How to eliminate excess moisture in your bathroom

There's nothing like a long relaxing hot bath or a soothing shower to revitalize the body and spirit. The problem is these necessary indulgences can also lead to steamy mirrors, damp walls and fogged windows - true signs of excess moisture and that your bathroom isn't properly ventilated.

These signs of excess moisture are more than just annoying, they could also indicate developing problems like mold



and mildew, ruined insulation, and wood rot. Spot ventilaair quickly and efficiently, removing potential problems before they invite themselves into your home.

Today's homes are built airtight for efficiency. But that means moisture and airborne pollutants stay where they are unless they are vented away. Eliminating excess moisture keeps your home dry and comfortable and can help avoid mold and mildew. Volatile organic compounds (VOCs), "outgas" from construction materials as well as allergens, dust, cooking vapor and what the kids bring home from school are more reasons why good ventilation is critical.

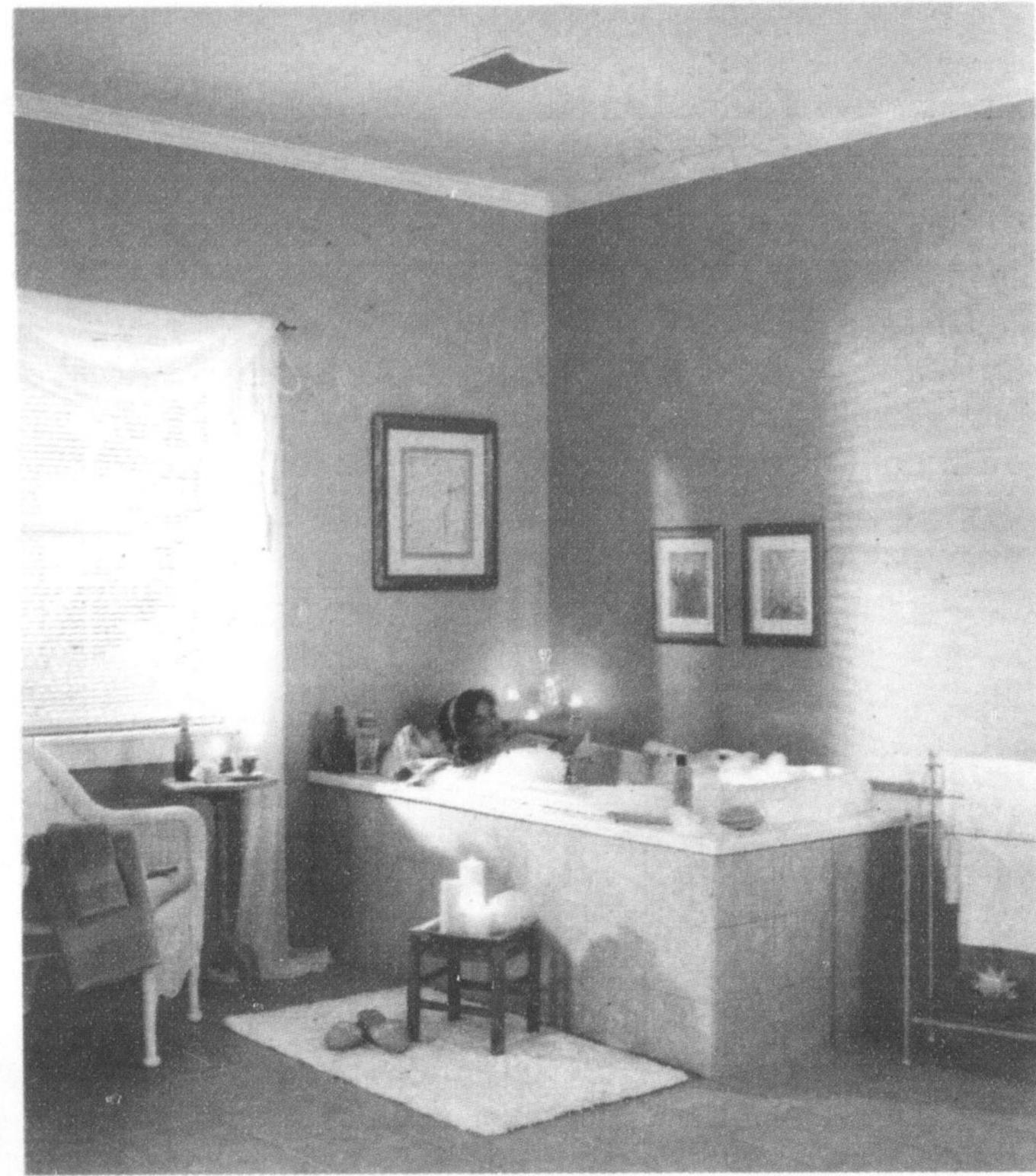
"Often times customers are confused by what they need in order to adequately ventilate the bathroom," explained Matthew Cripps, product manager for bath fans at Broan-NuTone Canada. "Using a simple rule of thumb: one square foot equals the need of one CFM. Therefore an average bathroom of 100 square feet would require a minimum of 100 CFM to get proper ventilation."

