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holds its Run Club at 8 a.m. with a one-hour run. For meeting location and route, call (905) 875-1022.

Monday Apr. 30

The Lighthouse Program for Grieving Children in Oakville holds its peer support group from 6 to 7:30 p.m. for children and teens aged three to 18 who've lost a parent or sibling. For more information or to register, call (905) 337-2333 or e-mail lighthouseprogram@bellnet.ca.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 1:30 to 3 p.m. For more information or to make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

The Salvation Army/Khi Community holds its Run Club at 5:30 p.m. with a 30-minute run. For meeting location and route, call (905) 875-1022.

Tuesday May 1

Help for Parents, a Halton parent support group, meets in the evening in the basement of St. Elizabeth's Church, 5324 Bromley Rd., in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of the Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit www.apsgo.ca.

Calling New Parents, a free drop-in program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the new Ontario Early Years Centre at 410 Bronte St. from 1:30 to 3:30 p.m. For more information,

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call (905) 825-6000, ext. 7299.

The Milton Al-Anon group meets at 8 p.m. at St. Paul's United Church, 123 Main St. E., for family and friends of alcoholics.

St. Paul's United Church, 123 Main St. S., holds its Parent's Morning Out from 9:30 to 11 a.m. For more information, call (905) 878-1286.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

The Salvation Army/Khi Community holds its Busy Hands, Creative Minds group for preschoolers and their caregivers from 9:30 to 11 a.m. at 100 Nipissing Rd., unit 3, with crafts, songs and a play area. For more information, call (905) 875-1022.

The Halton Women's Centre, suite 229 in Hopedale Mall, 1515 Rebecca St. in Oakville, holds its free Employment Network from 6 to 8 p.m. for unemployed women. For more information, call (905) 847-5520 or visit www.halton-womenscentre.org.

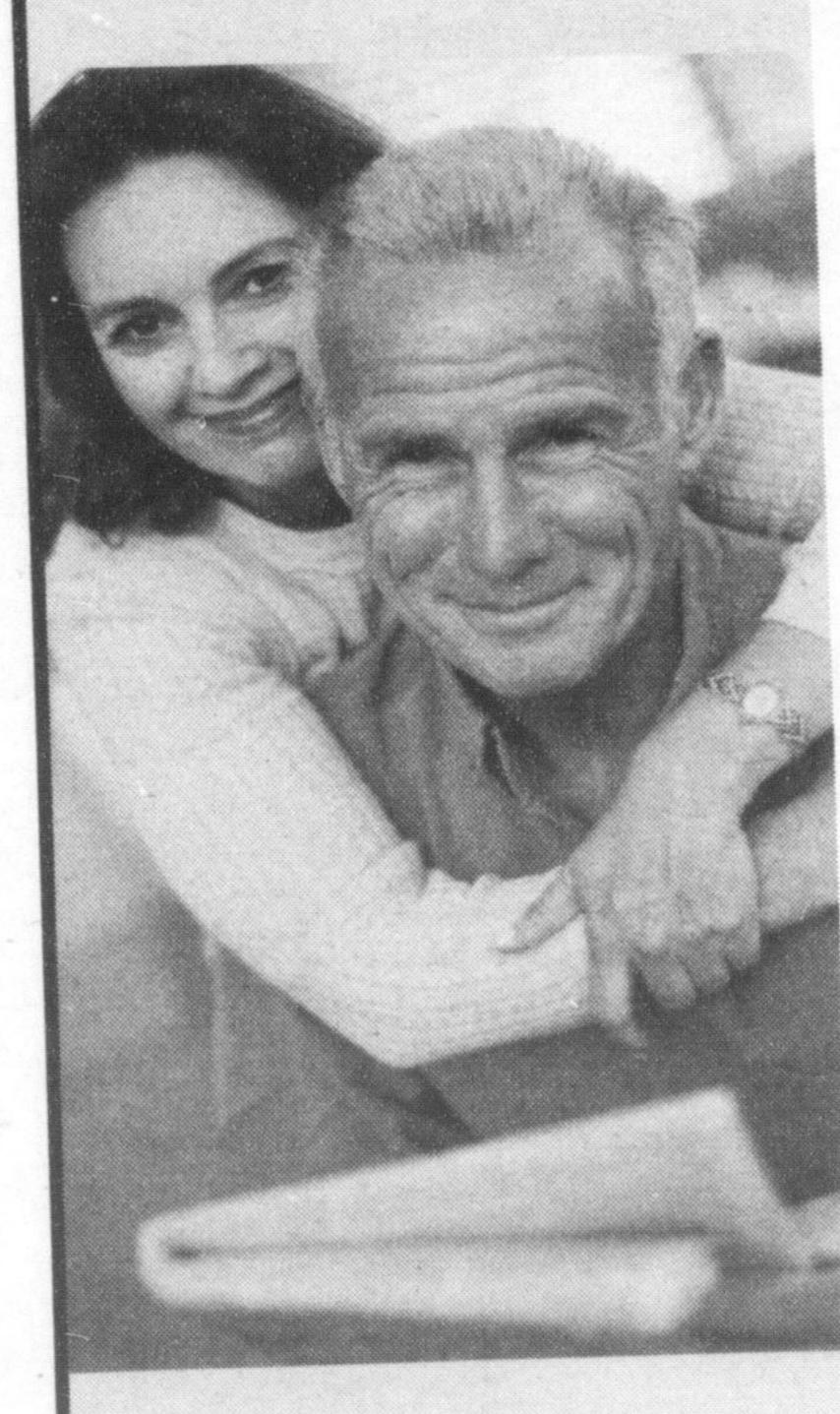
The Ontario Early Years Centre, 410 Bronte St. S., holds a workshop entitled Toileting 101 from 6:30 to 8 p.m. Pre-registration is required. Call (905) 876-1244, ext. 22.

