## SPOTLEHTON

ADVERTISINGFEATURE

## New technology eliminates neck and back pain

Back on Frack

CHIROPRACTIC AND WELLNESS CENTRE

> 2180 Itabashi Way, Burlington, ON 905-319-6606

D) ack on Track Chiropractic & Wellness Centre, located in Burlington, is headed by founder Dr. William Heidary. Dr. Heidary specializes in providing proven, safe and effective nonsurgical options to patients who are experiencing serious, chronic back and neck pain.

His office is the first and only facility of its kind in the Hamilton-Halton region, and one of the few in Canada, providing this stateof-the-art care with the revolutionary FDA-approved DRX9000 technology for back pain due to herniated/bulging discs, degenerative disc disease, sciatic leg pain, facet syndrome and more.

In the past, a patient suffering from disc problems would exhaust options, including several medications and physical therapy, and when they were not dangerous spinal surgery. Some

research findings confirm that this surgery only has a 40 per cent success rate.

Chiropractic care proved extremely helpful in many cases, yet there have been some cases when surgery seemed to be the only other option... until now.

Since its release in 2001, clinical studies have revealed an amazing 86 per cent success rate in treating lumbar and cervical disc-related problems with the DRX9000.

provides relief to severe back and neck pain sufferers by gently reducing the pressure within spinal discs and providing the patient with a gentle and painless decompression of the injured discs.

The process takes place over a series of 20 treatments and provides the patient with a gentle and painless decompression of the injured spinal discs. The bones of the spine are slowly and methodically separated until a vacuum is formed. This vacuum "pulls" the gelatinous centre of the disc back inside, thereby

reducing the disc bulge or disc herniation.

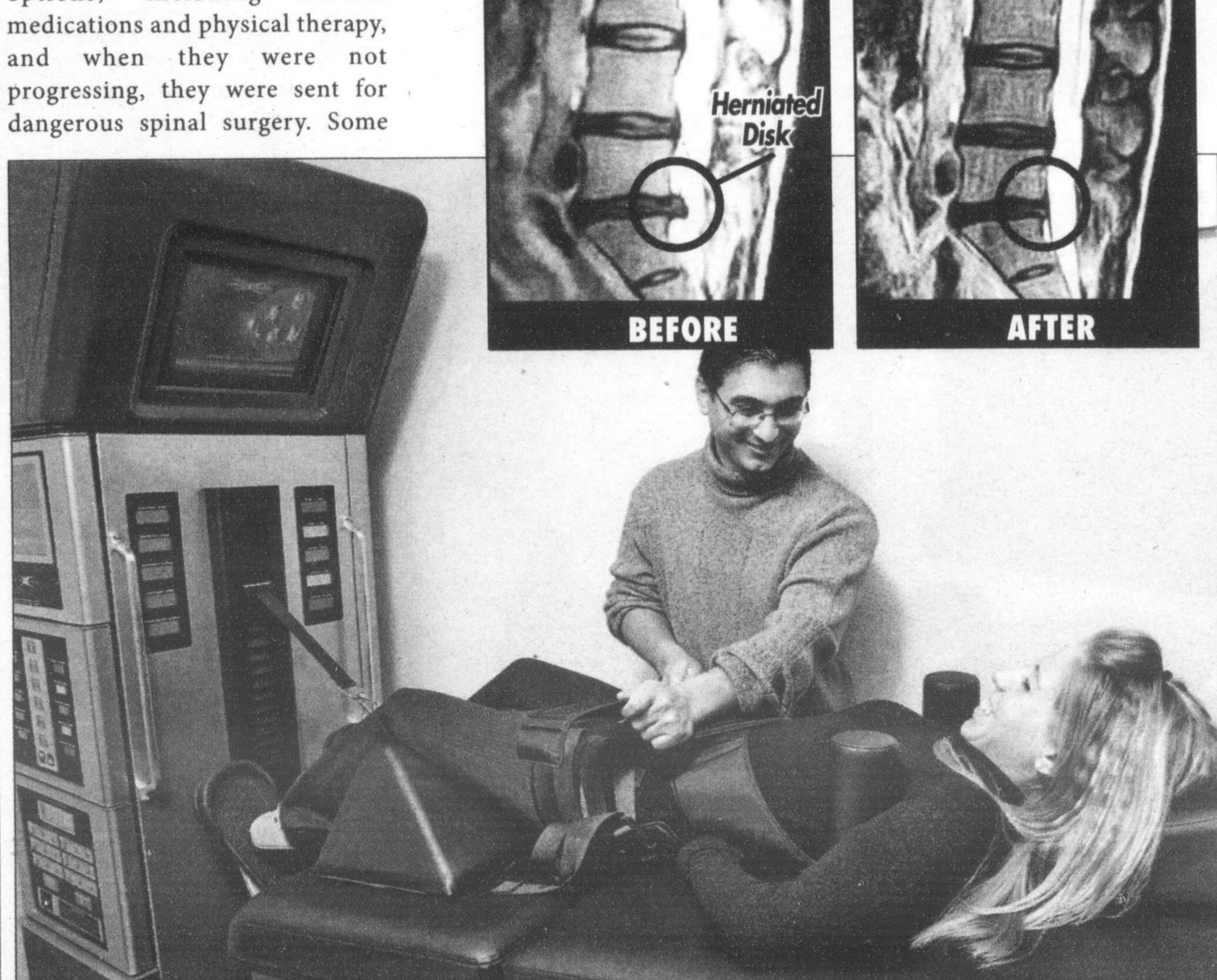
Significant disc bulge reduction removes pressure off the spinal nerves and drastically reduces pain and disability.

