

LIESA KORTMANN / SPECIAL TO THE CHAMPION

ON THE RUN: Guardian Angels School's Reanne Samuda races to victory in the atom girls 400m event at last week's all-Halton Catholic Track and Field Championships in Burlington. She was also part of the school's atom girls relay win, as was Cassandra Frater, who took first in the 100m. Also bringing gold back to Milton were Holy Rosary's Anne Marie Holland, St. Peter's Alex Kozlarz and Carlos Loor of St. Peter's, who won the bantam girls shot-put, atom boys long jump and atom boys softball throw respectively. Miltonarea athletes collected 24 medals overall.

Sox celebrate past

Milton baseball has been around nearly as long as the town itself — just 10 years less, to be

exact — and will have that longevity honoured at Brian Best Park Saturday.

Slated for 1:30 p.m. — and sandwiched between the seniors and juniors' doubleheader against the Erindale Cardinals — the Red Sox will hold a presentation marking its long-

standing history in town. Also of interest to local ball fans will be a trailer stocked with Red Sox memorabilia, including jerseys, photos and trophies like the 1967 OBA intermediate championship.

Held in conjunction with the Town's 150th anniversary celebrations, the ceremony will feature an appearance by Milly the Millstone, and possibly a member of town council.

Red Sox players new and old and invited out to join the festivities. The seniors' game has been pushed up to 11 a.m. to accommodate the presentation, with the juniors set to take on Erindale at about 2 p.m.

Alumni looking to add some memorabilia to Saturday's festivities or simply be part of them can call manager Glenn Turner at (905) 878-6477.

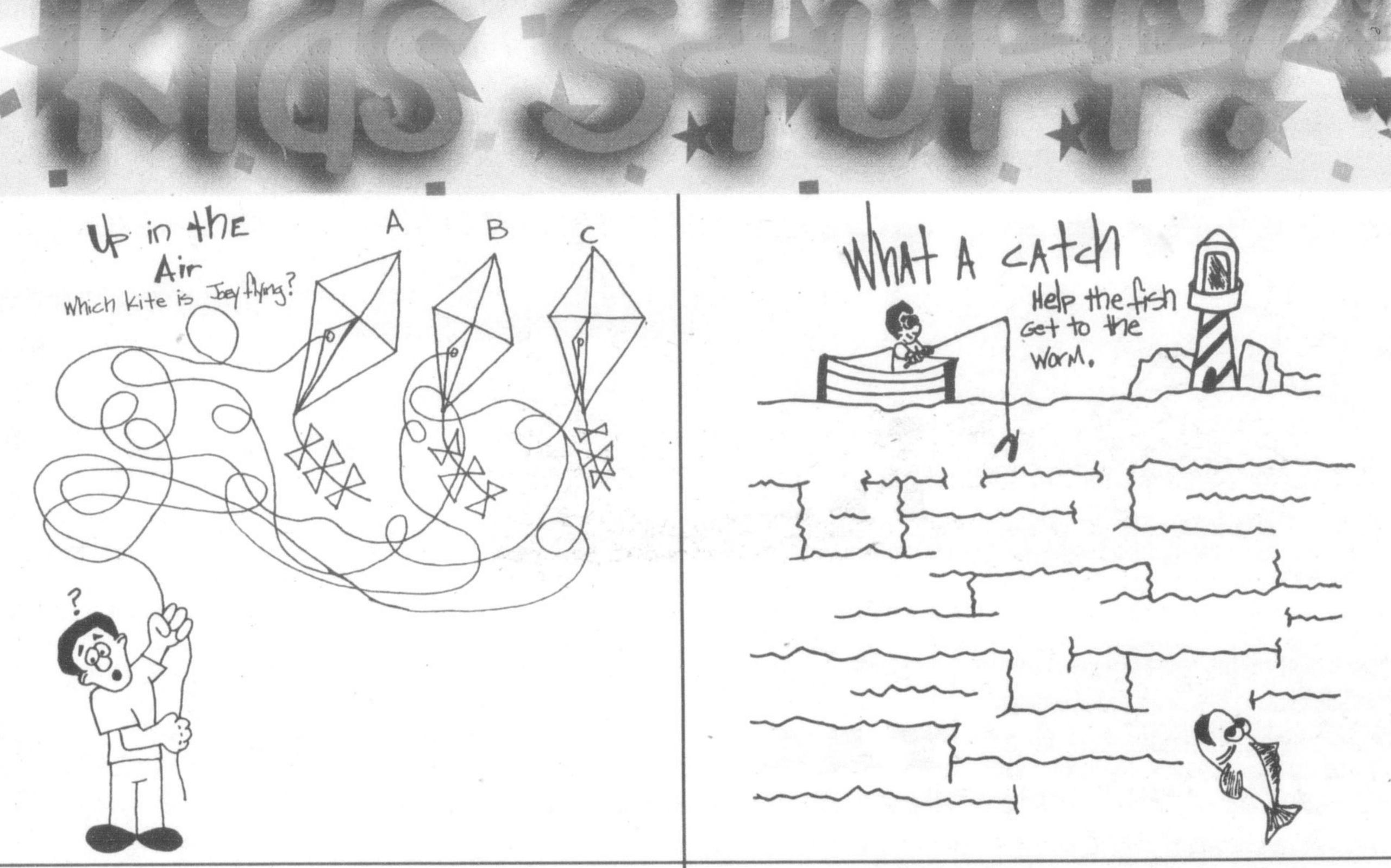
CHIN racing hits T.O. Sat.

