



HIS CUP RUNNETH OVER: James Woodcroft proudly displays the Bill Weir Trophy he and his Jr. B Tecumseh Chiefs claimed last week — after a 28-year drought — as the Western Ontario Hockey League champions. The Chiefs beat London in five games, with their 17-year-old Milton winger scoring the winner in a 5-3 game-two decision. Tecumseh now competes in a three-team home-and-home playdown format to decide who'll vie for the all-Ontario Sutherland Cup. The Chiefs begin tonight against Thorold, while rounding out the field is Elmira. The top two teams will play a best-of-seven series for the provincial title.

Coaching course set for teens

Teenagers who are already coaching or interested in doing so will want to mark next weekend on their calendars.

That's when the Coaches Association of Ontario (CAO) and Town of Milton will hold a National Coaching Certification Program (NCCP) coaching course specifically designed for youths — between 15 and 20 years of age — at the Milton Seniors' Activity Centre, 500 Childs Dr.

Completely subsidized by the CAO and Town of Milton as part of Ontario Coaches Week, the free workshop runs from 9 a.m. to 4 p.m. on both Saturday, Apr. 19 and Sunday, Apr. 20 — and relates to all of the 65 or so sports that are affiliated with the NCCP.

Areas covered include making ethical decisions, nutrition and planning a practice.

There are 25 spaces available on a first-come, first-served basis, and those wishing to sign up can do so at either reception area of the Milton Leisure Centre.

For more information, visit www.coachesontario.ca.

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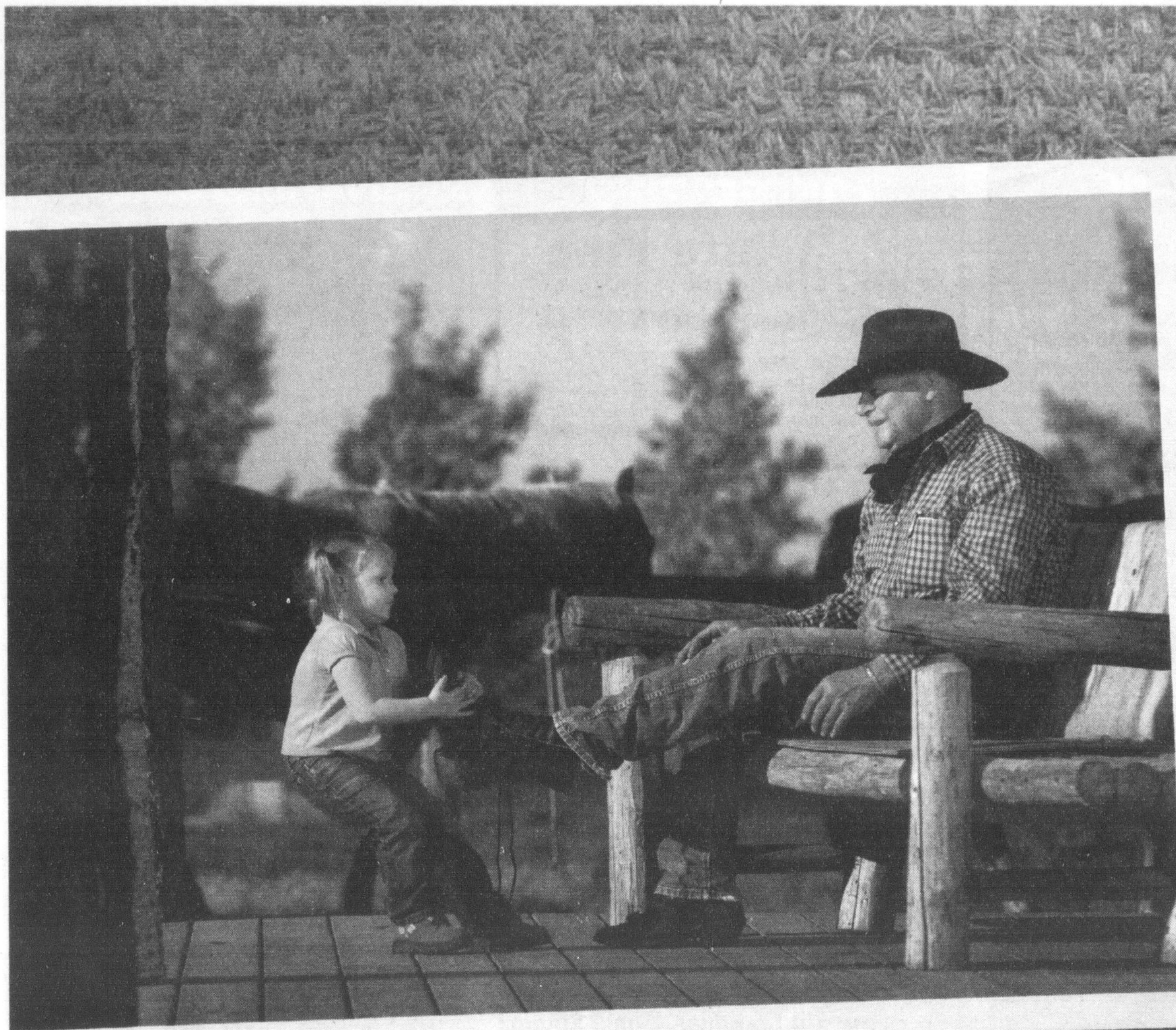
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Canada keep exploring

You never touch a cowboy's hat but occasionally his boots are fair game.

Or so we were told by our guide Hank, a sixth generation rancher. It was one of his many bits of cowboy wisdom. On the Cowboy Trail, we saw the foothills suddenly turn into the Rockies. Many Westerns were shot here. An inn nearby even had a chair from a Clint Eastwood movie.



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