

Dateline

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To pledge a walker, participate or form a team, visit www.superwalk.com.

Monday Sept. 15

Milton District Hospital holds a one-on-one **breastfeeding clinic** with a certified lactation consultant from 1:30 to 3 p.m. For more information or to make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **duplicate bridge** at 9:30 a.m., **darts and billiards** from 9 a.m. to 9 p.m. and **table tennis** from 7 to 9 p.m. The cost for each activity is \$2 for members and \$4 for non-members. **Bid euchre** is held at 1:30 p.m. at a cost of \$2.50 for members and \$4.50 for non-members. For more information, call (905) 875-1681.

The Centre for Skills Development and Training starts its **Spanish classes** in Milton. Pre-registration is required. For more information, call Grace at (905) 333-3499, ext. 264.

The Milton and District Horticultural Society holds its general meeting from 7:30 to 9 p.m. at Milton Bible Church. The topic is award-winning gardens as described by gardener and TV personality Denis Flanagan. New members are welcome. For more information, visit www.halinet.on.ca/miltonhort.

Tuesday Sept. 16

Community Living North Halton holds its 13th annual **charity golf tournament** at Eagle Ridge Golf Club in Georgetown. The cost is \$175, which includes a cart, lunch and dinner, with a silent auction to follow. All proceeds go toward the organization's Saturday Centre. For more infor-

mation or to register, call Kathleen Hayward at (905) 878-2337, ext. 22.

The Milton Toastmasters Club meets at 7:30 p.m. at the Milton branch of the Royal Canadian Legion, 21 Charles St., in the upper hall. For more information, call Patricia at (905) 878-6682. Everyone's welcome.

Sexual Assault and Violence Intervention Services (SAVIS) of Halton holds its weekly **Hispanic Women's Group** from 1 to 4 p.m. at Appleby United Church, 4407 Spruce Ave., Burlington. It's a confidential, open group for women and children. For more information, call (905) 825-3622.

Help for Parents, a Halton parent support group, meets in the evening in the basement of St. Elizabeth's Church, 5324 Bromley Rd., in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of the Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit www.apsgo.ca.

Calling New Parents, a free drop-in program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Ontario Early Years Centre at 410 Bronte St. from 1:30 to 3:30 p.m. For more information, call (905) 825-6000, ext. 7299.

Milton District Hospital holds a one-on-one **breastfeeding clinic** with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

A **euchre league fun night** takes place at 8 p.m. at the Milton branch of the Royal Canadian Legion, 21 Charles St., in the clubroom. Anyone interested in playing on a team is invited. The league starts the following Tuesday. For more information, call Carl or Sandy at (905) 878-7163.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **bingo** at 1:30 p.m., its **Downsizers Weight Loss Club** at 10 a.m., **table tennis** from 2:30 to 4 p.m. and **darts and billiards** from 9 a.m. to 9 p.m. The cost for each activity is \$2 for members and \$4 for non-members. **Evening Bid Euchre** is held at 7:30 p.m. at a cost of \$2.50. For more information, call (905) 875-1681.

Wednesday Sept. 17

Milton Meals on Wheels holds its **Wheels to Meals** lunch program for seniors at 11:30 a.m. at the apartment building at 80 Ontario St. For more information, call (905) 878-6699.

Milton District Hospital holds its **prenatal breastfeeding class** from 7 to 9 p.m. with topics including what you need to know and expect for the initial days of breastfeeding. The cost is \$45 per mother and guest. For more information, call workshop leader and lactation consultant Jill Hicks at (905) 878-2383, ext. 7610.

Addictions 101, a free, monthly information session for anyone concerned about another person's alcohol or drug use, takes place from 6 to 8 p.m. in the community room at the Milton police station, 490 Childs Dr. Refreshments are served. To reserve a seat, call (905) 465-3324.

The Deck drop-in centre, 200 Main St. E. (rear entrance), invites students from grades 6 to 12 to stop by between 2:45 and 6 p.m. to play a game of pool or just hang out. For more information, visit www.thedeckmilton.com.

