



Hearing for Life

Audiology Centre & Dispensary

Over 18 years experience....

- Hearing tests
- Hearing aid prescription and sales (ADP, DVA, WSIB)
- 60-day trial on hearing aids
- Ongoing counselling & support
- Batteries and hearing aid accessories
- No referral necessary
- Seniors discounts

497 Laurier Avenue, Suite 3, Milton
(beside IDA Pharmacy)
905.693.HEAR (4327)



Milton's only
RETIREMENT RESIDENCE
Enjoy the comforts of home and the "small town atmosphere"



Are you considering a change of residence?

- Live where independence is encouraged
- Assisted living is always an option
- Respite Accommodations are available

Call for your personal tour today!

Contact: Marlene Williams
905-693-8592
45 Martin St. Milton Ont.
(across from the Mill Pond)



Love at first sight takes time.

A feeling comes over you on your first visit to an Amica retirement residence. Discover a unique lifestyle opportunity, with 5-star resort amenities and the company of others who have active lives with no intention of slowing down. Amica will help you make your later years the best, prompting envy from your younger family members. Amica. You'll know right away.

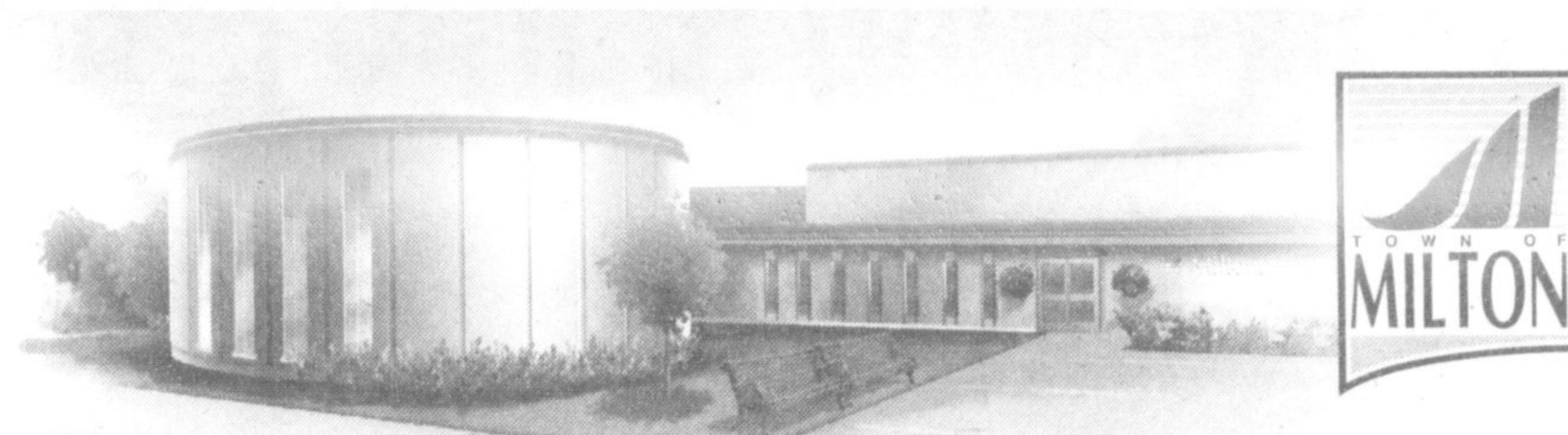
Amica. Wonders never cease.

AMICA AT ERIN MILLS
4620 Kimbermount Ave.,
Mississauga, ON
905.816.9163

- Luxury Independent Rental Retirement Living
 - All Inclusive • Full Service Fine Dining
 - Wellness & Vitality™ Programs
 - Amica VITALIS™ Assisted Living Suites & Services
- www.amica.ca



AMICA
at Erin Mills



SeniorNews

Milton Seniors' Activity Centre

500 Childs Drive, Milton **905-875-1681**

Not just for seniors!

February 2008 Activities

Upcoming Events

The Centre is open on Family Day: Monday, February 18

Foot Care Clinic

Thursday, February 28
9:00 am - 2:00 pm
Cost is \$25, payable to the nurse. To make an appointment, please contact the Centre.

