



MS SOCIETY HALTON REGIONAL CHAPTER  
Presents

**MS SUPPORT GROUP**

**WEDNESDAY,  
MARCH 11th, 2009  
7:00 pm**

CIBC

Maple Avenue @ Thompson and Steeles • Milton, ON

**ADAPTED EXERCISE PROGRAM**

Milton Leisure Centre  
Classes starting soon

Register by contacting the office

**OUR MISSION:**

*"To be a leader in finding a cure for multiple sclerosis and enabling those affected by MS to enhance their quality of life."*

MS SOCIETY  
HALTON REGIONAL CHAPTER

2016 Victoria Ave, Burlington, ON, L7R 1R4  
Fax: 905-681-1166

905-681-8770 Toll free: 1-800-211-8322



www.msociety.ca/halton

Supported by Milton Community Fund



**Infant, Toddler, PS & Kinder SPACES NOW AVAILABLE**  
Escarpment Way Location Only

- Fully Licensed Child Care
- Ages 6 Weeks to 6 Years
- Care Available 2-5 Days per Week
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Drop in for a tour.

No appointment necessary.

For more information on any of our 17 Great Locations

Visit: [www.peekabookid.com](http://www.peekabookid.com)

Call: 1-866-607-PEEK (7335)

"Register Today!"



Thousands of Canadians are touched by breast cancer every year. It impacts the people living with the disease, their families, friends and loved ones. Learn more about this disease by visiting [www.cbctf.org](http://www.cbctf.org)

**Bands sought to enter competition**

Go online to enter contest hosted by newspapers

The Canadian Champion, Oakville Beaver, Burlington Post and Flamborough Review community newspapers are teaming up to introduce local, talented musicians who will rock your socks off.

If you're between the ages of 15 and 25, are part of a band and would like to showcase your group's awesome sound, Metroland's Best of the West Battle of the Bands competition is for you.



All you have to do is broadcast your best one-to-three minute video performance by posting it on the popular video-sharing website, YouTube.

Remember, keep your videos short, in good taste — it's a family newspaper after all — and totally original.

Entries must also include the name of the band, the individual list of band member names, song name, additional contact information and a brief band bio.

When you are ready to enter, visit [www.miltoncanadianchampion.com](http://www.miltoncanadianchampion.com) and click on 'Metroland's Best of the West' under Features. It will take you to an online entry form, which must be completely filled out and submitted to us no later than next Friday, Mar. 6.

After that, each newspaper will host a one-week online showdown between all of the bands that have entered from its community. Local music fans will be encouraged to

visit the website to view information about the band and link to the band's short video on YouTube before casting their votes for the best band.

The band with the most votes from each participating community will be featured in the print edition of its hometown newspaper.

These four regional finalists will then advance to Metroland's Best of the West Battle of the Bands championship in which all four bands will be featured on each of the participating newspapers' websites for another week of voting.

And here's the best part. Metroland Best of the West Battle of the Bands champion will be invited to participate on stage at this year's Burlington Sound of Music Festival in June and will be featured again — this time in all four of the participating community newspapers.

**BEST BUY CORRECTION NOTICE**

To our valued customers: We apologize for any inconvenience caused by an error in our flyer dated: February 20 - February 26.

Product: HP G60-219CA PD T3400/3GB/250/16.0" Due to manufacturer constraints, we will no longer be shipping more quantities of this product. No rainchecks. Please see store associates for other laptop alternatives. SKU:10119079

**7 HOME ALONE SAFETY TIPS**

- DEFEAT DANGER!**
- 1 Learn how to dial 9-1-1.
  - 2 Know how to give directions to your home, in case of an emergency.
  - 3 Never talk to strangers or accept rides or gifts from strangers.
  - 4 Don't answer the door when your parents aren't home, and never let anyone into your home without asking for permission from your parents.
  - 5 Don't tell anyone over the phone that your parents aren't home. Say they're busy and they can't come to the phone.
  - 6 Keep doors and windows locked when you're at home.
  - 7 Check in with your parents or a neighbor when you come home from school.

