# SOMMO

# Programmable thermostat allows complete control of temperature in each room

ne responsibility that should be added to the job descrip-tion for today's homeowner is that of energy manager, since effective use of energy can translate into substantial savings for households.

Among the many products allowing people to control their energy consumption are baseboard heaters, which supply heat individually to each room in a home. They are ideal for 'zone heating'; that is, heating occupied rooms while allowing unoccupied ones to remain cooler.

For even greater effectiveness, a programmable thermostat should be added to the mix. Homeowners gain complete control of the temperature in each room - and hence the electricity consumption by the baseboard heater - at all times, whether they are in the room or not.

If properly programmed, the thermostats can pay for themselves in energy savings well within their first year. This translates

into substantial savings in subsequent years. With prices for programmable baseboard thermostats ranging from \$30 to \$200, the potential energy savings are high.

"Consumers should have programmable thermostats for any kind of heat source in

the home," said Stacey Hare, a marketing expert with Selectpower, the retail affiliate of Guelph Hydro.

"Heating our houses and our water accounts for about 80 per cent of our energy use, with appliances, lights and so on consuming the rest," Hare added. "So a programmable baseboard heater thermostat can make a substantial difference on your bill."

"I estimate it can save \$200 to \$300 on energy costs a year. They easily pay for themselves."

While the cost and energy saving advan-

# How baseboard heater programmable thermostats work

Baseboard heaters use a process called electric resistance to heat a room. The electric cables inside the heater warm the air that passes through it. As this warm air rises out the top of the heater, it pulls colder air into the bottom. This cycle continues until the air entering the heater reaches the temperature specified by the thermostat.

While all methods of electric heating are controlled through some type of thermostat, it is most effective to use a remote line-voltage or low-voltage thermostat installed on an interior wall. Both of these models of thermostat are available in programmable versions, which allows the homeowner to automatically set back the temperature at night or while they're away.

tages of a programmable baseboard heater thermostat are clear, homeowners need to remember that the cooler parts of the home still need to be heated to well above freezing to avoid freezing pipes.

Baseboard heaters are suitable for people

energy use...," Hare added.

baseboard heater thermostat

adding rooms to their "Heating our houses and homes through renovaour water accounts for tions, looking for ways to about 80 per cent of our or looking to supplement their central heating. They are ideally installed "So a programmable beneath windows, where the heater's rising warm air counters falling cool can make a substantial air from the cold window difference on your bill." glass. Baseboard heaters interior walls because

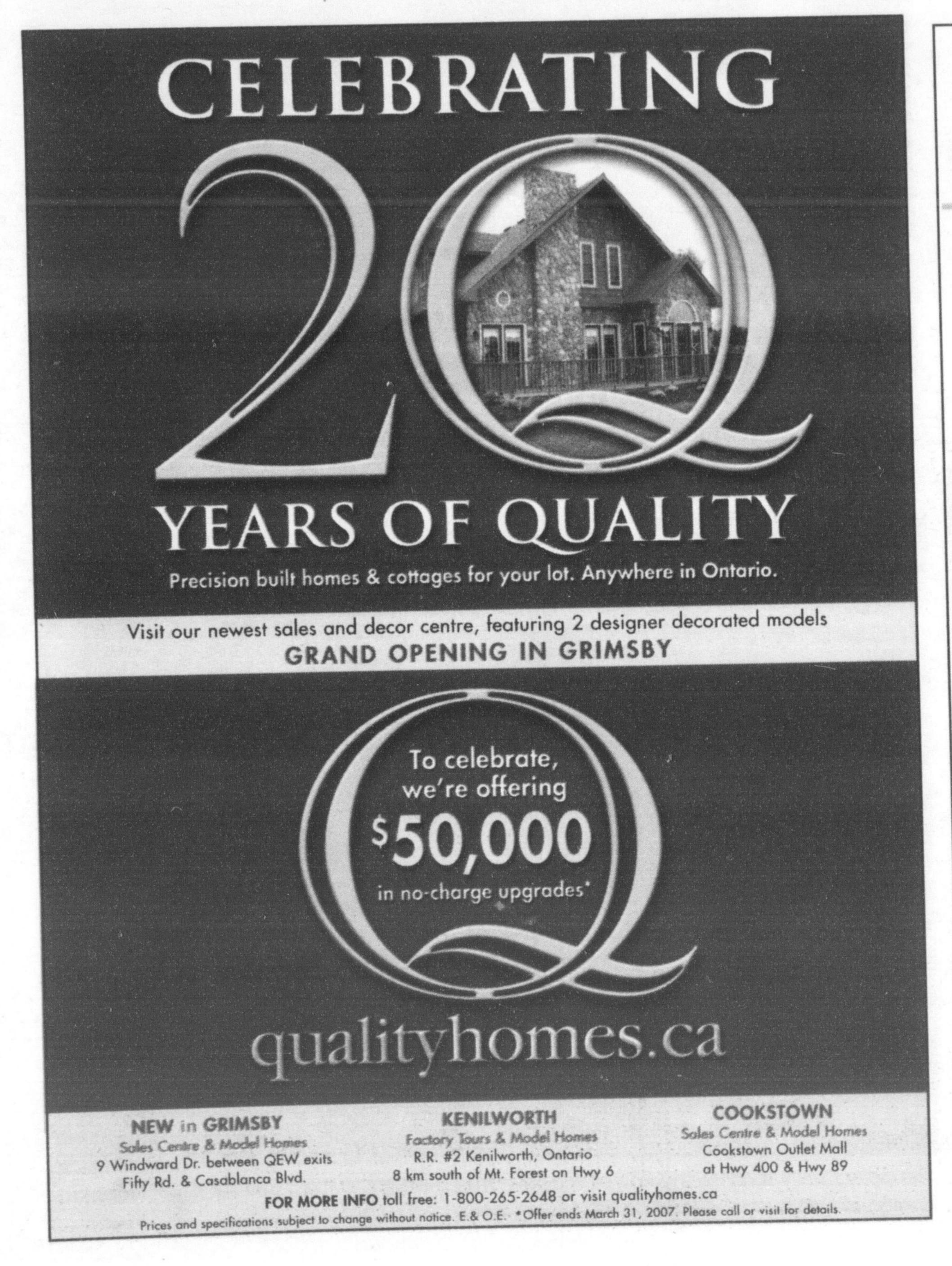
standard heating practice is to supply heat at the home's perimeter, where the greatest

