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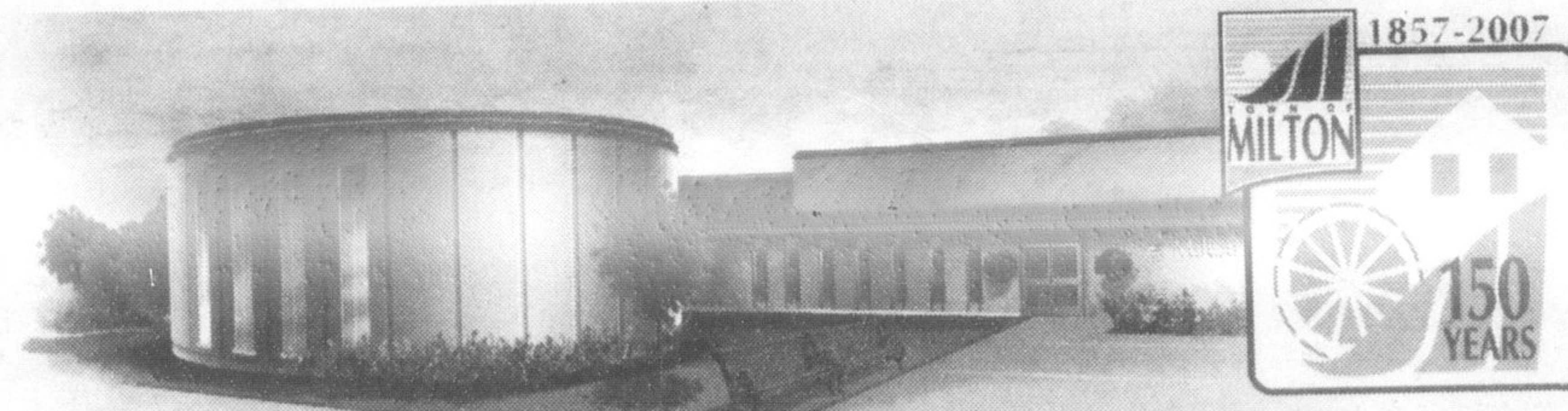
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# SeniorNews

Milton Seniors' Activity Centre

500 Childs Drive, Milton **905-875-1681**

Not just for seniors!

## April 2007 Activities

### Upcoming Events

Please note: The Centre will be closed on April 6 and 9 for the Easter holiday.

#### Computer Club

April 20 at 1:00 pm  
Guest speaker Ted Pierpoint from Staples demonstrates adding music to photo slide shows.  
\$2 for members; \$4 for non-members

#### Wednesday Lunches at the Centre

11:30 am  
Enjoy a delicious hot meal for \$6, including salad, entrée, dessert and beverage (or soup and sandwich). Please sign up at Reception or phone in your order to the Centre by noon, the Monday of that week.

#### Trips and Tours

The Centre offers a variety of day and overnight trips. Call the Centre or drop in to the Trips & Tours Office, Mondays or Wednesdays, between 10:00 am and noon.

#### Foot Care Clinics

Every Thursday  
1:00 - 4:00 pm  
Cost is \$24 per person, payable to the nurse. Call the Centre for an appointment.

#### Visit Vietnam, Chicago & New Orleans

Tuesday, April 17 at 7:00 pm  
Join traveler John Swatridge for an entertaining presentation. Please call the Centre to register for this free event.

#### Tips, Facts & Myths and Financial Support Information for Dental Care

Wednesday, April 18 at 12:30 pm  
Presented by Ellen Ross, Health Promoter, Dental Health Services & Older Adults, Halton Region. Please call the Centre to register for this free event.

#### Annual Bridge Luncheon & Silent Auction

Thursday, April 19 at 11:30 am  
Join us for an afternoon of bridge, prizes and a delicious lunch. Tickets are \$7 each, available at the Centre.

#### Volunteer Appreciation

Thursday, April 26 at 12:00 pm  
In recognition of National Volunteer Week, Centre volunteers will be receiving an invitation to attend a special appreciation event.