Other things to consider when buying a bath fan or home ventilation system are quiet operation, blower power, and decorative design, or you may want something that's virtually invisible.

Conventional fans are noisier and less appealing visually than newer products like the Broan Quiet Series Fans, Cripps added. The Quiet Series Fans offer extremely quiet operation while also consuming less energy ultimately cost-

ing less over time. And this is important if you're going to tion solutions from manufacturers like Broan can clear the spend all your time reconnecting in your new bathroom spa. More information on bath fans can be found online at www.broan.ca.

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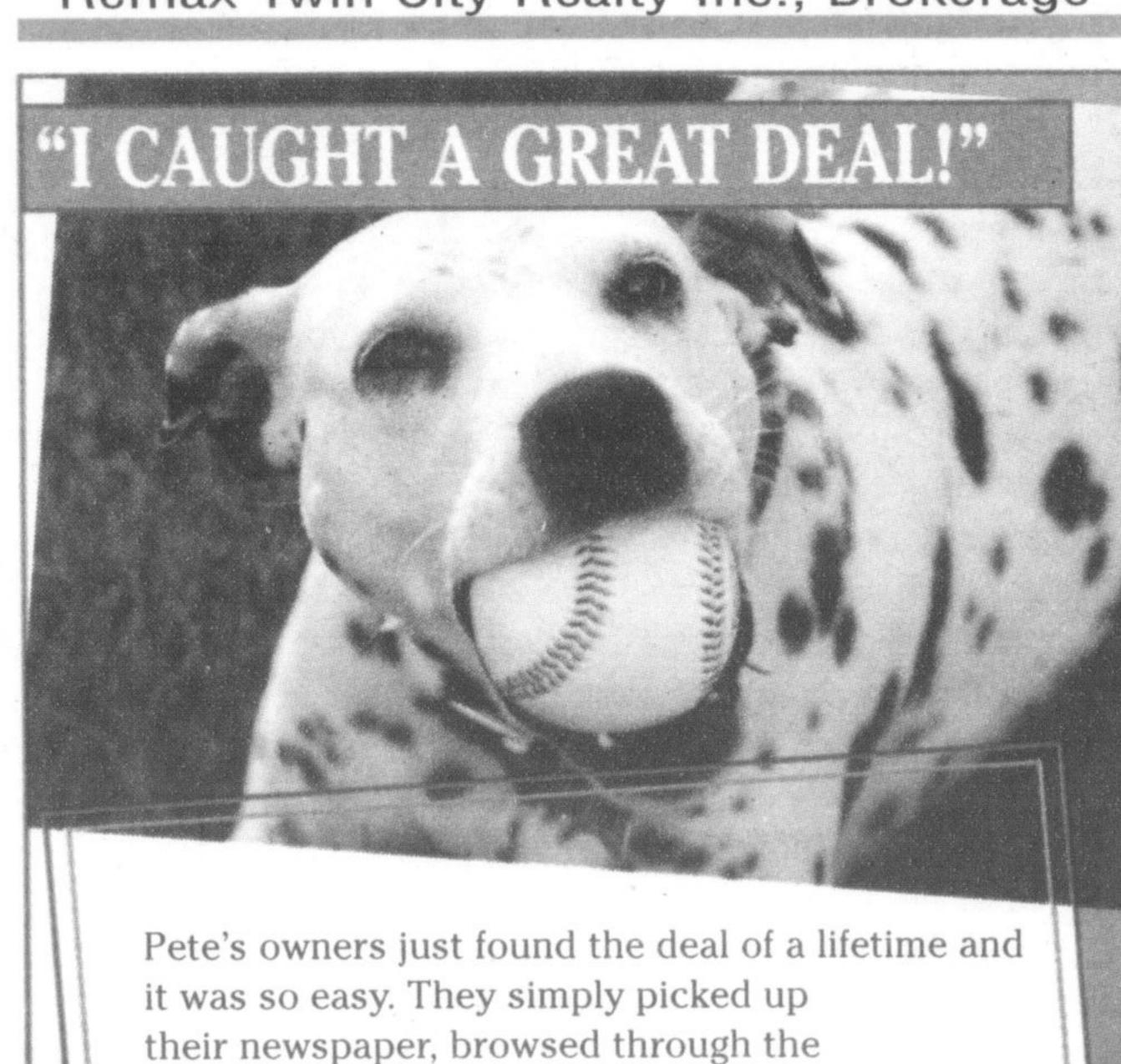
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