Milton District Hospital holds a one-on-one **breastfeeding clinic** with a certified lactation consultant from 1:30 to 3 p.m. For more information or to make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **contract bridge** at 9:30 a.m., **Mexican train dominoes** from 2 to 4 p.m. and **darts and billiards** from 9 a.m. to 9 p.m. The cost for each activity is \$2 for members and \$4 for non-mem-

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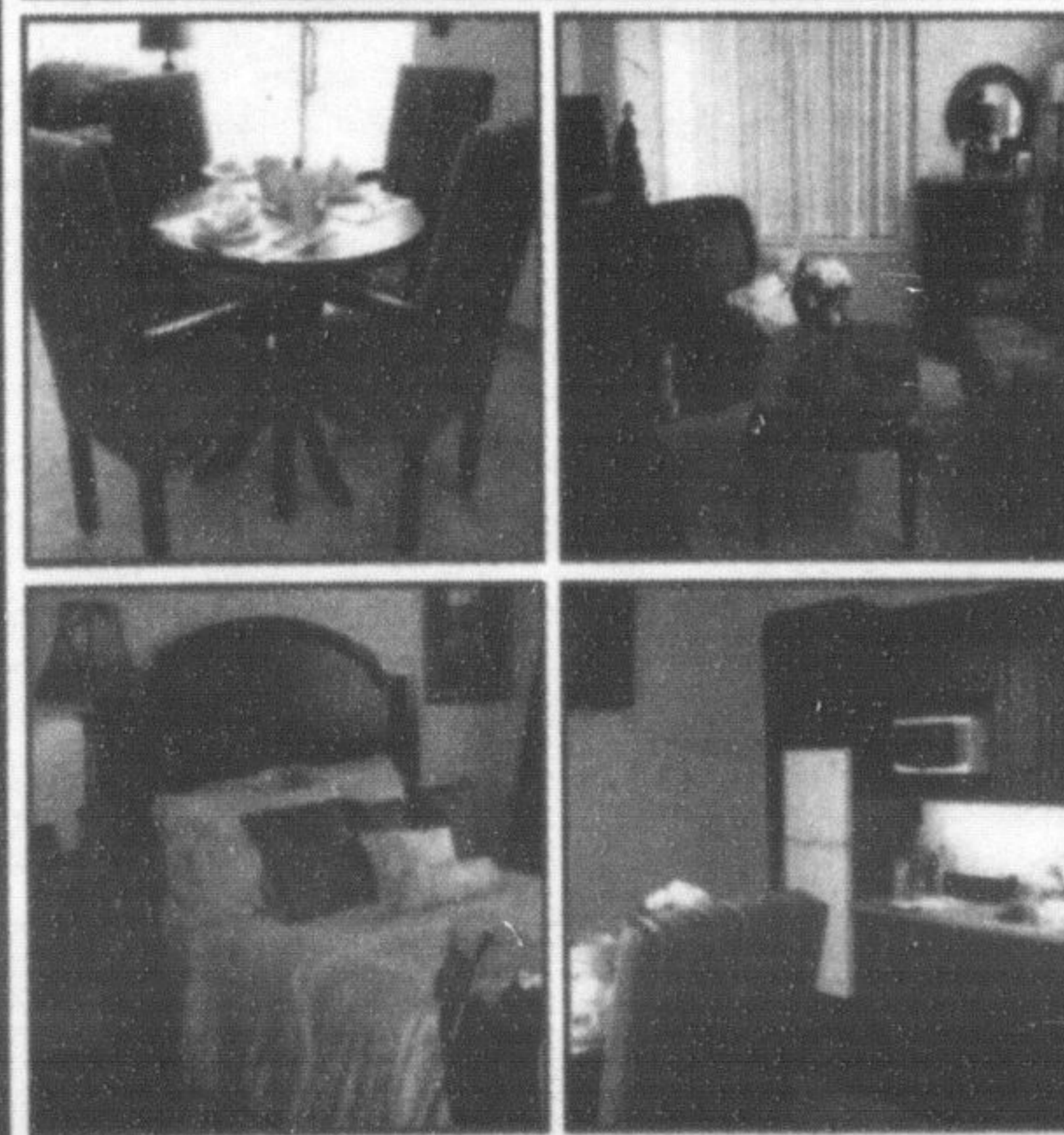
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Trish White and Jo-Anne Lavigne, are the Marketing Managers for Chartwell Classic Oakville. Collectively they have been in service to seniors and their families for over 25 years. Their passion for exceeding expectations in retirement living is obvious from the smiles on their faces. They look forward to meeting you, drop by the presentation centre today!