Hearing Screening Clinic

Provided by the Canadian Hearing Society
Friday, February 15
10:00 am - 1:40 pm
Please call the Centre to book a free appointment.

Annual General Meeting

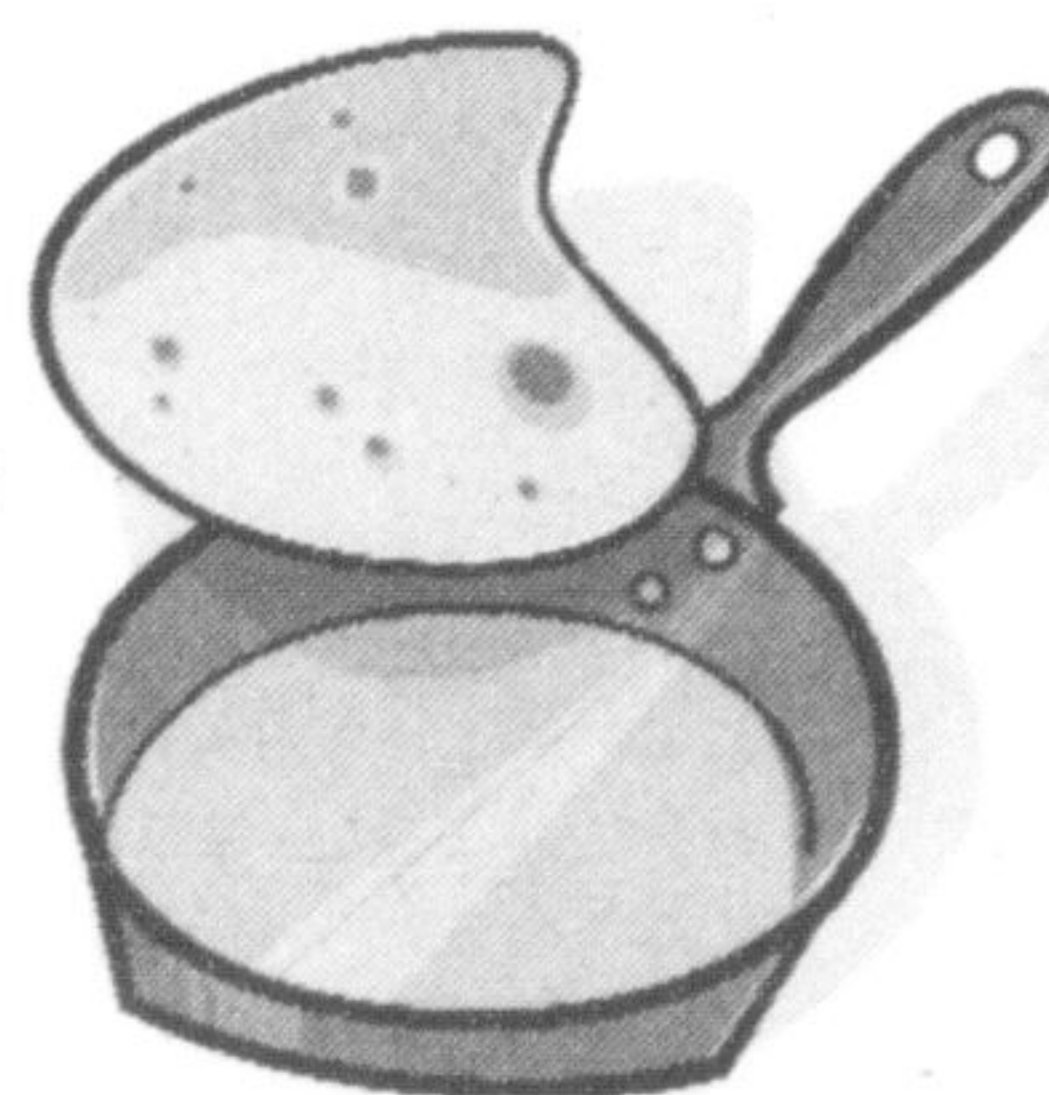
Wednesday, March 26
12:00 pm
Members are invited for a free lunch, courtesy of the Centre Advisory Board, followed by the meeting at 12:30 pm. Please sign up in advance at Reception.

