

# Dateline

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**MILTON Lifestyles**

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## MILTON Lifestyles is your source book to Milton.

The guide is published once a year and is delivered to over 24,000 households within Milton, Campbellville and Hornby.

This invaluable directory includes community, health and government services. Schools, sports, interests and services clubs are included. Specialty pages for shopping, restaurants, pet care and home improvement are featured.

To advertise in this annual directory, please contact  
**CATHY SMITH 905-878-2341 x217**  
cathysmith@miltoncanadianchampion.com

• from DATELINE on page B8

The Milton Seniors' Activity Centre, 500 Childs Dr., holds contract bridge at 9:15 a.m., Mexican train dominoes from 1:30 to 4 p.m. and darts and billiards from 9 a.m. to 9 p.m. The cost for each is \$2 for members and \$4 for non-members. Its Weekly Lunch Counter also takes place, featuring a hot meal for \$6. Sign up in advance at the reception desk or by calling (905) 875-1681.

The Milton Leisure Centre on Main Street holds Fun Volleyball from 1:30 to 2:30 p.m. for men and women of all ages and skill levels. The cost is \$3.50 per person. For more information, call (905) 878-7946.

Thursday Jan. 31

The Burlington Prostate Cancer Support Group, sponsored by the Canadian Cancer Society, meets at 7 p.m. at 1251 Northside Rd. in Burlington for those who are newly diagnosed, survivors and family members. For more information, call (905) 332-0060.

The Deck youth centre, 200 Main St. (rear entrance), invites students in Grades 6 to 8 to drop by between 3:30 and 6:15 p.m. to play a game of pool or

just hang out. High school students are welcome from 7 to 10 p.m.

The Women's Centre, suite 229 in Hopedale Mall, 1515 Rebecca St. in Oakville, holds a workshop entitled "Accessing Your Goddess Within" from 7 to 9 p.m. The cost is \$15. For more information call (905) 847-5520 or visit www.haltonwomen-centre.org.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 7 to 9 p.m. For more information or to make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds contract bridge at 1:30 p.m. and darts and billiards from 9 a.m. to 9 p.m. The cost for each activity is \$2 for members and \$4 for non-members. Its Thursday Afternoon Movie is held at 1:30 p.m., featuring Hairspray. The cost is \$2. And bid euchre takes place at 1:30 p.m. at a cost of \$2.50 for members and \$4.50 for non-members. For more information, call (905) 875-1681.

Friday Feb. 1

The Salvation Army Khi

Community, 100 Nipissing Rd. unit 3, holds its junior (ages nine to 12) and senior (13 to 17) youth groups on alternate weeks. Activities vary. Contact Dan Bonham at (905) 875-1022 for a schedule.

The Deck youth centre, 200 Main St. (rear entrance), invites students in Grades 6 to 8 to drop by between 3:30 and 6:15 p.m. to play a game of pool or just hang out. High school students are welcome from 7 to 11 p.m.

Milton District Hospital holds a drop-in breastfeeding group with a certified lactation consultant from 10 to 11:30 a.m. at Our Lady of Victory School, 540 Commercial St., with information shared and babies weighed. For women and babies only. For more information, call Jill Hicks at (905) 878-2383, ext. 7610.

The Milton Players give their first performance of "There Goes the Bride" at the Milton Seniors' Activity Centre, 500 Childs Dr. Doors open at 7:30 p.m., with the show starting at 8 p.m. A cash bar and refreshments are available. Tickets cost \$20 each and are available at Boutique 188, 188 Main St., or by calling (905) 875-0629.

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