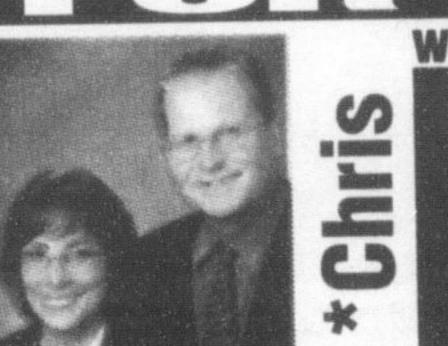


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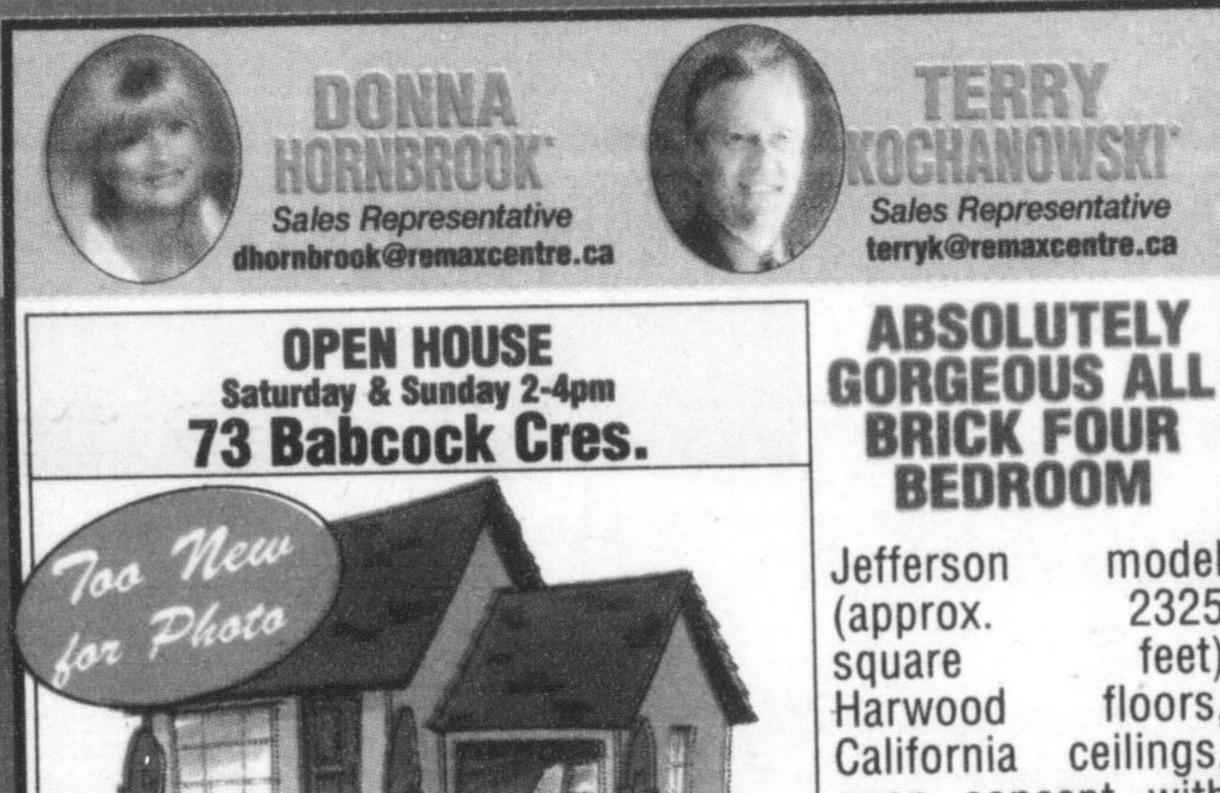




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## Info on children, vouth services available on-line

Local residents can now access an information database on services relevant to families with children and youth up to 18 years old.

The Community Services Inventory (CSI), recently released by the Our Kids Network, streamlines searches for users and increases the ease with which individuals can retrieve information about services.

"The Community Services Inventory database is an innovative and valuable resource that will provide Halton residents with credible, relevant and easily-accessible information to help support the needs of their children," said Halton Regional Chair Gary Carr.

The Our Kids Network partnered with the Ontario Early Years Centres and the Halton Information Providers (HIP) to produce a customized view of the information records that only contain services relevant to families with children and youth aged 0 to 18.

The CSI customized view can be accessed from the Our Kids Network's website, www.ourkidsnetwork.ca.

Our Kids Network is a multidisciplinary coalition of service providers working to ensure that all children thrive in Halton. Partners include the Region, Halton Regional Police Services, Halton district and Catholic school boards, Children's Aid Society of Halton, Halton Child and Youth Services and Transitions for Youth.

## Town holding seminars for Nutrition Month

The Town is presenting a variety of seminars on healthy eating during March at the Milton Leisure Centre to mark Nutrition Month.

The first session, which will take place Thursday at 10:30 a.m., will look at the difference between good and bad fats.

A workshop on reading food labels will be held March 19 at 7 p.m. and March 22 at 10:30 a.m. Then, the final session on iron for women is scheduled for March 26 at 7 p.m. and March 29 at 10:30 a.m.

The workshops are free for Milton Leisure Centre members and \$5 for non-members. To register for a session or to obtain more information contact Tracy Hasselfeldt at (905) 878-7946, ext. 2706 or send an e-mail to tracy.hasselfeldt@milton.ca.

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