heat loss occurs. Aside from their energy management advantages, other benefits of baseboard

heaters - especially those with a programmable thermostat - are that they require little space, no ductwork and the initial cost is relatively low. As well, the units are easily installed in almost any kind of space. Since there are no moving parts, baseboard heaters are essentially maintenance-free.

Programmable thermostats are currently being promoted by The Conservation Bureau through the "Every Kilowatt Counts" campaign. All residents of Ontario are being offered money-saving coupons to reduce the cost of purchasing motion sensors and other energy efficiency products. These coupons are redeemable at most major retailers in the province, with more than 3000 stores accepting them.

The campaign is part of a concerted effort by the Government of Ontario to encourage all Ontarians to conserve energy and ease pressure on energy supply. The Conservation Bureau, which is part of the Ontario Power Authority, was established in 2005 to develop, coordinate and promote energy conservation programs.



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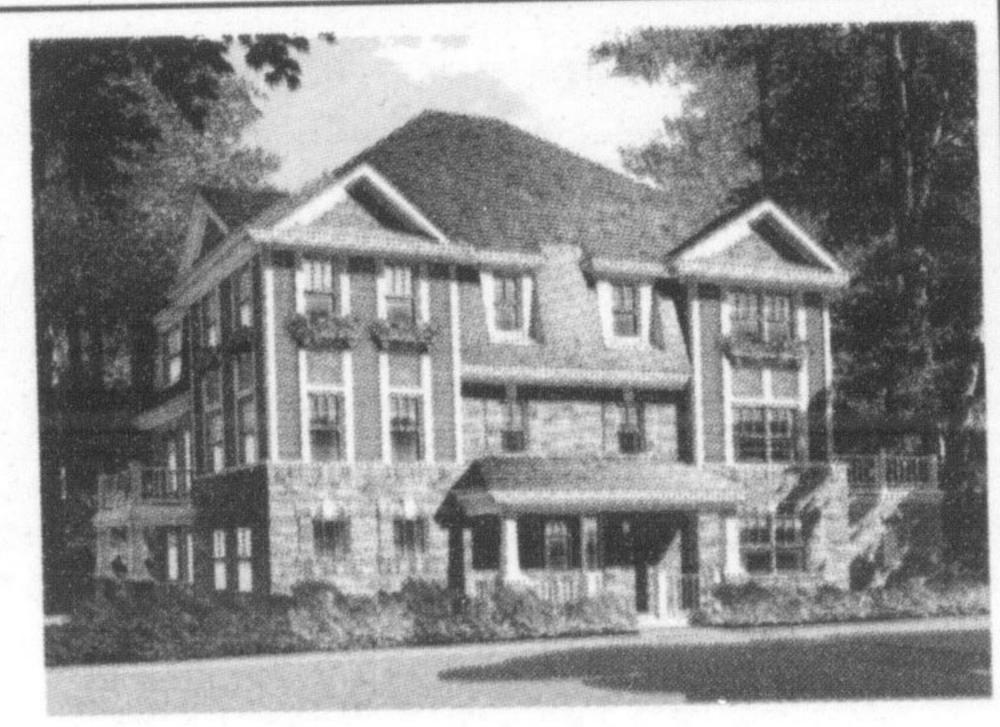
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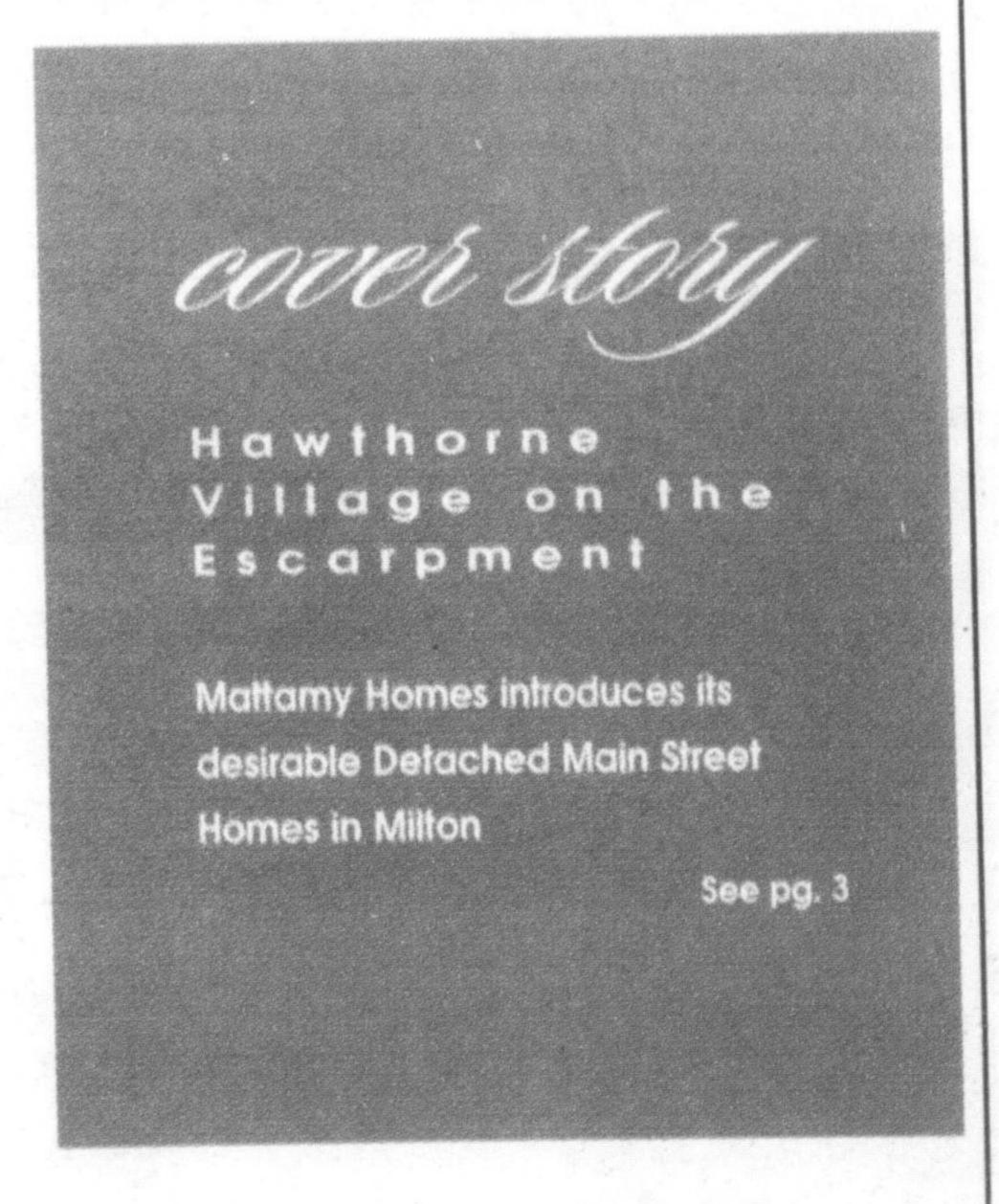
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