

Reducing 2 sizes in 5 weeks has never been this easy...

### WEIGHT MANAGEMENT

- Registered Nutritional Consultant on staff
- Lose weight eating real food
- Lose 3-7lbs a week
- Focusing on a lifestyle change

### TONING TREATMENTS

- Compliments any cardiovascular program
- Reduce 12 to 30 inches in 5 weeks
- Condense 9 hours of exercise into 40 minutes
- Targets hard to tone areas

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on Drapery & Richwood Shutters & Blinds





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HOURS:

Mon to Sat: 10am - 7pm
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all merchandise



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- 2 6200 Watt Generators (Electric Start)
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2250 Credit Valley Road

(Hwy 403 & Erin Mills) Across from Credit Valley Hospital

Tel: (905) 607-8999 Hours: 7:30am - 6:00pm

Visit us online: www.tmcmsmontessori.com email: info@tmcmsmontessori.com