**MEDITERRANEAN NIGHTS**



SAT. MARCH 21st at 8pm  
HAMILTON PLACE THEATRE  
905.527.7666  
[ticketmaster.ca](http://ticketmaster.ca)



**Galaxy Milton**  
1175 Maple Ave. T.905-864-1666  
WHEELCHAIR ACCESS • PARTY ROOMS  
STADIUM SEATING • 8 SCREENS CINEPLEX ODEON  
Advance tickets available at Cineplex.com

**FIRED UP (PG)**  
(LANGUAGE MAY OFFEND)  
FRI MON-THURS 6:30, 9:35; SAT-SUN 1:00, 3:45, 6:30, 9:35  
**CONFESSIONS OF A SHOPAHOLIC (PG)**  
(LANGUAGE MAY OFFEND, NOT REC. FOR YOUNG CHILDREN)  
FRI MON-THURS 7:20, 10:10; SAT-SUN 12:40, 4:00, 7:20, 10:10  
**FRIDAY THE 13TH (18A)**  
(GORY SCENES, COARSE LANGUAGE, SEXUAL CONTENT, BRUTAL VIOLENCE)  
FRI MON-THURS 6:50, 9:40; SAT-SUN 1:30, 4:10, 6:50, 9:40  
**HE'S JUST NOT THAT INTO YOU (14A)**  
(SEXUAL CONTENT, LANGUAGE MAY OFFEND)  
FRI MON-THURS 6:40, 9:50; SAT-SUN 12:30, 3:30, 6:40, 9:50  
**HE'S JUST NOT THAT INTO YOU (14A)**  
(SEXUAL CONTENT, LANGUAGE MAY OFFEND)  
STAR & STROLLERS SCREENING  
THURS 1:00  
**THE PINK PANTHER 2 (PG)**  
FRI-THURS 7:30, 10:00  
**TAKEN (14A)**  
(VIOLENCE)  
FRI MON-THURS 6:45, 9:20; SAT-SUN 1:10, 3:40, 6:45, 9:20  
**TAKEN (14A)**  
(VIOLENCE)  
STAR & STROLLERS SCREENING  
THURS 1:00  
**PAUL BLART: MALL COP (PG)**  
(VIOLENCE)  
FRI MON-THURS 7:10, 9:30; SAT-SUN 1:20, 4:20, 7:10, 9:30  
**SLUMDOG MILLIONAIRE (14A)**  
(VIOLENCE, LANGUAGE MAY OFFEND) RW@C/DVS®  
FRI 7:00, 10:00; SAT-SUN 12:45, 3:45, 7:00, 10:00; MON-THURS 7:05, 10:00  
**CORALINE (PG)**  
(NOT REC. FOR YOUNG CHILDREN, FRIGHTENING SCENES)  
SAT-SUN 1:15, 4:30

Showtimes valid Friday 02/20 thru Thursday 02/26

**MARCH MADNESS RECESSION BUSTER**

\$60 VERIFIER PACKAGE



**HUNGRY?**  
Every Sunday we serve  
**COMPLIMENTARY BREAKFAST**  
11 AM - 12:30 PM  
Every Wednesday  
**COMPLIMENTARY DINNER**  
6-7 PM

- 1 @ 5 strip dabbing book plus All-U-Can-Dab and in your verifier
- 2 @ 6 strip books, 2 @ early birds, 2 @ Super Jackpots, and
- 2 @ Progressive Jackpots
- 2 @ Rollover Jackpots

**ITS THE BEST VALUE IN TOWN**  
3 @ \$1,000 Jackpots in your book, every session, every day!

For details on all our jackpots and promotions, check out: [www.meadowdalebingo.com](http://www.meadowdalebingo.com) or call the Hotline: 905 821-7883 for further details  
2295 Battleford Road, Mississauga  
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**Where there's a will...**



THE ABSOLUTE, IRON WILL TO SUCCEED. It's what makes our kids special.  
ErinoakKids helps kids with disabilities to be all they can be.  
You can help too! Go to [www.erinoakkids.ca](http://www.erinoakkids.ca) and click Donate  
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Reg. Charity# 11890146RR0001

For local arts events go to [www.arts.milton.com](http://www.arts.milton.com)