

Enjoy a little pampering tonight, ladies

Lori Chapman is on a mission. She wants to encourage women to indulge in a little pampering.

She's helping organize an upcoming event at GoodLife Fitness with that very purpose in mind.

Today (Friday) from 7 to 9 p.m. and next Tuesday from 11 a.m. to 2 p.m., the fitness club — located in the

Loblaw Superstore on Main Street — will hold pampering days for women.

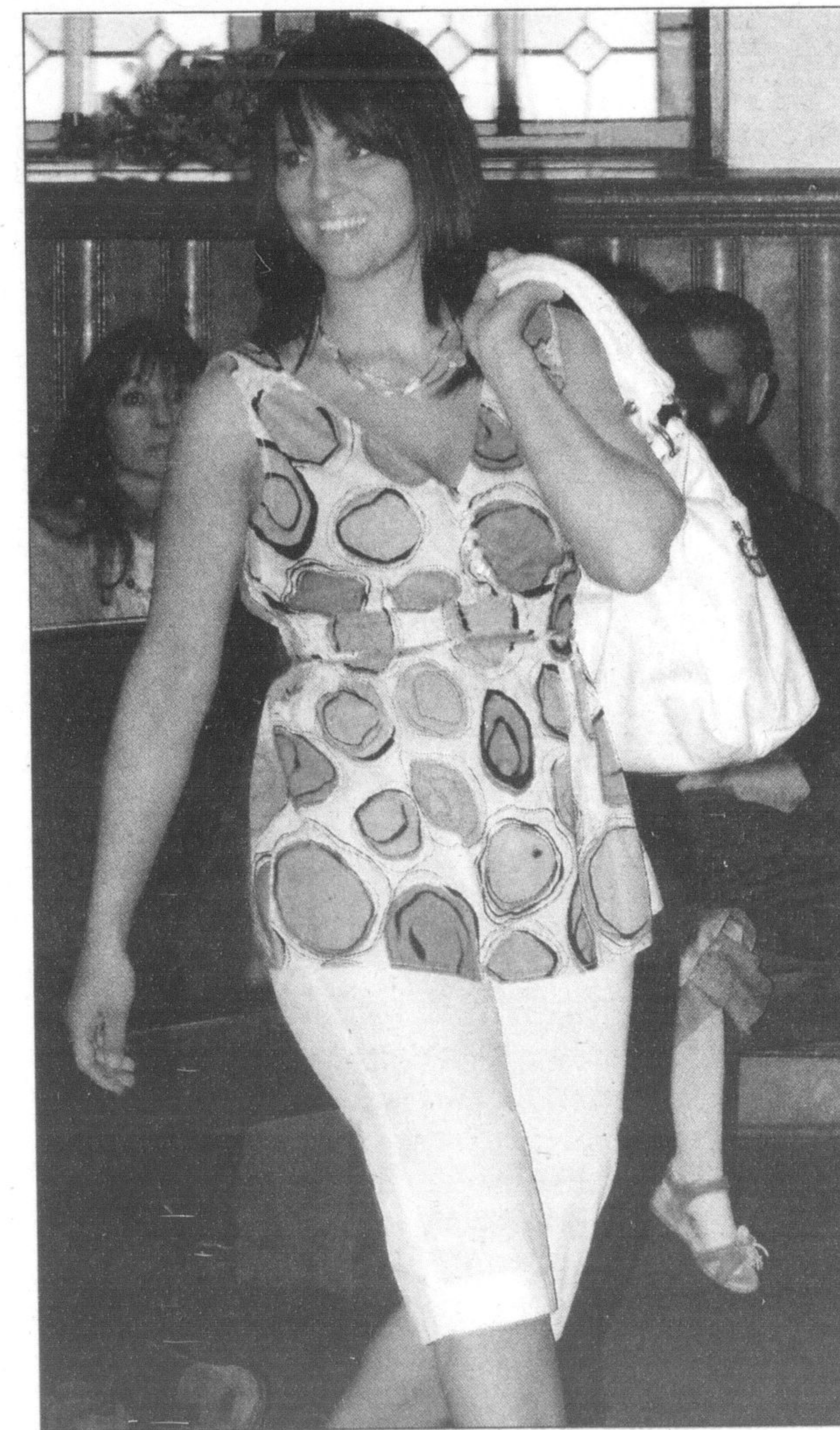
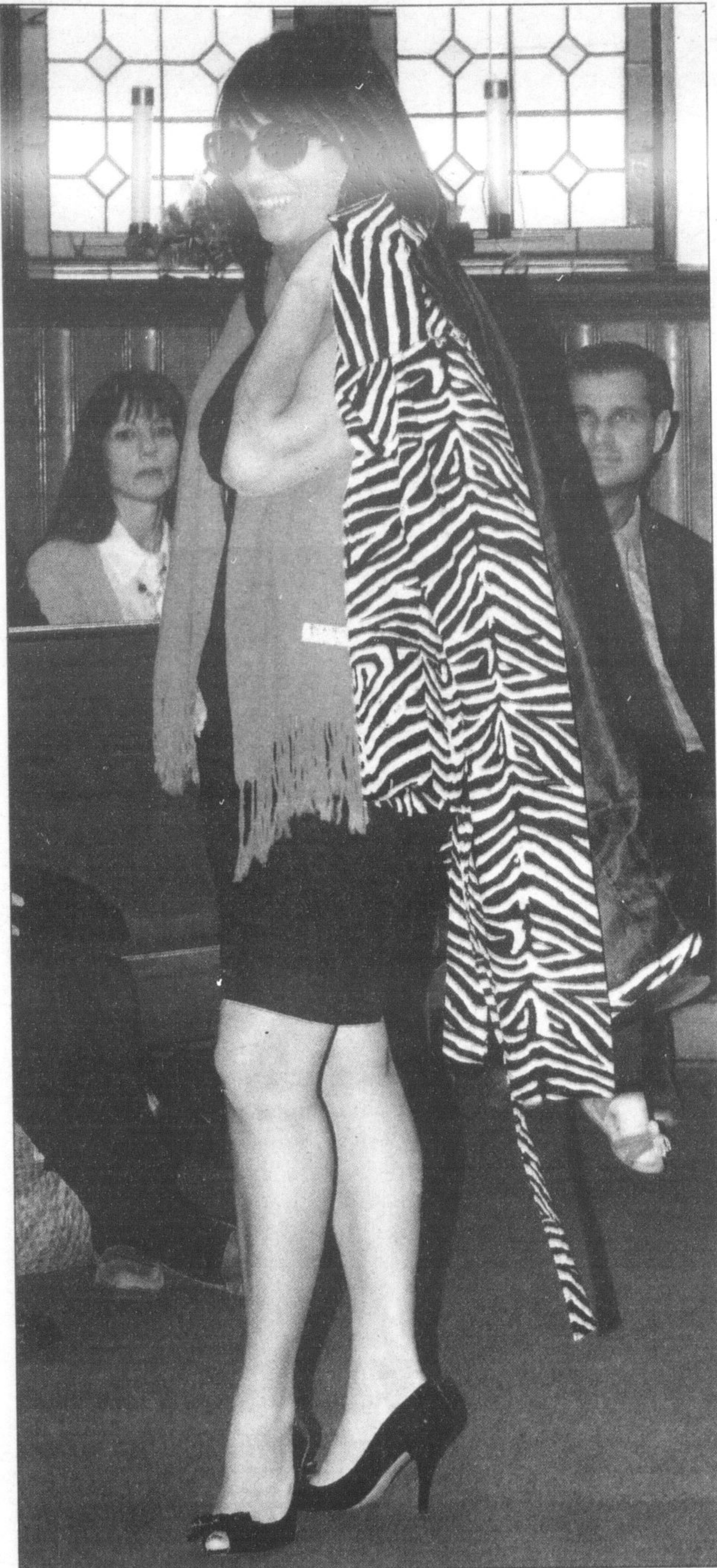
Open to the public, these events will give women a chance to peruse tables featuring various local services and products offered to bring a little balance into women's lives.