Trips and Tours

Find out more about day and overnight trips. Call the Centre or drop in to the Trips and Tours Office, Mondays or Wednesdays, from 10:00 am - 12:00 pm.

Pancake Brunch

Tuesday, February 5
Serving continuously:
10:00 am - 12:30 pm
On Shrove Tuesday, enjoy delicious pancakes, sausages, tea, coffee and orange juice. Tickets cost \$6 and are available at the Centre. Buy your ticket soon - this event is always sold out!



Tax Preferred Income

Wednesday, February 6 at 12:45 pm
Attend this free presentation by Jeff Willis, Investment Counsel, to learn how to get and keep more from your investments and government benefits. Please call the Centre to register in advance.

More Blue and Green For A Better Planet

Wednesday, March 5 at 12:45 pm
At this free session, learn how Halton Region is changing the way it provides waste management and collection processing. Please call the Centre to register in advance.

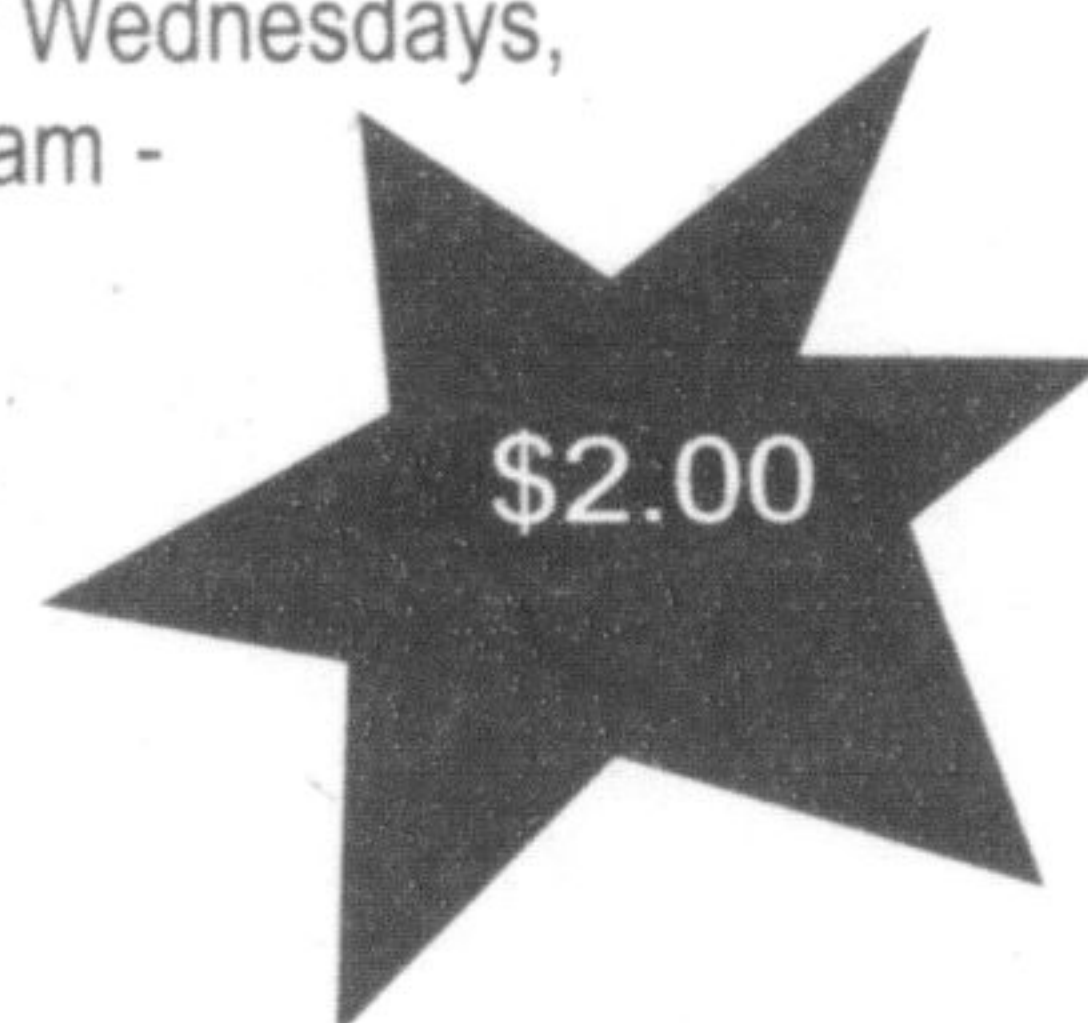
Movies at the Centre

Thursday Afternoon Movies at 1:30 pm

February 7 Amazing Grace
February 14 Sleepless in Seattle
February 21 Georgia Rule
February 28 Once

Friday Evening Movies at 7:00 pm

February 1 The Bourne Ultimatum
February 8 Sicko
February 15 Premonition
February 22 Georgia Rule
February 29 Reign Over Me



ROBERT LEE INSURANCE & FINANCIAL PLANNING

Bob Lee B.Sc., BBA, CPC
bobleebellnet.ca



Kim Mitchell RT
kimmitchell@bellnet.ca

Celebrating '33' years of "Home Town" Business
Ph: 905-878-5786 • Fax: 905-878-3692

LIFE INSURANCE ~ CRITICAL ILLNESS ~ DISABILITY INSURANCE ~
RRSP'S ~ RESP'S ~ LIF'S ~ MUTUAL FUNDS (MSIL)

245 COMMERCIAL ST. MILTON, ONTARIO L9T 2J3

ZAK'S PHARMACY

Milton's Independent Pharmacy



- Free Delivery
- All Drug Plans Accepted
- 10% Seniors Discount
- Written Drug Information Available

"At Zak's We Care About Your Health"

70 Main St. E. **875-2424**

Drop-in Programs

