

# Halton Physician Appreciation Week

April 30 - May 4

## Halton Healthcare Services



### Dr. Dalal Aziz

"Dr. Dalal Aziz, Milton District Hospital's (MDH) newest general surgeon has already earned the respect and admiration of both her colleagues and patients," notes Lisa Shiozaki, Chief Operating Officer of Milton District Hospital and Milton Family Practice Program Leader of the Milton Family Practice. "A steady hand, a positive, proactive approach and a warm compassionate temperament make this skilled surgeon a very welcome addition to the MDH surgical team."

Of Lebanese origin, Dr. Aziz completed both her medical degree (1997) and surgical training (2002) at the American University of Beirut. She was the first female General Surgeon to graduate from her university and one of only two in Lebanon.

"Residency was definitely a challenge. It's still very much a man's world in my country," explains Dr. Aziz. "Luckily, I had a very supportive family and the encouragement of my instructors - most of whom were trained in the United States."

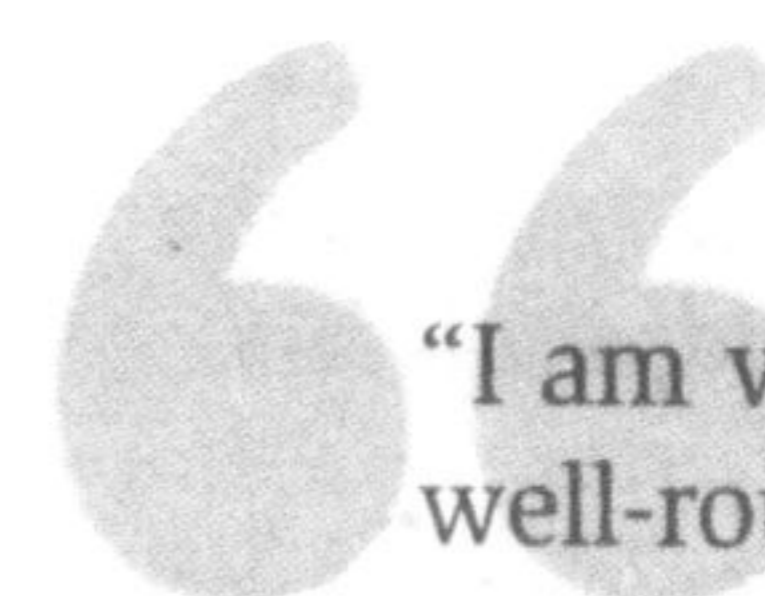
Dr. Aziz decided to pursue surgery thanks to the positive influence she received during her surgical rotation as a medical student. "I had the mistaken impression that surgeons always have an answer and a clear treatment plan for the diseases they treat," she explains. "This was a little naïve - but still I love surgery. I find the immediacy of its success very gratifying. You can remove the source of pain and almost instantly improve the quality of your patient's life."

In 2000, Dr. Aziz joined her husband, Wadid, in Canada while she completed a research fellowship at the Hospital for Sick Children (2002-2003) and a breast surgical oncology and a general surgical fellowship at Sunnybrook and Women's College Hospital (2003-2005) through the University of Toronto.

"We were looking for a nice family-oriented, healthy environment to raise our two children - Stephanie (4 years old) and Robert (1-1/2 year old)," notes Dr. Aziz. "I was impressed by Milton's small hometown atmosphere and I had heard a lot of very positive remarks about Milton District Hospital."

Dr. Aziz joined Milton District Hospital in 2006. Her practice involves treating general abdominal and colorectal surgical conditions, and performing minimally-invasive breast surgical procedures including sentinel node biopsies.

"I am a strong proponent of comprehensive medical care," continues Dr. Aziz. "My goal is not only to be a good surgeon but also a good, caring and compassionate doctor. You have to treat the whole person, not just the symptoms. My job is to listen to my patients' concerns, gain their trust and respect and do what is in their best interest. If the best choice is surgery then I work to ease them through the whole surgical process to a full recovery."



"I am very impressed with the diversity of special well-rounded group of physicians and an amazing we can respond to the needs of our community works to ensure our patients get the best possible - Lisa S

*"The physician level of expertise and engagement dedication and commitment is vital to the care of Halton Hills and Milton."*

"We have a first-rate team of specialists, family be able to attract some of the most talented doctors specialists and the rapidly evolving medical community to grow with our populations."

*"Milton is just booming with potential. Our physicians where doctors are exposed to both critical care personally involved in all aspects of their patient working closely with specialists, to looking after a fantastic opportunity for recent graduates to use"*

"I would like to thank the staff and doctors at Milton sure everything is alright. I really hope our hospital No community can survive without one!"



Doctor profiles provided by the PH