### Movies at the Centre

#### Thursday Afternoon Movies at 1:30 pm

Apr 5 Hollywoodland  
Apr 12 Flags of our Fathers  
Apr 19 The Departed  
Apr 26 Casino Royale

#### Friday Night Movies at 7:00 pm

Apr 6 Centre Closed  
Apr 13 Casino Royale  
Apr 20 Half Nelson  
Apr 27 Da Vinci Code

\$2.00 including refreshments

### Drop-in Programs

Here are just some of the drop-in programs offered at the Centre. All programs are held at the Centre unless otherwise indicated.

#### Evening Euchre

April 3, 11 and 17 at 7:30 pm  
\$2.50

#### Evening Bid-Euchre

April 10 and 24 at 7:30 pm  
\$2.50

#### Bid Euchre

Mondays and Thursdays at 1:30 pm  
\$2 for members; \$4 for non-members

#### Euchre

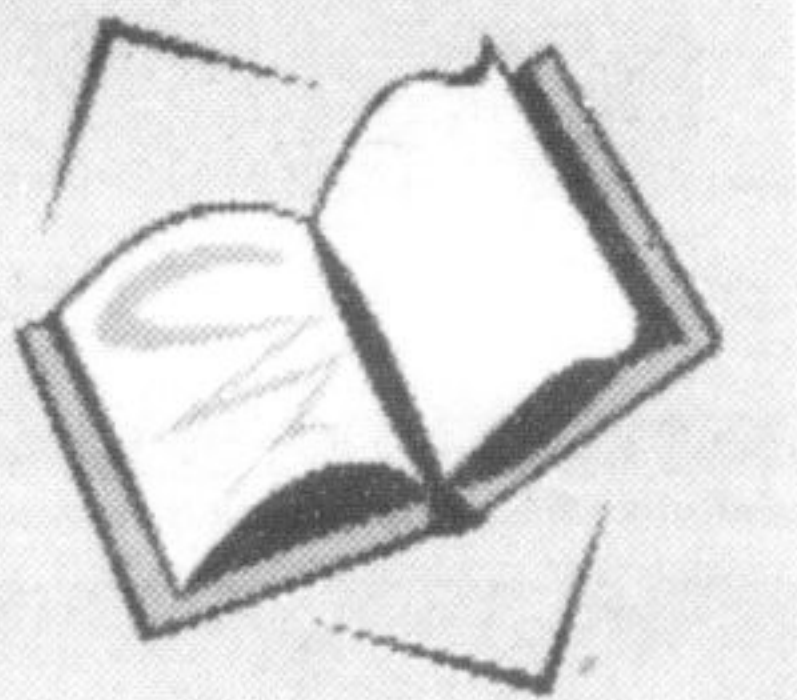
Fridays at 1:30 pm  
\$2.50 for members; \$4.50 for non-members

#### Contract Bridge

Wednesdays at 9:30 am  
Thursdays at 1:30 pm  
Fridays at 10:00 am  
\$2 for members; \$4 for non-members

#### Book Club

Second Thursday of the month at 11:00 am  
\$2 for members;  
\$4 for non-members



#### Cyber Café

Mondays and Fridays 1:00 - 3:00 pm  
Experienced volunteers available for assistance.  
\$2 for members; \$4 for non-members

#### Downsizers Weight Loss Club

Tuesdays at 10:00 am  
Focus on healthy eating, exercise habits and losing weight safely in a supportive setting.  
\$2 for members; \$4 for non-members

#### Kitchen Band

Tuesdays at 9:00 am  
Create entertaining music while having fun! Experienced or not, all musicians are welcome.  
\$2 for members; \$4 for non-members

#### At Lions Club Hall in Campbellville (\$2.50):

#### Evening Euchre

Friday, April 13 and 27 at 7:30 pm

#### Evening Bid-euchre

Friday, April 6 and 20 at 7:30 pm

**Register now for spring and summer programs!**

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