"Members and local businesses will showcase what women can do to take

care of themselves," Chapman explained.

In addition, the events will offer giveaways, prizes, draws and more.

The event is free, but donations will be accepted to the GoodLife Kids Foundation, which encourages healthy, active lifestyles in kids and youth.



GRAHAM PAINE / CANADIAN CHAMPION

IN STYLE: St. David's Presbyterian Church in Campbellville held a spring fashion show Sunday afternoon featuring the latest in casual, work and formal wear by Studio 49.

GALLINGER PRE-OWNED

NEARLY NEW, BARELY, RARELY DRIVEN...

GENTLY, SLIGHTLY USED...

CARS, TRUCKS, MINI VANS & SUVs

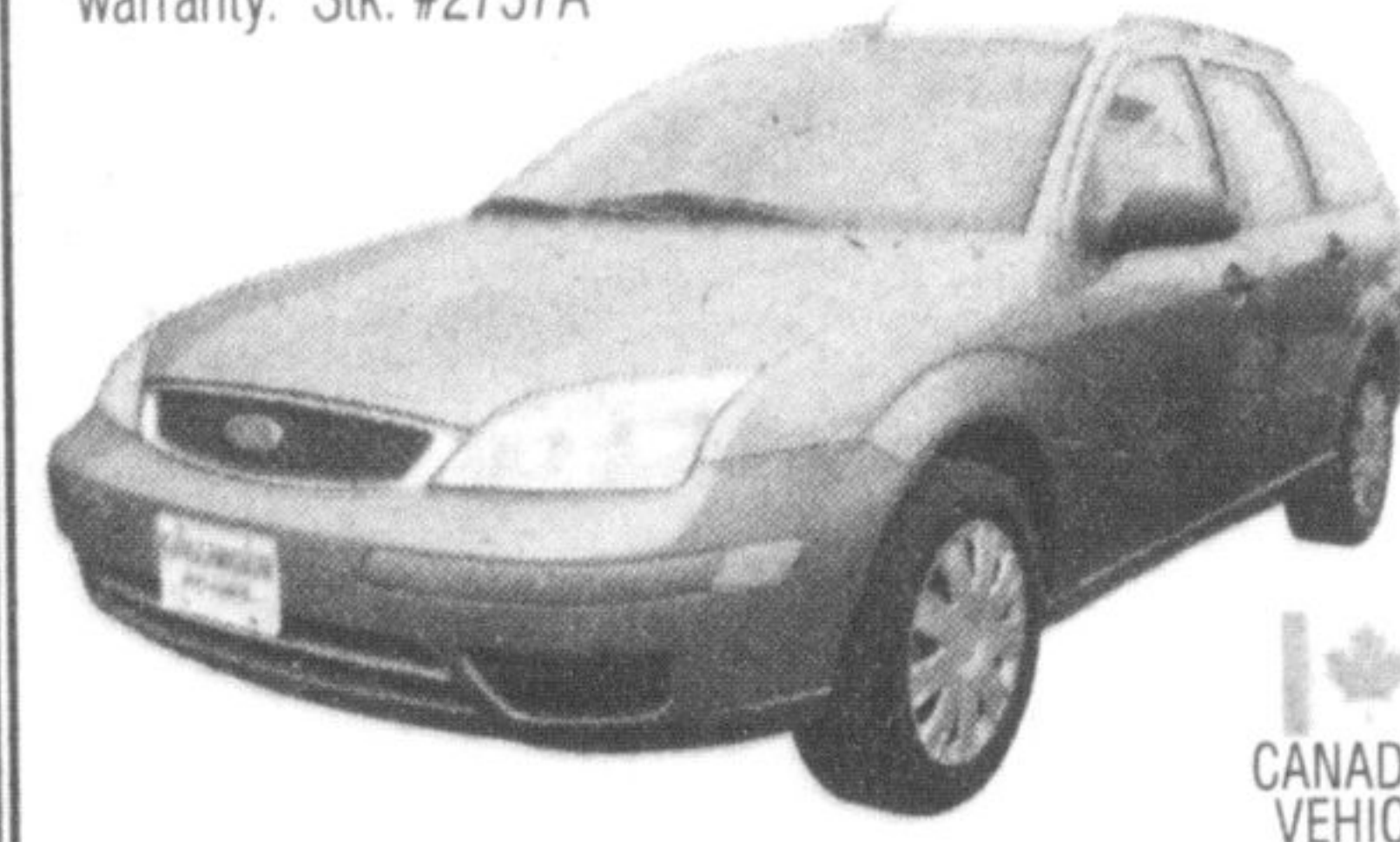
2007 Ford Mustang GT Convertible

4.6L V8, auto, AC, PW, PL, p seat, speed control, tilt wheel, alum wheels, leather seats, only 19,100 kms (former daily rental), balance of factory warranty, vista blue ext. Stk. #2753A



2005 Ford Focus ZXW SE Wagon

2.0L 4cyl, auto, AC, PW, PL, speed control, tilt wheel, luggage rack, Lt tundra ext, only 33,743 kms, balance of factory warranty. Stk. #2757A



