## Ultimate frisbee coming

Urban Sports Club is branching out to include ultimate frisbee.

A free clinic to introduce prospective participants to the sport - which includes elements of soccer and football - is slated for Monday, May 28 at 8:30 p.m. at Lions Sports Park. A 14-week co-ed summer league runs Monday nights starting June 4.

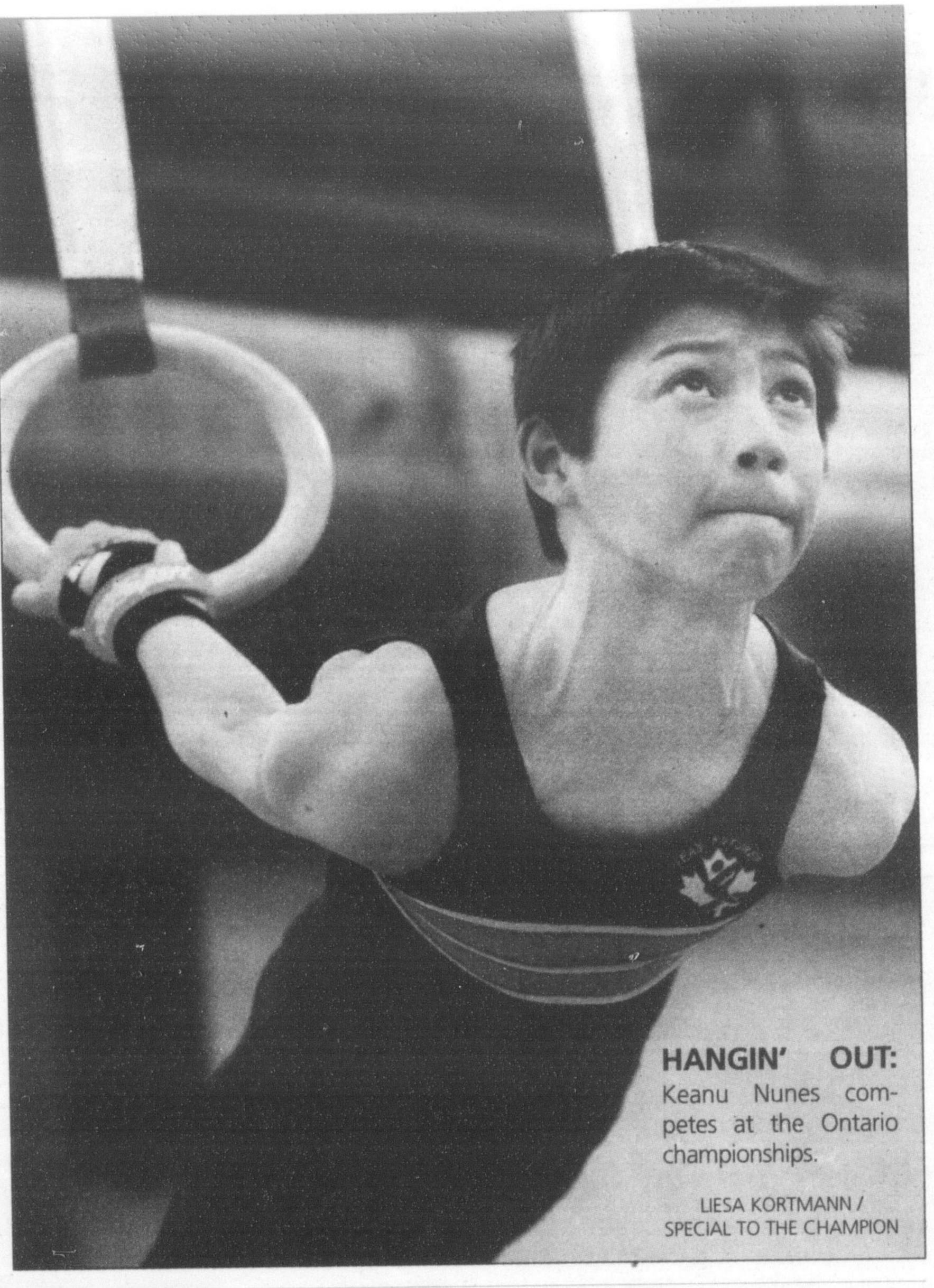
The cost is \$55 per player or \$450 for a team.

Urban Sports Club will also have beach volleyball and soccer leagues available this summer.

Registration details for any of these sports are available at www.urbansports.ca.



# Nunes' Ontario medal run continues



#### Level 3 newcomer claims overall silver

By Herb Garbutt CANADIAN CHAMPION STAFF

Keanu Nunes took a step up in the level of competition, but only a small step back in his results.

