

# Dateline

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and \$5 for non-members. For details, visit [www.milton.ca](http://www.milton.ca). To register, call Tracy Hasselfeldt at (905) 878-7946, ext. 2706.

Healthy Halton Coalition and Pesticide Alternatives for Milton (PAM) meets at 1:30 p.m. For location and more information, call (905) 878-0995.

The Halton Agricultural Society holds euchre at 7:30 p.m. in hall number one at the Milton Fair Grounds, featuring

door prizes and refreshments.

The Deck youth centre, 200 Main St. (rear entrance), invites students in grades 6 to 8 to drop by between 3:30 and 6:15 p.m. to play a game of pool or just hang out. High school students are invited between 7 and 10 p.m.

The Fine Arts Society of Milton's Evening Group of Artists meets from 7 to 10 p.m. The informal environment provides artists with an opportunity to exercise their drawing skills. For further information, contact Janis at (905)

854-5753.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 7 to 9 p.m. For more information or to make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

Halton Healthcare Services presents a seminar entitled 'Your Child's Bedwetting Problem' at 7:30 p.m. in the classroom at Milton District Hospital. For more information or to reserve a seat, call (905) 338-4379.

## Health & Tranquility

### The Butt Stops Here!

is a 16 year-old Oakville company, owned and operated by Shirley Tilden. Today, it is dedicated to helping YOU Become The Master of your Own Master Mind, in one hour, Guaranteed!

#### Smoking Cessation

- Hypnosis makes it easy! Client's say:

"I was a very heavy smoker for over 30 years. After listening to the CD at home and then attending my one hour session, my whole body felt relaxed and I have no desire or wish to ever smoke again. Well Worth the investment!" -JG

"I was able to 'see'... before it was described" - JB

"I am now a non-smoker! I truly believe that with the help of hypnotherapy, I have done it - a non smoker till the day I die" - JF

"You feel relaxed and aware - feel great afterwards" - PJ

"Very calming, relaxed. Feels Good" - PP

"It was easy and quick and it works" - DB

"Free At Last" - KK

"I am now a non-smoker! My consultant, Shirley Tilden, took time to listen and help me to become smoke free. Without her personal warmth and genuine concern, I don't think it would have been as easy to finally stop smoking. I recommend this method to anyone."

**Weight Control** - clients wanted! As of April 1, 2007, The Butt Stops Here! will be providing Hypnosis for Weight Control. Do you want a miracle, of sorts, to ensure your success? One of my Smoking Cessation clients came to me after hearing I performed miracles. Wouldn't that be nice! The truth is that my clients perform their own miracles. I simply work with them to ensure they get their desired outcome.

**Stress Relief** - Both smoking and excessive weight gain drain your energy and responsiveness to stress - oftentimes causing distress. My background in Stress Mastery as well as Hypnosis and Neuro-linguistic Programming (NLP) help me to understand your needs, desires and potential road-blocks. Take control of your life NOW - become a non-smoker. Wait no longer to get your body to it's preferred size.

**THE BUTT STOPS HERE! 1-877-767-0973**  
Oakville, Burlington, Milton



Become the Master of your Mastermind - in one hour - Guaranteed

[www.thebuttstopshere.ca](http://www.thebuttstopshere.ca)