2007 Ford Mustand GT Coupe

4.6L V8, 5 spd., A/C, pw, pl, p. seat, speed control, tilt wheel, interior upgrade pkg., side airbags, leather seats, only 27,236 km, balance of factory warranty, blue ext. Stk. #F8110A



2005 Five Hundred SE 4DR

3.0L V6, auto, AC, PW, PL, speed control, tilt wheel, alum wheels, Az biege ext, only 60,723 kms, balance of factory warranty. Stk. #2751A



2005 Ford Taurus SE 4DR

V6, auto, AC, PW, PL, speed control, tilt wheel, only 23,091 kms, balance of Ford ESP, windviel blue ext. Stk. #2742B



2003 Chevrolet Cavalier 2DR

4 Cyl, 5 speed, AM/FM/CD, black ext, only 75,884 kms, with warranty. Stk. #2751A



2004 Nissan Murano

3.5L V6, auto, A/C, pm, pw, pdl, leather, Bose stereo, p. sunroof, alloy wheels, p. seat. Stk. #2704A



2005 Sport Trac 4x2 XLT

V6, auto, AC, PW, PL, alum wheels, moonroof, tonneau cover, 98,947 kms w/ warranty, black ext. Stk. #2740A



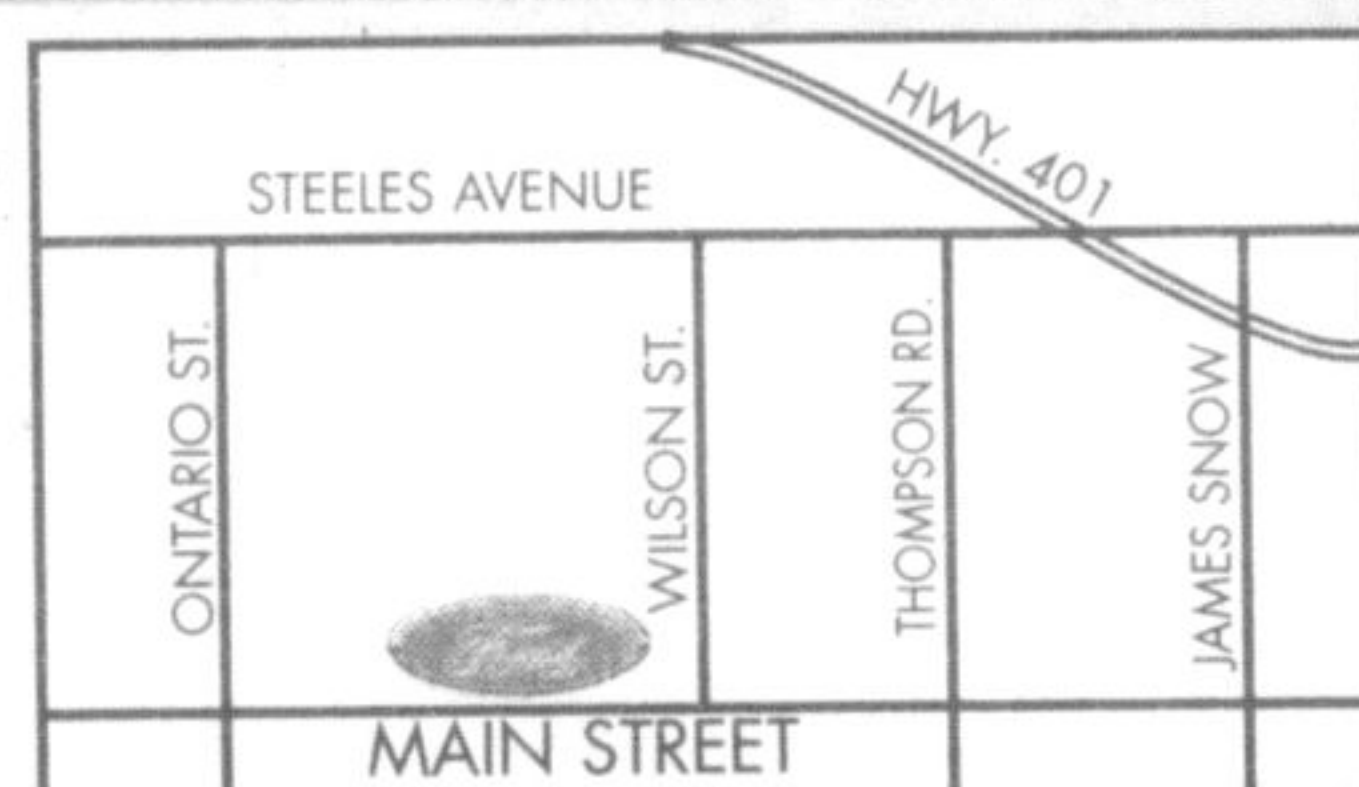
2004 Ford Escape XLS 4X2

3.0L V6, auto, AC, PW, PL, Dk blue ext, 92,255 kms, with warranty. Stk. #2738A

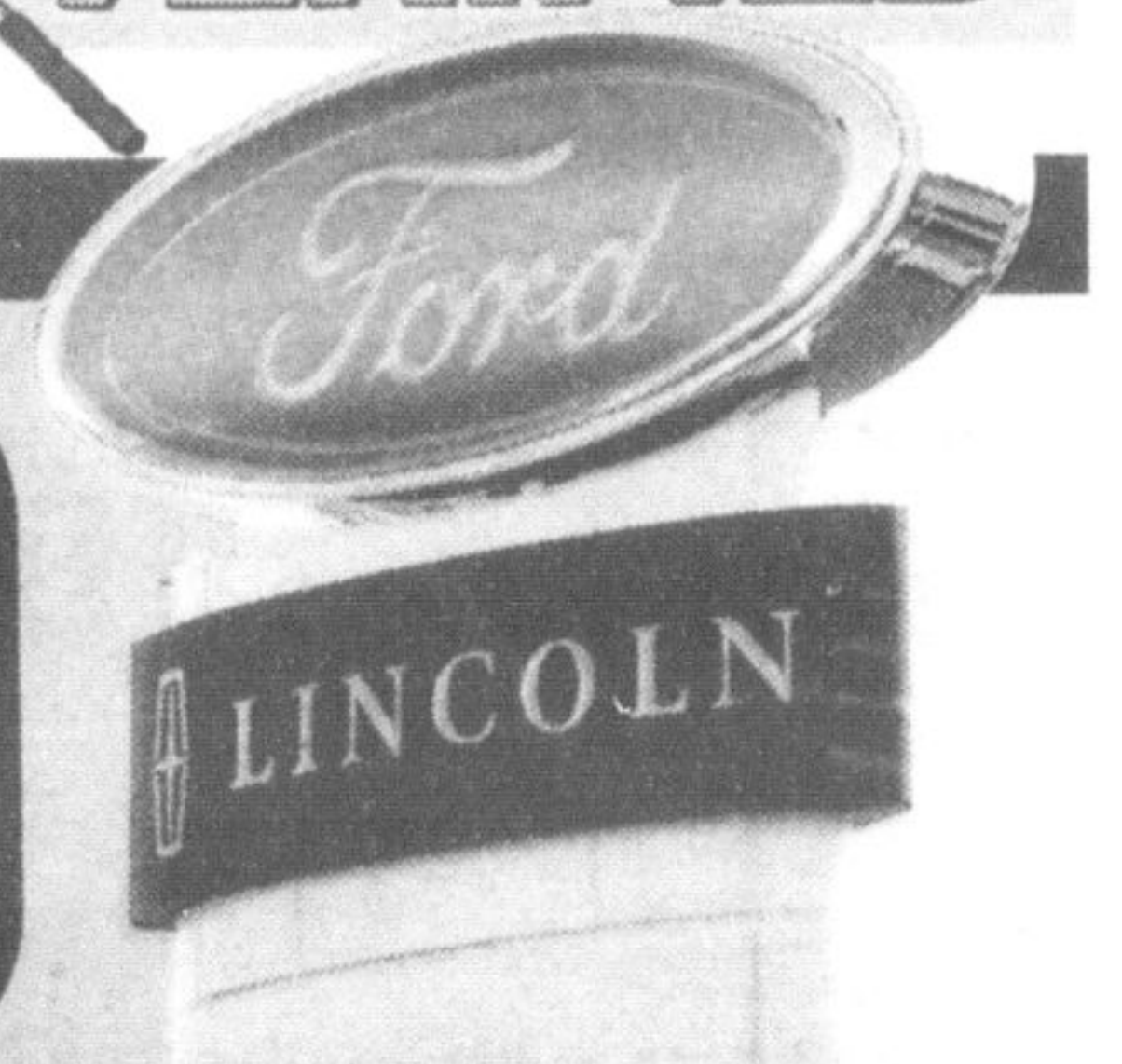


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