A year after winning Ontario's Level 2 title, the talented young gymnast took all-around silver in the Level 3 10-to-12-year-old boys division recently at the Rogers Men's Artistic Gymnastics Provincial Championships in Oakville.

The Futures Gymnastics Club member secured five event medals en route to overall second-place honours, including gold on parallel bars.

Nunes' all-around score of 70.683 placed him behind only Mark Syptak of Mississauga, who finished with a total of 71.616. Nunes had taken the overall title ahead of Syptak at the third and final provincial qualifier a month earlier, but this time Syptak came out on top thanks to victories in four events.

"I think I could have done better," said 11-year-old Nunes, pointing to a 12th-place finish on vault as an area to improve on.

Still, Nunes managed to take home his third all-around provincial medal in as many years and finished within a single point of Syptak, who was competing in Level 3 for the second year — as opposed to his first-time Milton rival and won't be back at the division next spring.

Both Nunes and Syptak, as well as Futures teammate Andrew Staffiere, advance to the Eastern Canadian championships, slated for next week in Saint John, New Brunswick.

The local gymnast said he'll be training hard for the event. "I'm going to put in some harder skills," he said.

At least one event Nunes won't have to fortify his efforts in too much is parallel bars, with his victory in Oakville earning an impressive score of 12.300 representing the latest in a series of golden performances. "I just like it and I'm really strong at it," said the grade 5 E.W. Foster student.

Nunes also earned three silver medals, missing a second gold on floor, where his score of 11.533 was narrowly eclipsed by Syptak's 11.566. His medal haul included silvers on the pommel .. horse and high bar, as well as a bronze on rings.



Receive up to \$1,000 toward your utility bills when you purchase a qualifying

Lennox® home comfort system.

\$250FF

a Duct Cleaning"

mechanical inc.

PREMIER DEALER

LENNOX)

925 Main Street East, Unit 3 Milton, ON L9T 4H8

905-878-1979

www.tr-mech.ca 24-Hour Service Available. PH142

Offer valid from March 19 to June 15, 2007.

Dave Lennox

© 2007 Lennox Industries Inc. Lennox dealers include independently owned and operated businesses. \*See your participating Lennox dealer for details.

One offer available per qualifying purchase. Rebate offer is valid only with the purchase of qualifying Lennox® products. \*\*Service offer applies to new customers only.



HOME COMFORT SYSTEMS Innovation never felt so good.™

# Spring in their step

There was no shortage of success to go around for the hosts at the recent Springer Challenge.

Judged on a set standard rather than against the competition, Milton's pre-competitive gymnasts enjoyed a hefty hardware haul, with half-a-dozen delivering gold-medal sweeps. Four of those were part of Level 2, with seven-yearolds Kirsten Angus, Anna Chisholm and Hannah Clark and eight-year-old Tendai Dodo all earning top honours in the four individual events as well as in the all-around scoring.

Doing likewise was seven-year-old Jordyn Harper and eight-year-old Jessica McCann, who shone in Level 5 and Level 3 respectively.

Also earning overall gold were: Level 2 - Jessica Clark, Mary Rodenburg, Brittnie Spriel; Level 3 - Anje Samstag-Schnock, Samantha Price, Madeline Boyd, Rachel Leang; Level 4 – Sydney Townsend, Keltie Couture, Victoria Tran; Level 5 - Victoria Peetoom.

### Automatic Scheduled Vehicle Maintenance

Transmission

Regulation Size

Ride and

Handling

Mopar Soccer Bal

Service Including: ✓ Drain and fill transmission fluid

✓ Remove and replace filter and gasket and make all necessary

Offer available on all DaimlerChrysler

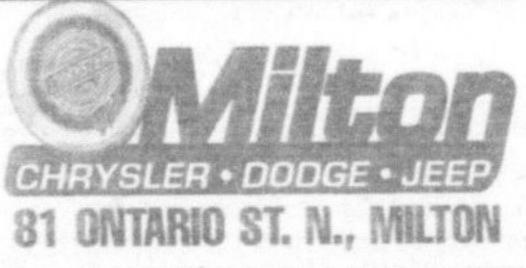
Have your vehicle inspected today for trouble-free driving

√ Wheel alignment including front and rear suspension system inspection

√ Steering component inspection ✓ Provide written report on findings

"Parts extra.

Visit us on the web at www.miltonchrysler.com



\*With purchase of one of the Spring Service Specials above. While quantities last. See dealer for details



FREE ADMISSION THE 4TH ANNUAL IFATEREN OUNG

YOU'RE

Sunday, May 6/07 10:00AM TO 4:00PM ROYAL BOTANICAL GARDENS 680 Plains Rd. W. Burlington

FOR MORE INFORMATION OR TO BOOK EXHIBIT SPACE CALL: 905-815-0017 ext 5591 or 1-800-265-3673 contact@foreveryoungnews.com