Strategic Alliance Canada Inc. o/a

**THE BUTT STOPS HERE!**  
Hypnosis Makes It Easy!

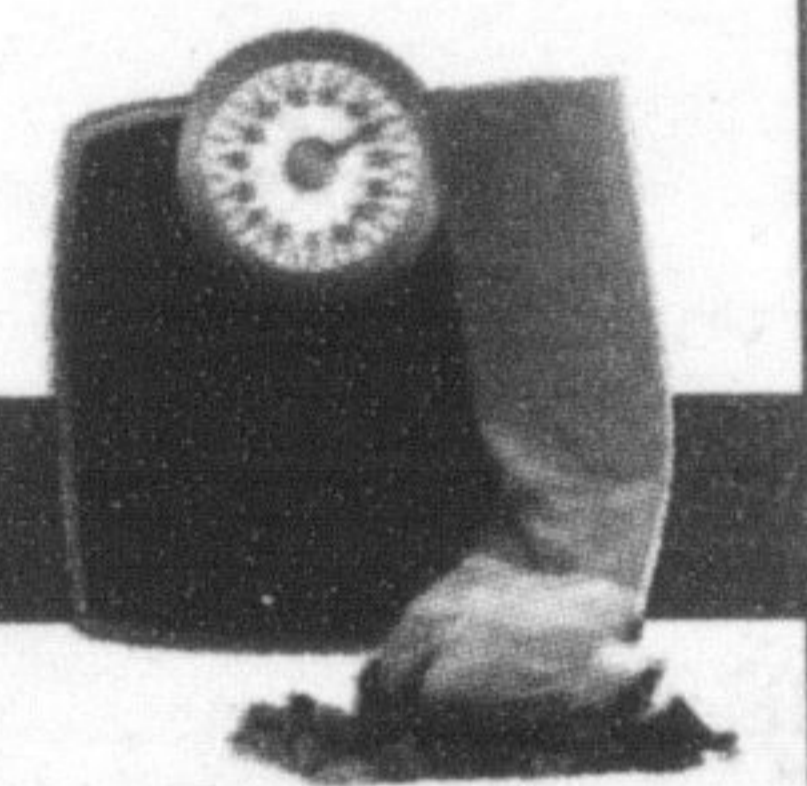
- Smoking Cessation
- Weight Control
- Stress Relief

**Shirley Tilden**

Hypnotherapy Specialist

905-618-0038

Toll Free: 1-877-767-0973



## HEAR PLEASURE SALON & SPA

Formerly Heady's Haircutting Parlour

Shear Pleasure Salon & Spa, featuring Vince Bruzzese and his staff, invite you to join us to celebrate the Official Grand Opening of our newly renovated location. Come in and find out what's new, book an appointment and enjoy this luxurious experience. **YOUR PLEASURE IS OURS.**

### OFFICIAL GRAND OPENING

Date: March 25, 2007 Time: 1-5pm

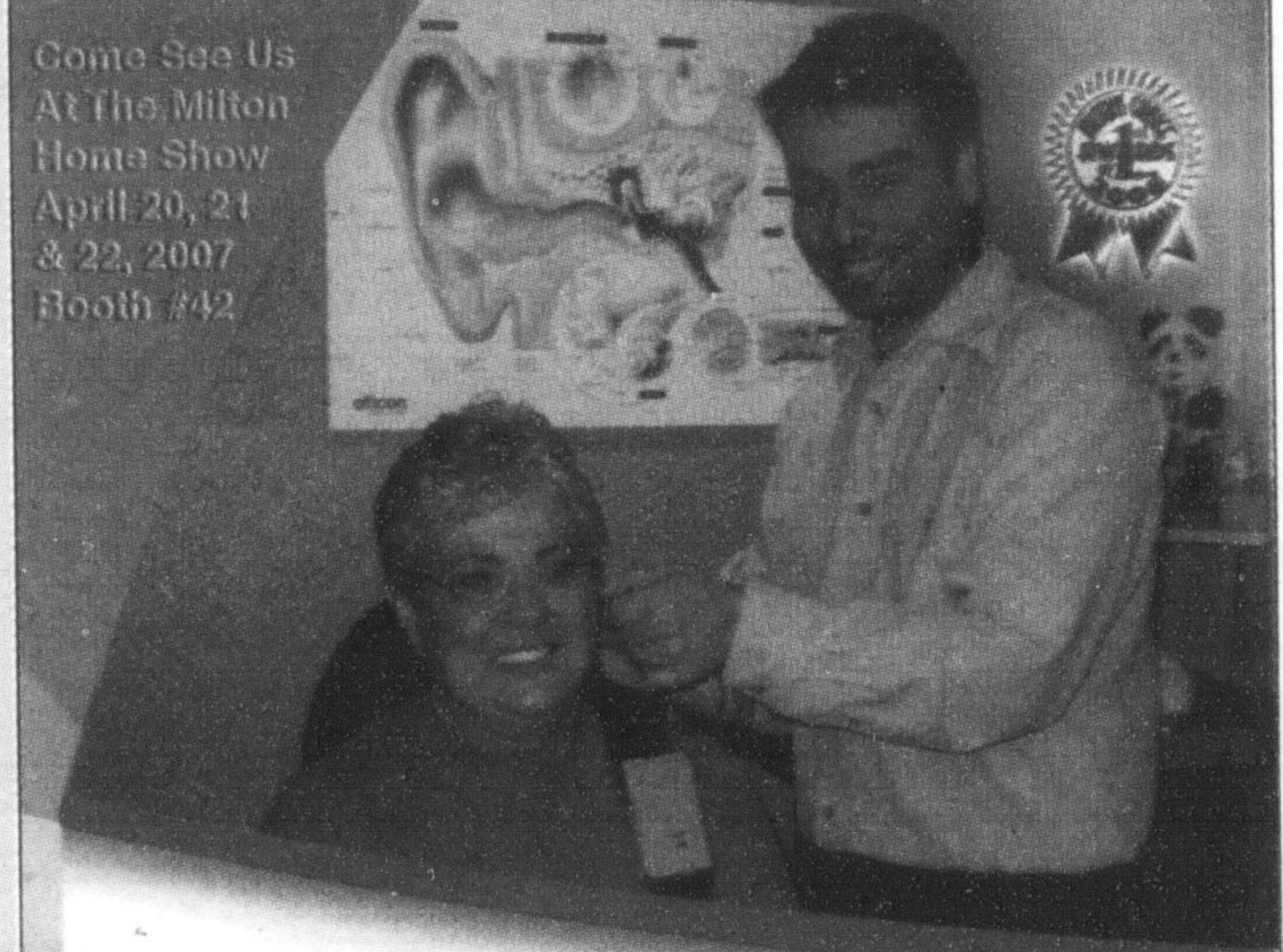
- Demonstrations
- Draws
- Official Grand Opening Special manicure, spa pedicure, collagen eye contour treatment for \$110.000

