

Emily Barrie









Matt King

MILTON DISTRICT HIGH SCHOOL

Excitement is in the air of the crowded halls of MD as students run to and fro trying to find their classes. An outsider might view it as utter chaos however the students and teachers understand that this is simply a wellorganized first day of second semester.

Last week all of the students re-entered the quiet halls of Milton District High School to receive their marks for their exams. If exams caused stress and irritability then receiving the exams sparked terror and wonder as students received their marks. However, no matter the grade, exam week closed the final door to first semester and opened one to second semester.

Second semester will consist of many different international field trips and performances. First of all, to continue our school's study of tolerance, another group of students will be visiting the Simon Wiesenthal Centre in New York City. A small group of students are visiting Ghana, Africa for two weeks to assist in the construction of an AIDS hostel. The MD bands will be traveling to Prince Edward Island to expand and share our musical talent. Finally, another group of students will be flying to Spain for a March Break culture trip. In addition rehearsals will begin for our production of "Bye, Bye Birdie." This semester promises to be busier than first semester and much more exciting.

For the past 4-5 years, MDHS has hosted a "Wilderness North" program in Halliburton. This terrific event involves grade 10 and grade 12 students. Recently, applications were sent and interviews were held to choose the grade 12 leaders for Wilderness North 2008. Congratulations to all those who were chosen! It promises to be a tremendous week full of fun activities and companionship.

In conclusion, as you prepare for next semester, remember to work hard Mustangs and keep up the school spirit. We extend our congratulations to all those who completed their exams as you deserve a pat on the back. We'll see you in the new semester!

