

## Town program sign-up now

While the warm weather isn't here yet, local residents can now sign up for the Town's spring and summer programs.

Several new programs are on the bill this season, like Cardiac Rehab Maintenance and Pumping Iron for adults and Clay Creations and Strengthen and Stretch for seniors.

The many popular children and youth camps are returning, such as Teen Action, sports and theatre, as well as the Putt Fore Fund golf program.

Mom and baby classes are continuing as well, including Mom 'n' Baby Yoga, Post-natal Fitness and Take a Dip with Diaper Fit.

Registration can be done on-line at

www.milton.ca or by phone at (905) 875-5400. Registration can also be completed in person during regular operating hours at the Milton Leisure Centre, Sports Centre, Seniors' Activity Centre and Town Hall Annex 555 at 555 Industrial Dr.

Details on mail and fax-in registration, as well as additional program details and information on community groups and organizations, can be found in the Spring and Summer 2007 Community Services Guide, which is available at Town facilities and on the aforementioned Web site.

For more information e-mail recreation@milton.ca or call (905) 878-7252, ext. 2189.

## Ride the bus two-for-one next week

The Town is encouraging students to ride the bus next week and take advantage of Milton Transit's two-for-one March Break special.

From Monday to Friday, local youth who show their student ID card will be able to bring along a friend or sibling

and pay a two-for-one transit fare.

The promotion is part of a series of initiatives that will run all year long to encourage residents to use Milton Transit. The Town reports that transit use is growing, with an increase of more than 20 per

cent in ridership in 2006 compared to the previous year and more than 8,700 passengers in the first month of 2007.

For details on the March Break special or more information on Milton Transit service visit [www.milton.ca](http://www.milton.ca) or call (905) 815-2020.

## Help available for those who have suffered abuse

Survivors of violence and sexual abuse are invited to reach out and grab hold of the help that's available.

Sexual Assault and Violence Intervention Services of Halton (SAVIS) provides free, confidential support 24 hours a day.

SAVIS offers one-to-one counselling for

women; information on the legal system, community resources and coping strategies; two weekly drop-in sessions (in Oakville and Burlington) and a 24-hour crisis line.

Calls are confidential, and SAVIS doesn't document visits or trace crisis line calls.

SAVIS can be reached at (905) 875-1555.



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**Hurry, offer ends March 31, 2007.**



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Offer ends March 31, 2007. Available with compatible devices, within Bell Mobility digital core network and/or high speed mobile network coverage areas where technology permits. Data features available in addition to any Bell Mobility plan (excluding Business plans). Each plan (minutes or volume) is invoiced on a monthly basis and minutes for voice calls apply to airtime; long distance and roaming charges (including foreign taxes) are extra outside of your calling area. Other fees such as, on a monthly basis, e9-1-1 (75¢/month), and system access which is not a government fee (\$8.95/month), and one-time activation (\$35) apply. Early termination fees apply. Subject to change without notice and cannot be combined with any other offer. Taxes extra. Other conditions apply. (1) Applies to airtime for calls to and from Bell mobile, residential and/or business phones; long distance charges extra. Available in Ontario and Quebec for residential and business phones calling and available in BC, Alberta, Ontario and Quebec for mobile phones calling. Available on a min. 1-yr contract on a Bell to Bell Calling plan or with the addition of Bell to Bell Calling add-on to select \$20 to \$35/month plans. A one-time Bell to Bell Calling charge of \$35 applies to current Bell Mobility clients.