Haircuts/Styling • Hair Extensions • Manicures • Pedicures  
Make-up • Waxing • Threading • Tinting • Facials • Laser Hair Removal • Registered & Therapeutic Massages and much more

Visit us at MILTON MALL • 55 Ontario St. South  
Call **905.878.5751** for an appointment

Present this ad to receive **\$5.00 off** any spa services at Shear Pleasure Salon & Spa

Come See Us  
At the Milton  
Home Show  
April 20, 21  
& 22, 2007  
Booth #42



### Improving your quality of life.

#### Hear More.

- Hearing Testing
- Hearing Aids (prescription and fittings and lifetime service)
- FM Systems and Assistive Listening Devices
- Custom ear protection
- Counseling and Aural Rehabilitation
- WSIB, DVA, ADP Authorized Dispensary
- Auditory Processing Testing

#### Say More.

- Speech and Language Assessment
- Individual and Group Therapy
- Articulation/Speech Sounds
- Language Development
- Auditory-Verbal Therapy
- Stuttering
- Voice Therapy
- Autism/PDD
- Oral Motor Skills and Apraxia
- Child and Parent Workshops

We are a speech and hearing healthcare centre dedicated to our clients and improving their quality of life. We have over 10 years of experience in the fields of Speech-Language Pathology and Audiology. Now serving Milton in our 2nd year.



311 Commercial St., Suite 109, Milton

Tel: (905) 875-3345  
[www.hearsay.ca](http://www.hearsay.ca)

### BabySteps101

achieving milestones one step at a time

REGISTER FOR SPRING SESSIONS NOW!

#### PRENATAL CLASSES & MORE

- Certified Childbirth Educator
- Classes for multiples
- Breastfeeding seminars
- Infant & Child First Aid & CPR
- Small groups or private lessons
- Newborn care workshops

#### APRIL SESSIONS

Prenatal Education 101: So You're Havin' a Baby  
May 3 to June 7, 7:00 to 9:00 p.m.

Express Prenatal Education 101: So You're Havin' a Baby  
April 15 & 22, 9:00 to 4:00 p.m.

Canadian Red Cross:

Emergency Child Care First Aid & CPR

April 14th 8:30-4:30pm

For registration or information visit:

[www.babysteps101.com](http://www.babysteps101.com)