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Over 18 years experience....

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- 60-day trial on hearing aids
- Ongoing counselling & support
- Batteries and hearing aid accessories
- No referral necessary
- Seniors discounts

497 Laurier Avenue, Suite 3, Milton
(beside IDA Pharmacy)
905.693.HEAR (4327)



Milton's only

RETIREMENT RESIDENCE

Enjoy the comforts of home and the "small town atmosphere"



Are you considering a change of residence?

- Live where independence is encouraged
- Assisted living is always an option
- Respite Accommodations are available

Call for your personal tour today!

Contact: Marlene Williams
905-693-8592
45 Martin St. Milton Ont.
(across from the Mill Pond)



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A feeling comes over you on your first visit to an Amica retirement residence. Discover a unique lifestyle opportunity, with 5-star resort amenities and the company of others who have active lives with no intention of slowing down. Amica will help you make your later years the best, prompting envy from your younger family members. Amica. You'll know right away.

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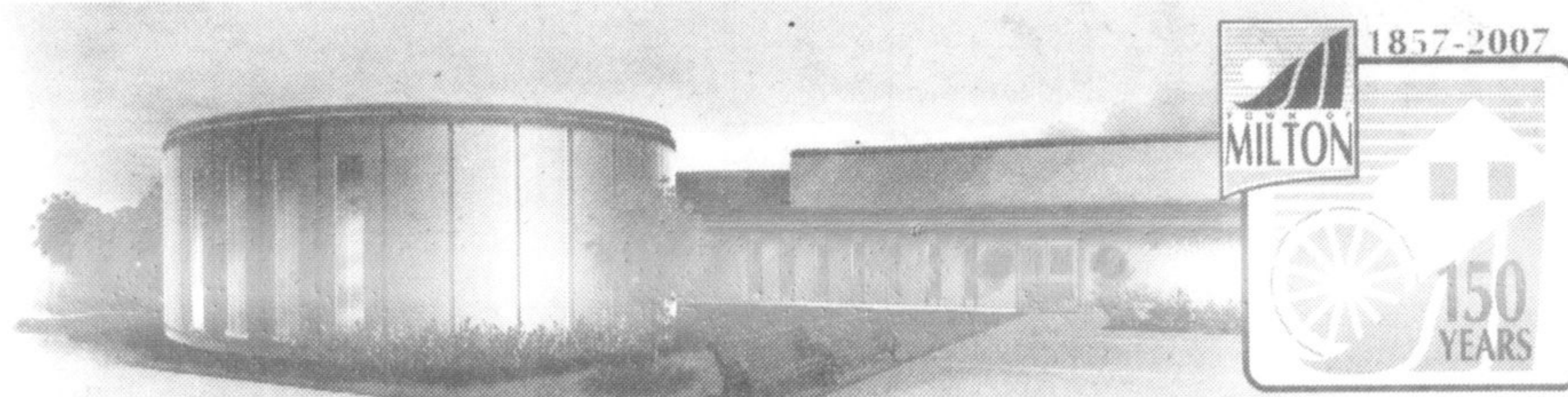
AMICA AT ERIN MILLS

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at Erin Mills



SeniorNews

Milton Seniors' Activity Centre

500 Childs Drive, Milton 905-875-1681

Not just for seniors!

December 2007 Activities

The Centre will be closed Monday, December 24 to Tuesday, January 1, inclusive.
We wish you and your family a very happy holiday!

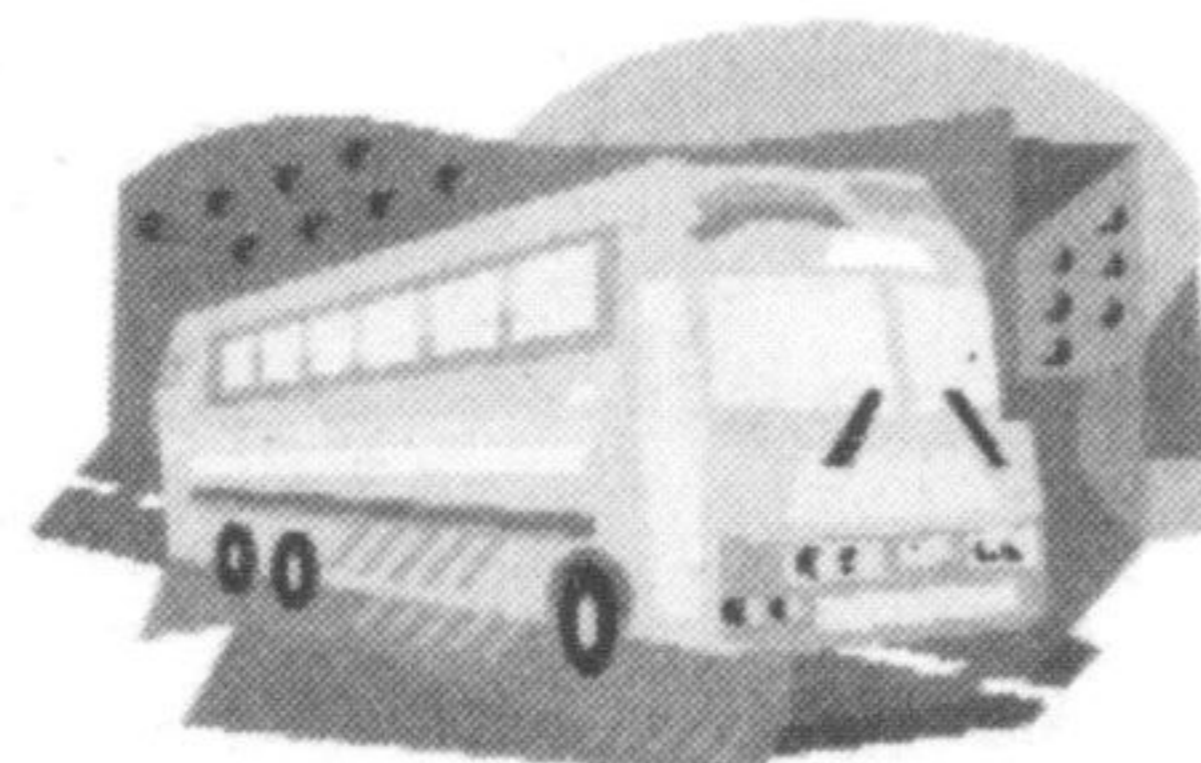
Upcoming Events

Foot Care Clinic

Thursday, December 13
Cost is \$24, payable to the nurse. To make an appointment, please contact the Centre.

