

Health & Tranquility



29-Day Month Gives Canadians Extra Incentive To Improve Their Heart Health

January 31, 2008, - Toronto - Herbal Magic Inc., Canada's largest commercial weight loss company, announced today that it is encouraging Canadians to take their weight loss goals to heart for the month of February.

According to statistics compiled by government agencies and associations, almost 60% of Canadian adults and one-quarter of children are either overweight or obese. By attaining and maintaining a healthy weight, Canadians can significantly reduce their risk of heart disease and related health conditions.

Herbal Magic offers client consultations in each of its Weight Loss and Nutrition Centres to anyone seeking one-on-one health counseling in support of their weight



participating Centres in Ontario, Quebec, Manitoba, and Atlantic Canada. Natural supplements and personalized meal plans, developed by the Scientific Advisory Team, complement these services and assist in safe and effective weight loss in line with Health Canada guidelines.

"We are thrilled to be able to offer this special opportunity to Canadians at this time of year. Across the country, more and more Canadians are looking to both lose excess weight and to adopt healthy eating habits in their pursuit of life-long health and wellness," said Ron Simone, Senior Vice President, Marketing and Business Strategy. "We know from independent research and from supportive clinical studies, that the comprehensive and personalized service offered by the Herbal Magic program is a large reason why tens of thousands of Canadians have already achieved their goals of losing unwanted weight and of keeping it off."

Herbal Magic is a weight loss and nutrition franchise with over 350 centres across Canada providing an exclusive line of herbal supplements and weight management services. All programs and supplements are thoroughly researched and formulated by a team of nutritional and health care experts. Weight loss programs combine one-on-one counseling; personalized meals plans and supplement support. Clients follow programs based on appropriate modifications to Canada's food guide and learn the importance of making healthy eating choices. Programs are individualized to meet a client's specific needs, and the client is given the information and tools necessary to help them lose the weight and keep it off. For more information visit www.herbalmagic.com

Herbal Magic
WEIGHT LOSS & NUTRITION CENTRES
www.herbalmagic.com

loss goals. To encourage more Canadians to take that important first step, the company is offering customers who join before "leap day" its full program services for just \$6 per week at

Thursdays...
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near corner of Derry/Bronte
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Bellies & Babies Day
www.belliesandbabiesday.ca

Sunday
March 16, 2008
Doors Open 10am - 4pm
Country Heritage Park
Gambrel Barn
8560 Tremaine Rd., Milton
\$2.00 Admission with proceeds to
Halton Women's Place

Presented by
Birth Connections &
Stadler West Photography

Herbal Magic
WEIGHT LOSS & NUTRITION CENTRES

Carriage Square Milton
(Corner of Main St. & Martin St.)
905-693-9594

1010 Kennedy Circle, Milton
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We're with you every inch of the way.
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www.herbalmagic.com

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15% OFF Every Wednesday!

We carry SADLIGHTS, JOBST, SIGVARIS & Airway Compression Stockings as well as Travel Socks. A full line of splinting with names such as Anatech, POP, Dynatrack and BioSkih. Other brands such as Tena, Tranquility, Obus Forme and many others. We also sell and rent Wheelchairs, Rollators, Bath Equipment and Medela Breast Pumps.

400 Bronte Street South, Unit 108
905.878.1142
Located in the Bronte Corporate Centre • Minutes from the Milton District Hospital

WE ARE OPEN

Monday	9:30 am to 5:30 pm
Tuesday	9:30 am to 5:30 pm
Wednesday	9:30 am to 5:30 pm
Thursday	9:30 am to 5:30 pm
Friday	9:30 am to 5:30 pm
Saturday & Sunday	CLOSED