

CDA letter had no evidence to prove that fluoride is safe

DEAR EDITOR:

I have written letters before about the deleterious effects of fluoride on the body, and why it should not be introduced in Milton's water supply.

The response from the Canadian Dental Association (CDA) president on April 14, 2006 was just a well-crafted public relations letter. I respectfully ask that they offer evidence to prove all of my findings incorrect and not based on fact. I would also request that they start their explanation, "Fluoridation is safe because," then list their scientific data to prove it.

Just saying fluoride is safe and one of the top 10 achievements of the 20th century does nothing to prove my information on fluoridation is wrong. To the CDA, please feel free to go step by step and show in detail why the information in a recent Dr. Gifford-Jones article is incorrect. The lists of numbers and percentages per millions of people is still vague. Please be specific to all points.

On top of the myriad of information that has been forthcoming from the general public on the detrimental effects of fluoride on the body, I offer additional information from Dr. Gifford-Jones (The Doctor Game) from an article in The Record dated January 19, 2007. All information is either condensed for space or copied verbatim.

According to the article, in

1974, a three-year-old who was not advised to spit out the fluoride treatment from the dentist instead swallowed it and was dead hours later from fluoride poisoning. Fluoride is an acute toxin with a rating higher than lead.

Dr. Gifford-Jones' research found 98 per cent of Europe is fluoride free. He also found that in 1999, Dr. Harry Limeback, professor of dentistry at the University of Toronto and former supporter of fluoridation, reported that fluoride may be destroying our bones, teeth and overall health. He claimed children under three should never use fluoridated toothpaste or drink fluoridated water, and that mothers should never use Toronto tap water to prepare baby formula.

The sole argument for the fluoridation of water is that it reduces tooth decay. Several studies involving as many as 480,000 children have shown no beneficial difference between fluoridation and non-fluoridation communities.

In fact, one study showed decay was greater in the fluoridated area. Moreover, dental health in Europe has improved since 1970 without fluoride.

Since 1990, several studies have indicated an association between fluoridated water and hip fractures. Fluoridation is also known to increase osteoporosis or brittle bones.

In 1992, a U.S. study found a strong link between fluoridation

and osteosarcoma, a bone cancer in young males. The rate was three-to-seven times higher in fluoridated areas.

There is also a concern that fluoride is implicated in Alzheimer's disease, since fluoride combines with aluminum to cross the blood brain barrier.

Dr. Gifford-Jones was also unaware that Torontonians have double the fluoride in their hip bones compared to Montrealers who have no fluoridated water, and that studies also show decreased sperm and testosterone levels in the fluoridated area.

He goes on to say that there is no convincing reason why water should contain 1.5 ppm of fluoride when our bodies have no use for it, especially when toothpaste has 1,500 ppm and a dentist's office procedure can contain between 10,000 to 20,000 ppm.

His last statement in the article reads, "And I've imagined you've guessed what I'll say when my dentist next asks if I want the fluoride treatment."

Now for myself, I'm all for anything that will improve the human condition, but as I said at the close of my last letter on fluoridation, "I find the lack of response on the part of the Canadian Dental Association quite disturbing." Again.

SCOTT TURNER
MILTON

Rural Milton seeing too much debris

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struction, but just as much comes from the wind-blown overflow of our uncovered recycling bins. Either there needs to be a weekly pick-up instead of a bi-weekly one or we need larger bins with lids.

We feel picking up recycled materials blown from the blue bins every week may be just as important, if not more important, in preserving our planet as enacting a new program such as the green carts.

Our wonderful country of Canada, known worldwide for its beauty, is unfortunately quickly attaining the landscape of many third-world countries where we have travelled.

Only time will tell whether we, as privileged Canadians, will renew our country to its pristine beauty by taking care of our own garbage properly and pitching in to deal with others.

ELISA AND TED ADOMANIS
ROBERTS DRIVE

Employment increase at local factory leads to house famine

'Time Capsules' are gems of information extracted from past issues of The Champion and other publications in order to provide a window into Milton's past. Explanatory comment is sometimes provided to place the situation in context.

August 1909

Milton is threatened with a house famine. The employment of a large number of hands in the Willmott factory is the reason for the increased demand. A house famine, which is occasioned by a rapid increase in population is a good sort of famine, but none the less inconvenient.

On Saturday afternoon Messrs. Robertson, Bowlby and Lott of P.L. Robertson Co., set out for Georgetown in Mr. Robertson's automobile. All went well until, on the seventh line, near Ashgrove, their course was obstructed by a ridge of gravel dumped in the middle of the road. It was about three feet high, perhaps fifty yards long and four feet wide. As there was hardly room to pass it on either side without danger of an upset an attempt was made to pass over it by straddling it. It proved to be too high, the bottom of the machine struck the gravel, a number of small stones got into its mechanism and there was a sudden stop. After some time another start was made. The party managed to reach the rise of the hill on the other side of Stewarttown, but found that they could not ascend it. They walked to Georgetown. Mr. Bowlby came home by train and Messrs. Robertson and Lott tried to do so in the auto. They had it hauled back up the Stewarttown hill and then, being on a down grade, managed to get within a short distance of Milton, when the pump got out of order and the gearing heated so that they could not go further.

The machine was hauled to town and on examination it was found that its mechanism was ruined. Repairs may cost \$100 or more, and as the seventh line is part of the county roads system a claim may be made on the county. Road Superintendent Wilson was in town

Milton
Time
Capsules



on Monday. He said that if the gravel was dumped in the manner described above the teamster disobeyed his orders which were to spread the gravel so that it would not impede travel.

The Halton Oil & Gas Co. is preparing to bore for oil within the corporation of Milton between P.L. Robertson Co.'s property and the pond.

The councils of Halton and Peel held special meetings at the court house in Brampton on Monday and made final arrangements for the purchase of a half interest by Halton in Peel's house of refuge. It was agreed that each county would pay-half of the amount of salaries, that crops raised on the farm be used as far as possible by the inmates, the amount received from the sale of anything not used that way to be applied on the salaries and that the counties would pay pro rata according to the number of inmates sent by each for maintenance, outside of salaries.

The Halton councillors were most hospitably entertained by those of Peel and after the close of the meeting were conveyed to the house of refuge which appeared to be particularly well managed. The fifty-acre farm attached is choice land, is well worked and produced fine crops. The joint arrangement is a good one for both counties. The poor will be well taken care of and the expense to each county will be much lower than it would be with separate houses of refuge. The erection of the large brick addition to the building will be as rushed so as to have it completed and ready for occupation before the end of this year.

This material is assembled on behalf of the Milton Historical Society by Jim Dills, who can be reached at jdills@direct.com.

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