Trips and Tours

Call the Centre or drop in to the Trips and Tours Office, Mondays or Wednesdays, from 10:00 am to 12:00 pm.



Become a Centre Member

Interested in being active and social? Become a member of the Milton Seniors' Centre. Membership benefits include reduced rates on programs, trips and facility rentals, a free subscription to the Centre's bi-monthly newsletter, and much more. Not yet 55? Pay the non-member fee for programs and join in the fun!

Already a member? Renew your membership for the next 12 months! For more information, please contact the Centre.

Song Spinners Concert

"Christmas is for Children"
Friday, December 7 at 7:30 pm
Enjoy a Disney pantomime from the story of Cinderella as well as a selection of favourite carols. Tickets are \$8.00, available at Reception.

Holiday Shopping at the Centre

The Centre is offering a variety of gifts for everyone on your list, such as hand knit items (children's sweaters, blankets, and more), Centre memberships and drop-in ticket books. Drop by the Centre to take a look!



Movies at the Centre

Thursday Afternoon Movies at 1:30 pm

December 6 Ratatouille
December 13 Deck the Halls
December 20 Santa Claus 3

Friday Evening Movies at 7:00 pm

December 14 Knocked Up



ROBERT (PIE) LEE INSURANCE AGENCY

Life - Disability - Annuities - RRIFs - LFs - RRSPs - Mutual Funds (M.S.L.L.) - RESP's

Celebrating 32 years of "Home Town" Business



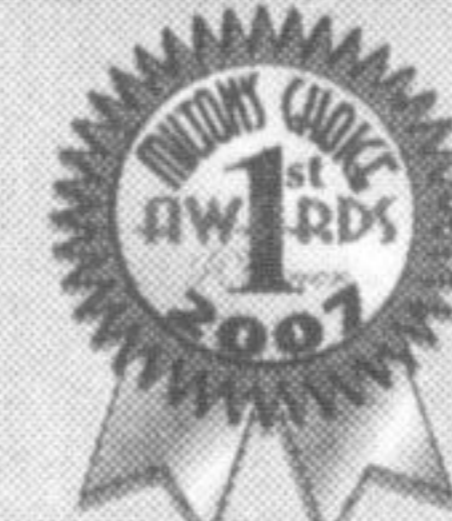
Bob Lee
bob@robertleeinsurance.com

Kim Mitchell
kim@robertleeinsurance.com

245 COMMERCIAL ST., MILTON L9T 2J3
OFFICE 905-878-5786 FAX:905-878-3692

ZAK'S PHARMACY

Milton's Independent Pharmacy



- Free Delivery
- 10% Seniors Discount
- All Drug Plans Accepted
- Written Drug Information Available

"At Zak's We Care About Your Health"

70 Main St. E. 875-2424

Drop-in Programs

Here are just some of the drop-in programs offered at the Centre. All programs are held at the Centre unless otherwise indicated.

Wednesday Lunch Counter

Starts at 11:30 am (cancelled Dec 12)
Enjoy a salad, entrée, dessert and beverage for \$6. Sign up at the Reception Desk or phone in your order to the Centre by noon, the Monday of that week.

Evening Euchre

Tuesday, December 4 and 18 at 7:30 pm
\$2.50

Evening Bid Euchre

Tuesday, December 11 at 7:30 pm
\$2.50

Bid Euchre

Mondays and Thursdays at 1:30 pm
\$2.50 for members; \$4.50 for non-members

Euchre

Fridays at 1:30 pm
\$2.50 for members; \$4.50 for non-members

Contract Bridge

Wednesdays at 9:15 am
Thursdays at 1:30 pm
Fridays at 9:30 am
\$2 for members; \$4 for non-members

Mexican Train Dominoes

Wednesdays: 1:30 - 4:00 pm
\$2.00 members; \$4.00 for non-members

Table Tennis

Mondays, 7:00 - 9:00 pm
\$2.00 members; \$4.00 for non-members

Cyber Café

Mondays and Fridays, 1:00 - 3:00 pm
Experienced volunteers available for assistance.
\$2 for members; \$4 for non-members

Downsizers Weight Loss Club

Tuesdays at 10:00 am
Focus on healthy eating, exercise habits and losing weight safely in a supportive setting.
\$2 for members; \$4 for non-members

At Lions Club Hall in Campbellville (\$2.50):

Evening Euchre
Friday, December 7 and 21 at 7:30 pm

Evening Bid Euchre
Friday, December 14 and 28 at 7:30 pm

Drop in for a tour!



McKersie-Kocher Funeral Home

114 Main Street Milton

905-878-4452

The services provided by McKersie-Kocher Funeral Home represent the best that any could provide. With dedicated service since 1953 our staff has the skills and compassion as well as the vision and desire to serve and meet all of your expectations.

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Funeral Director

Caroline Kocher
Funeral Director

Andrew Kocher
Funeral Director

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