Here are just some of the drop-in programs offered at the Centre. All programs are held at the Centre unless otherwise indicated.

NEW! Scrabble

Tuesdays at 1:30 pm
\$2 for members; \$4 for non-members

Wednesday Lunch Counter

Starts at 11:30 am
Enjoy a salad, entrée, dessert and beverage for \$6. Sign up at the Reception Desk or phone in your order to the Centre by noon, the Monday of that week.

Evening Bid Euchre

Tuesdays at 7:30 pm
\$2.50

Bid Euchre

Mondays and Thursdays at 1:30 pm
\$2.50 for members; \$4.50 for non-members

Euchre

Fridays at 1:30 pm
\$2.50 for members; \$4.50 for non-members

Contract Bridge

Wednesdays at 9:15 am
Thursdays at 1:30 pm
Fridays at 9:30 am
\$2 for members; \$4 for non-members

Mexican Train Dominoes

Wednesdays: 1:30 - 4:00 pm
\$2 members; \$4 for non-members

Cyber Café

Mondays and Fridays, 1:00 - 3:00 pm
Experienced volunteers available for assistance.
\$2 for members; \$4 for non-members

Downsizers Weight Loss Club

Tuesdays at 10:00 am
Focus on healthy eating, exercise habits and losing weight safely in a supportive setting.
\$2 for members; \$4 for non-members

At Lions Club Hall in Campbellville (\$2.50):

Evening Euchre

Friday, February 1, 15, 29 at 7:30 pm

Evening Bid Euchre

Friday, February 8 and 22 at 7:30 pm

Drop in for a tour!



McKersie-Kocher Funeral Home

114 Main Street Milton

905-878-4452

The services provided by McKersie-Kocher Funeral Home represent the best that any could provide. With dedicated service since 1953 our staff has the skills and compassion as well as the vision and desire to serve and meet all of your expectations.

Douglas Kocher
Funeral Director

Caroline Kocher
Funeral Director

Andrew Kocher
Funeral Director

HERITAGE HOUSE COMFORTABLE RETIREMENT LIVING

February Promotion:

Move in during the month of February and get your 3rd month FREE.

Phone Debbie (General Manager)

519-822-2006

2113 Gordon St, Guelph, ON N1L 1G7

Email: dcochrane@heritagehouseguelph.com