bar, there is selection of Martinis, Daiquiris, Frozen Martinis, Margaritas, Wine, Beer and Liquors.

The Symposium Cafe Milton location opened on February 14, 2008, and is independently owned & operated by John Palumbo.

Symposium Cafe has a tasteful upscale décor with rich dark woods, and gorgeous fresco murals depicting renaissance art. Cozy table and chair settings are available or you can relax in a comfy upholstered lounge chair/loveseat with coffee table to linger over one of their taste sensations. There's also an outdoor patio. Take-out is available.



Presenting Interesting Facts About Area Businesses

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Creating Beautiful Natural Smiles Since 1988

New Location to Better Serve You: 160 Mill St., Milton 905-876-2000

After 21 years of service from their location on Main Street East, Denture Clinic of Milton recently moved to a new, larger, more accessible location at 160 Mill Street with bright atmosphere and the latest equipment to better serve you!

Some people believe in the myth that "all dentures are alike", but nothing could be farther from the truth. There are many differences in the quality of the materials from which the denture is made, and the detail and craftsmanship that has gone into making your dentures.

Also, no two patients are alike. There are variations in the shape of the mouth, bite, and chewing habits. Denturist Garry Trenton at Denture Clinic of Milton has the experience to design fine dentures that will improve both a person's appearance and function, sometimes to an astounding degree. Their goal is to create comfortable, natural looking dentures that are affordable to all.

When you visit Denture Clinic of Milton, you are assured of fine detail and careful attention to your needs, whether it's complete, partial, or implant retained dentures. If you find that your dentures move from side to side or you have difficulty in speaking or eating the softest foods, implant retained dentures may be for you. Implant dentures are ideal for patients that have a flat lower ridge and would like to wear a stable denture with a firm, precision fit.

An on-premise lab allows Denture Clinic of Milton to relin, repair and adjust dentures right in their office, the same day or often while you wait.

Other services include teeth whitening, plus the fabrication of custom sports mouth guards and night guards.

Call Denture Clinic of Milton today to book your free no obligation consultation at their New Location!



www.mistertransmission.com/milton

CANADA'S TRANSMISSION SPECIALISTS

18 Thompson Rd. N. Units 9&10 (at Main St. E.) Milton 905-878-8426

The people at Mister Transmission understand that with the cost and complexity of today's vehicles, many people do not look forward to having automotive repair work done. That's why Mister Transmission will perform a FREE road test and multi-check of your transmission problem and give you an explanation and estimate before work begins.

Most automatic transmissions have over 2,000 parts, so the problem can't always be determined immediately. After performing diagnostic tests and understanding exactly what's wrong with your vehicle they'll be able to tell you whether you need minor repairs, component replacement or a rebuilt transmission.

Serving the area since January 1979 from the same location, Mister Transmission in Milton is under the ownership of Bill Clark.

The technicians at Mister Transmission have years of experience, use the latest diagnostic equipment, and are kept current through updates, service bulletins and other resource materials.

By routinely servicing your transmission, you will help it to last longer with fewer problems. Have Mister Transmission change your fluid regularly—every 40-50,000km is ideal for most vehicles.

Mister Transmission can service automatic and manual transmissions, clutches and drivelines for imports and domestic vehicles. Towing can be arranged.

A nation-wide written warranty is available. The 5 year/100,000 km extended warranty program was designed to give motorists peace of mind, and is honoured at close to 80 Mister Transmission locations across Canada.



Fashions for Your Floor

890 Main St. E., Milton 905-864-9901 (at Thompson Rd., Trinity Common Plaza, Unit 3) www.coreflooring.com

New flooring can instantly transform an ordinary space into an inviting, comfortable and beautiful place in any home or commercial environment. Whether it's replacing old worn out flooring that dates your home needlessly, upgrading from lower end products that came with your resale home, or flooring to bring out your own personality in a new custom home, Core Flooring has something for everyone.

You may see similar products in other establishments, but what you won't find is the experience and product knowledge that the flooring experts at Core Flooring bring to work for you. More than dealing with just colour schemes, the team at Core Flooring will address such issues as warranties, wear ratings, plus maintenance and installation requirements.

Choose from the latest designs and styles in carpet, resilient vinyl, long wearing laminates, ceramic and natural stone tile, plus renewable sources such as warm, rich hardwood flooring, cork and bamboo. They feature respected brands such as Mannington, Shaw, Mohawk, Perverco, Appalachian, Wickham, Kraus, Muskoka, Alloc, Krono Swiss, and Quickstyle.

The showroom at Core Flooring has hundreds of samples you can browse and take home with you. They can provide custom in-home measuring and a free estimate. Professional installation from qualified crews ensures exceptional fit and finish.

Stop dreaming and take that first step in bringing value, beauty and unique style to your home with a visit to Core Flooring. Financing is available. With the newly announced Home Renovation Tax Credit of up to \$1350, there's no better time than right now.



Carafe Wine Makers

Great Wine Made Easy.

100 Nipissing Rd., Unit 11, Milton 905-878-2646 (south off Main St. E.) www.carafe.ca

Since 2004, the do-it-yourself winemaking experience at Carafe Wine Makers has had many veteran winemakers and novice vintners alike enjoying their own great wine. Using the finest grape juice and concentrates from around the world, the customer can indulge in one of mankind's oldest passions—the transformation of grape juice into wine!

At Carafe Wine Makers Milton, you'll make your wine in just two visits. The process is simple and you'll end up with 30 bottles, all for a price that will amaze you, and a taste that will keep you coming back.

On the first visit, you'll learn about the juice styles and their characteristics. Owner Sharon Liverpool will help you choose the juice that most suits your taste. Make the finest of red and white wine, fruit wine, as well as Port, Sherry and Ice Wine styles. With so many choices, the hardest part is making the selection, but once that is done, it just takes a few minutes to sprinkle the yeast and start fermentation.

Over the next few weeks, Sharon will guide your wine through the fermentation cycle. Then you come back for your second visit to bottle, cork, seal and label your wine. The equipment at Carafe Wine Makers makes bottling fun, fast and easy.

If you're a real do-it-yourselfer, buy the juice kit, take it home and make it there. Carafe Wine Makers also has wine accessories and gift ideas.

Make wine for weddings and other special occasions and save on cost without sacrificing the taste. Carafe Wine Makers has great ideas to dress it up with custom labels.

Gift certificates are available—ideal for Mother's/Father's Day.