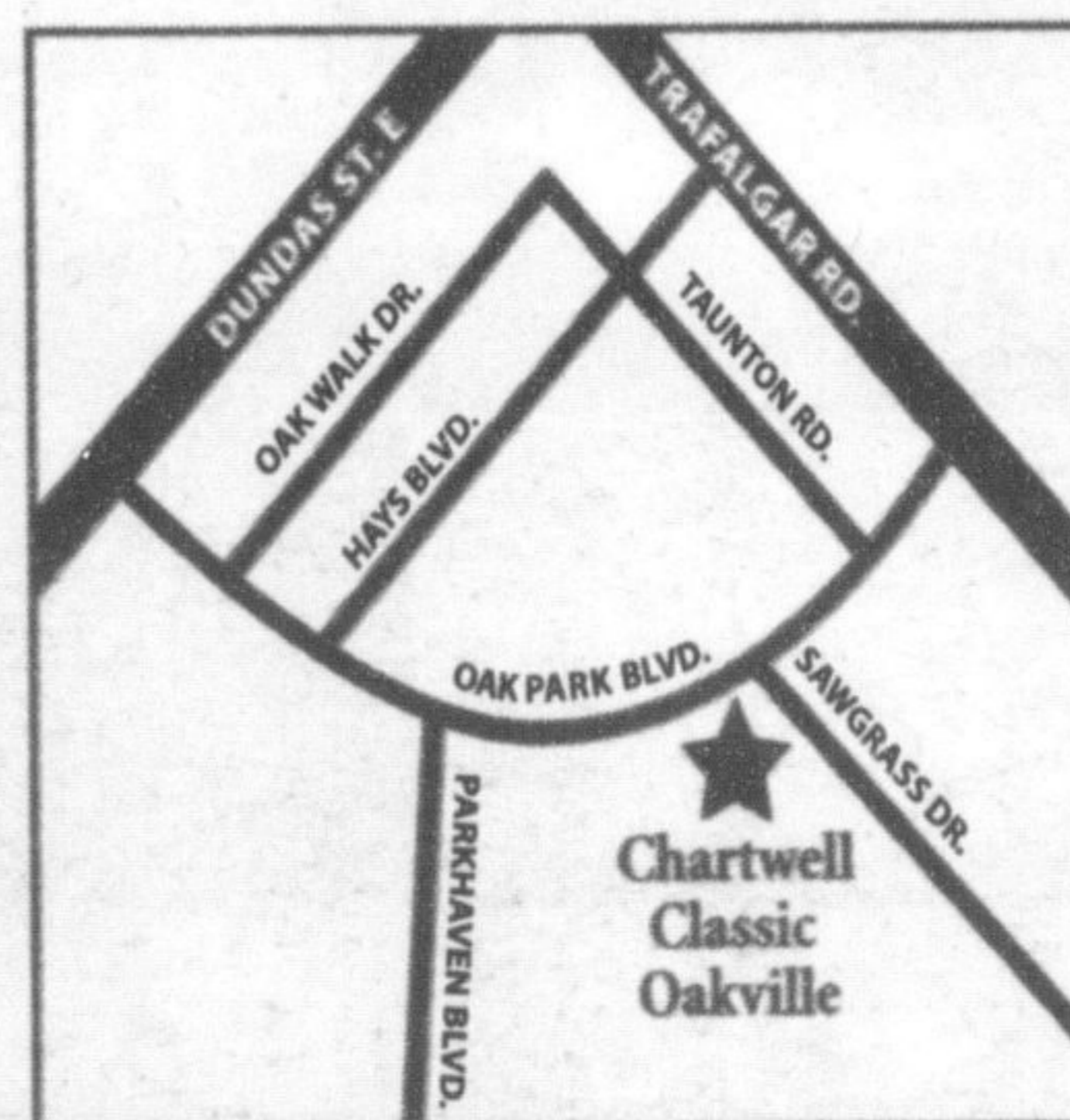
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