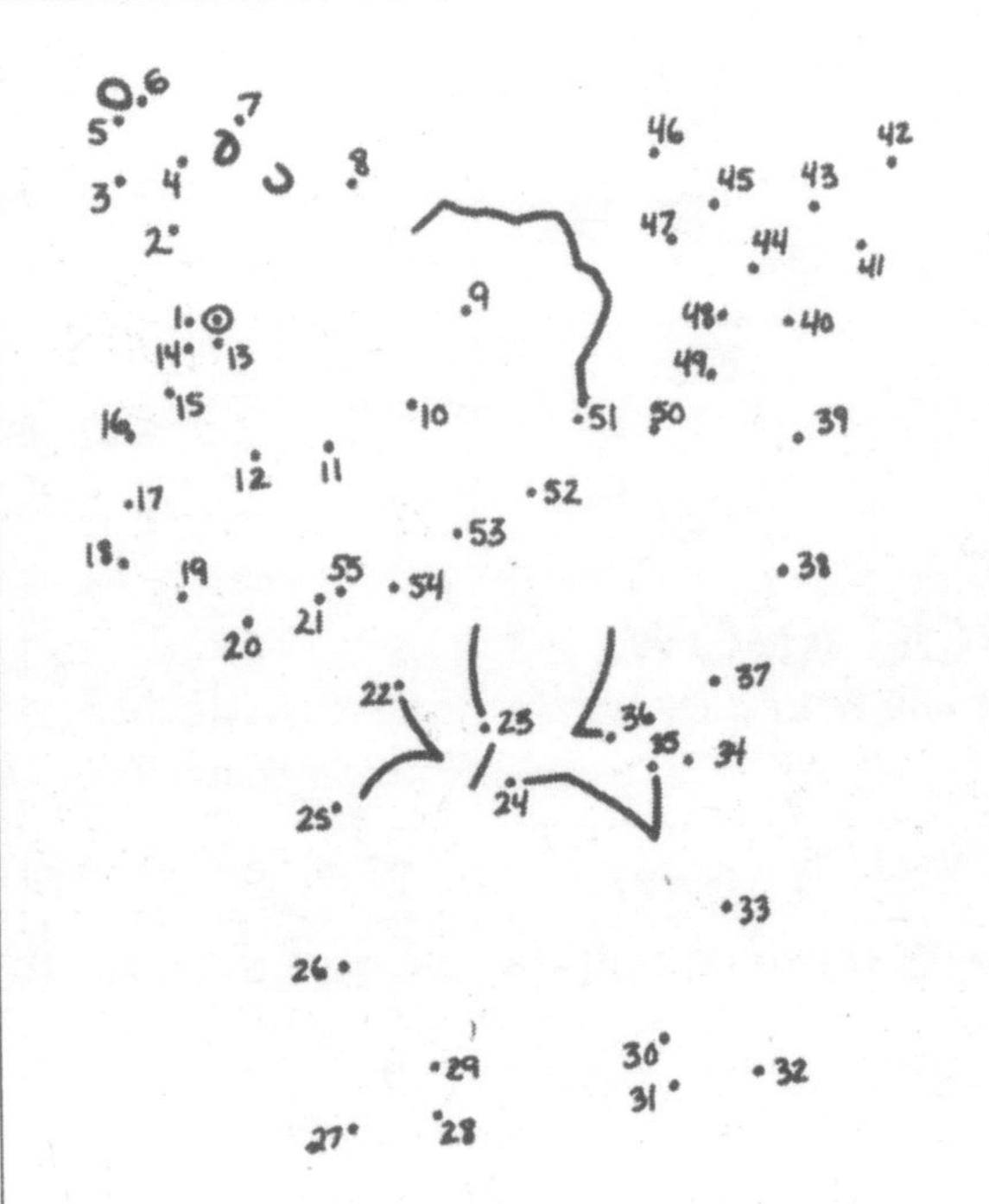
Looking to celebrate the Canada Day weekend on an active note? If so, you may want to head down to Toronto Saturday. That's when the Midweek Cycling Club is set to host the 27th annual CHIN International Bicycle Races — a series of pro-am events around Exhibition Place.

Both individual and relay races are slated throughout the morning and afternoon, with a more challenging course revamped due to the recently-constructed Toronto FC soccer stadium - ready to test avid riders. Also new this season is a points race format for both the masters and pro-am elite categories. More than 350 racers are expected to descend on the T.O. course.

The Midweek Cycling Club's 2007 series makes a pass through town on August 26, with Rattlesnake Point playing host to the Provincial Road Race Championships.

To register for either event or for more information, call (416) 252-7903 or visit www.midweekclub.ca.





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BET YOU DIDN'T KNOW...

It is impossible for most people to lick their own elbow. (try it!)

A crocodile cannot stick its tongue out.

It is physically impossible for pigs to look up into the sky. The "sixth sick sheik's sixth sheep's sick" is believed to be the toughest tongue twister in the

English language. If you sneeze too hard, you could fracture a rib.

Rats multiply so quickly that in 18 months, two rats could have over a million descendants. Wearing headphones for just an hour could increase the bacteria in your ear by 700 times.

In every episode of Seinfeld there was a Superman somewhere in the picture. In the course of an average lifetime, while sleeping you might eat around 70 assorted insects and 10 spiders, or more.

Like fingerprints, everyone's tongue print is different.



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