## Defibrillator offers some precious time

Police used a cruiser defibrillator to extend a man's life last Tuesday after he had a heart attack, providing precious moments for his family.

Police received a call from a rural resident at about 1:30 p.m. that a man had collapsed, and emergency services were dispatched to the home on Appleby Line.

Two police officers, Const. Chris Gruber and Const. David McInnis, were the first to arrive, and were met by the distraught caller and an elderly man who was unconscious and suffering a cardiac incident.

The officers utilized the LifePak Defibrillator that's equipped in all Nassagaweya police patrol cars. The device administered a shock to the victim and the officers then performed CPR until the arrival of Halton EMS.

The man was transported to the hospital and treated, but succumbed to his injuries a short time later.

Blake Hurst, public access defibrillation program co-ordinator with Halton EMS, said the efforts of the officers gave the victim's family time they wouldn't otherwise have had with him.

"The responding police officers did some great work," Hurst said. "They immediately recognized the situation as grave and properly utilized the defibrillator."

## Health fair on Sat.

Making informed decisions about your health is a necessity, not an option. But where do you go to find information?

On Saturday, you can go to the Milton Leisure Centre, 1100 Main St. E., when the centre's partnering with Milton District Hospital to hold the Living Healthy Family Health Fair.

The event will run from 10 a.m. to 3 p.m. and is supported by the Milton District Hospital Foundation.

At the fair will be exhibits from the Canadian Cancer Society, Milton Leisure Centre, Canadian Diabetes Association, Canadian Association of Orthodontists, the Milton Seniors' Activity Centre, Halton Child Care Registry, Ontario Breast Screening Program and more. There'll also be agencies to address various mental health issues.

And numerous presentations and demonstrations will be given to help residents reduce their health risks.

For times of the various events, call (905) 845-2571, ext. 4147.