The Grandmother to Grandmother North Halton Group meets at 7 p.m. at Trinity United Church, 70 Mill St. E., in Acton for those interested in helping raise awareness and funds for the AIDS/HIV pandemic in Africa, specifically for the Stephen Lewis Foundation's Grandmother to Grandmother campaign. For more information, call Elly at (519) 853-3896.

YOU'RE INIVITED!

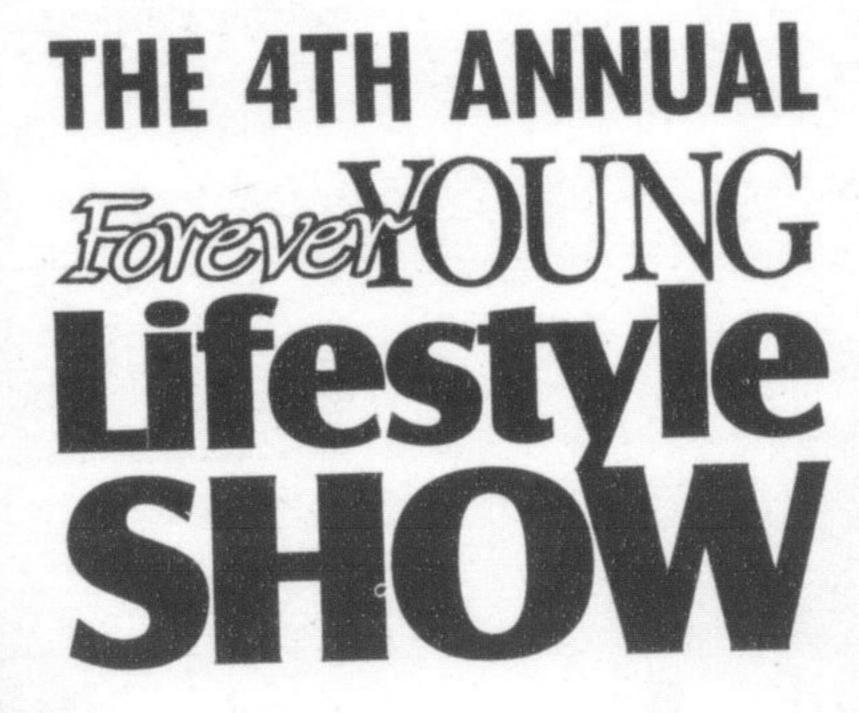
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FOR MORE INFORMATION OR TO BOOK EXHIBIT SPACE CALL: 905-815-0017 ext 5591 or 1-800-265-3673

Email: contact@foreveryoungnews.com



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