This vacuum also pulls muchneeded oxygen, nutrients, and fluid into injured and degenerated discs allowing the healing to begin.

"I am very impressed with this new technology," says Cheryl DRX9000 Spinal Decompression Higgins. "I have a relative who has been treated with the DRX9000. been experiencing severe back pain and sciatic nerve pain.

> "Before the first treatment, he could not walk to his mailbox, a mere 40 feet from his front door," explained Higgins. "After his very first treatment, he was able to walk to his mailbox and back again. He says the DRX9000 was a godsend for him."

To schedule your personal consultation with Dr. Heidary, please contact Back on Track Chiropractic and Wellness Centre at 905-319-6606.



DRX9000 Spinal Decompression provides relief to severe back and neck pain sufferers by gently reducing the pressure within spinal discs and providing the patient with a gentle and painless decompression of the injured discs.

## Tree-lighting tradition to be revived in village

being revived this year with the with the lighting of the village Tree Lighting Ceremony tomorrow at Conservation Park on Main Street.

been a tradition with the will round out the evening, said Campbellville Santa Claus Parade Committee for quite some time but hasn't been done for a few years. It is nice to have it revived this year and we hope it will once again become an annual event," said Jean Woods, a member of the Campbellville Santa Claus Parade Committee and the Destination Campbellville Community Association (DCCA), the two groups that are sponsoring the event.

The ceremony, presided over by newly-named Honorary Mayor

A forgotten village tradition is Steve Moffatt, will begin at 8 p.m. Christmas tree, which has been decorated by Town of Milton staff. Christmas carolling, led by the "The tree lighting ceremony has church choirs, and refreshments

In case of inclement weather, the ceremony will be held Friday at the same time.

"We expect the festivities to last about an hour and recommend that people bundle up to keep warm. Everyone is invited to come out, sing some carols, and celebrate the season," said Woods.

Rides to and from the park for the Tree Lighting Ceremony are being offered. Anyone interested should contact Bert Walton at (905) 865-2241.

## INDIAN RIVER DIRECT

CITRUS TRUCKLOAD SALE

Tuesday, November 18th, 2008 10:00am - 12:00 noon

(Play it Again Sports)

20lb box of Florida Seedless Naval Oranges OR **Ruby Red Grapefruit** 

409 Main St. E., Milton

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If you're a parent who smokes, you know it can be hard to resist lighting up in the car.

But it exposes your kids to the risk of serious childhood illnesses. Even on short trips. Even with the windows rolled down. Campaign for a Smoke-free Ride is asking parents across Ontario to protect their kids by not smoking in the car. It may not be easy. But your kids will thank you for it.

Call 1-888-344-LUNG (5864) for more information, or visit smokefreeride.ca

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