No rest for IceHawks: coach

The IceHawks are in the middle of a two-week holiday break - but only from competition.

"This team seems to be in training camp shape right now," said recently-hired head coach Randy Novak, following last Friday's 4-3 loss to Georgetown, which pushed the IceHawks' losing streak to eight games and dropped them to 8-25-4-1. "We've got some extra ice time over the holidays and are going to work on that. We've got to get these guys in better condition for the playoffs."

While improving overall stamina is a primary focus these days, the rebuilding club's discipline is high on the list of con-

cerns as well. The IceHawks have given up 15 powerplay goals in their last five games, including six in a winnable weekend series with the Mississauga Chargers, who moved past them for seventh place with the sweep.

"Discipline has been a big part of this team's downfall," Novak stressed. "We're taking penalties and making mistakes at crucial points in the game and teams are capitalizing on them."

Case in point was last Friday, when Milton took back-to-back cross checking minors in the former IceHawk Adam DeJong minutes left to play.

scoring a somewhat fluky goahead goal with 1:04 remaining.

The powerplay deposit number three on the night for the Raiders — marred what was otherwise one of the better performances delivered by the IceHawks in recent weeks.

Said Novak, "The effort was there, but the players need to do a better job knowing their roles in all three zones."

One of a handful of ex-Brampton Capitals now playing once again for Novak, defenceman Kevin Quincey put Milton in position to snap their losing final five minutes of play and skid with his second goal of the got burned on the latter — with night with seven-and-a-half



Turner great team player, says coach

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education also weighed into Turner's decision, as did her future teammates. Knowing she'd be spending many hours with her teammates she wanted to play with a group whose company she enjoyed. Wyant said the Milton District High School grad has been a good fit for the team.

"She's a social kid who the others want to be around," he said. "It's still an individual sport but in a team setting, and she's a big team player. A lot of her teammates have become her best friends."

That group includes her former junior rival Britt Hebden, who squared off many times against Turner in the Canadian and U.S. Junior Opens. Playing in a team environment has pushed Turner to improve her game.

"I was always one in junior to not train as way Turner likes it.

much as I should have," said Turner, who finished her freshman season ranked 14th in the country. "Playing for a team, for me, gives me more incentive. You're winning for other people, not just for yourself."

A second-team All-American in her freshman year, Turner said Wyant has helped her improve her backhand technique as well as her overall fitness. Wyant said Turner is technically sound but added that, "there's still a lot of room for her to grow. Tactically, she can still use her athleticism more to put pressure on her opponents."

He said Turner usually plays her best squash in January and February, which is when the Quakers will need her most if they're to win a national title.

That's when the pressure will be on. Just the