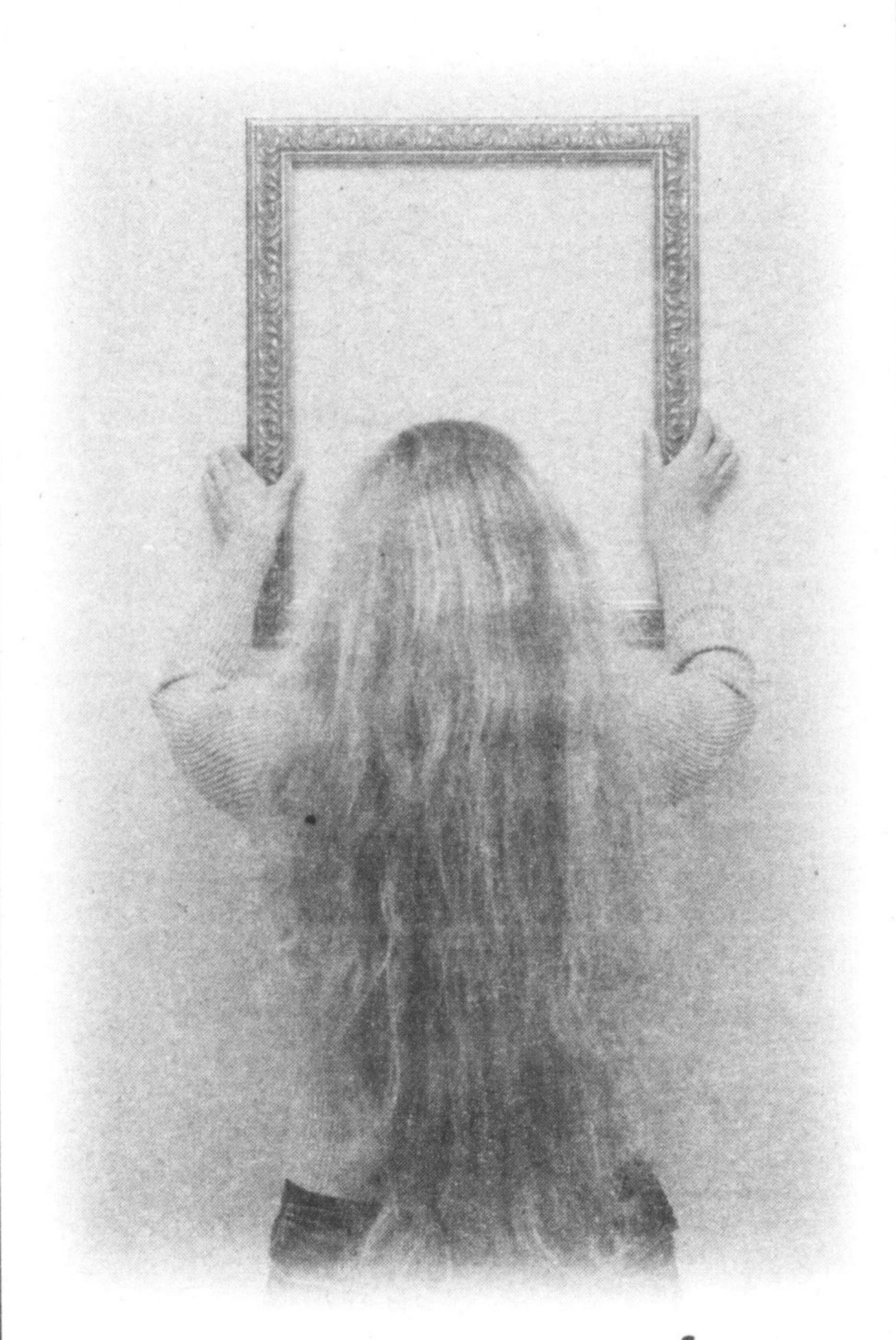






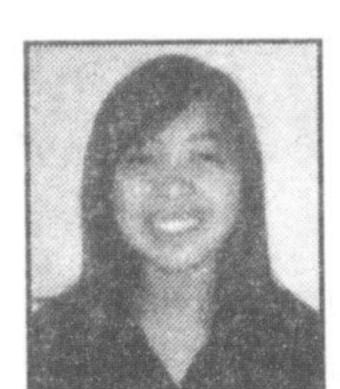
Allison Wallis

E.G. DRURY HIGH SCHOOL



No Report This Week

"THE ROYAL REPORT"







Joanne Bayoneto

Matt Kerwin

Chantal Pereira

BISHOP REDING HIGH SCHOOL

Hey BR, by this time, all of you are finally done with your first semester courses! Don't worry, it will all be over soon. Second semester is just under way and by the time you know it, the school year will be over! Your Inside Sources would also like to welcome the lucky, new students who have joined the BR community in second semester. We would also like to welcome BR's new mascot! At this moment, our lion mascot is nameless, but you can help with this mind-boggling dilemma. If you have any name ideas or suggestions for the new mascot, you can let your Student Body President, Kathleen Johnston, know. We need your help BR, so put your thinking caps on and step into your "thinking box".

Your Inside Sources are fully aware that last week has been very stressful, with all the final projects and exams. Being seniors in the school, your Inside Sources know how you feel. As much as we want to reassure you that everything will get better, it really doesn't. If you continue to work and study hard, we are more than 100% positive that the new semester will not be as bad. If you chose to slack off and not study, you will continue to do poorly. As long as you keep up with the daily homework and fully understand every lesson, there is no excuse as to why you should be doing poorly. As the years go on, the preconceived notion is that as you get into higher grades, it gets harder and harder. This is not entirely true. There is more work to be done, and more complicated things to learn, but if you get into the habit of studying and doing homework daily than there is a greater chance that you may do well in that course. This may be a problem for those of you that also have a part-time job.

All of your Inside Sources are working hard to earn money for university, and this also plays a factor in a students' stress level. These days, having money and being able to spend it is very important. The media is a big influence in this. Being able to buy and wear designer brands makes a person "cool" as everyone around them is doing the same. Finding a way to earn money, balance family and friends, and also go to school are huge responsibilities laid onto students these

Especially for those graduating this year and planning on going to university, the stress of getting into your top school is always bothering you. For the seniors, this is our last year to show everyone what we are made up and what we can handle. All the quizzes, tests, and assignments we write and hand in, play a big role in determining what happens in our future! This fact usually has a negative effect on some students that cannot handle the pressure. For the seniors reading this, don't worry, and continue to work hard! If you are really determined to get into a good school, your Inside Sources are sure that it will happen. Continue to strive and reach for your goals! Anything is possible if you just believe in yourself. If you preserver and withstand the obstacles, your goals are very attainable. To give you a little more inspiration, here is a quote that is famously known from the movie, Coach Carter. "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our dark that most frightens us. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people don't feel insecure around you. We are all meant to shine as children do. It's not just in some of us; it's in everyone. And as we let our own lights shine, we unconsiously give other people to do the same. As we are liberated from our own fear, our presence automatically liberates others." - Timo Cruz played by actor Rick Gonzalez

SEE YOU GUYS NEXT WEEK!



