

Living Healthy

A series of **FREE** public education seminars presented by



Halton Healthcare

When Does Menopause End?

Thursday, November 30th, 2006

6:30 pm: Displays and Refreshments

7:00 pm: Presentation by Dr. Sleem Feroze, Obstetrician & Gynecologist

Southside Community Church, Milton
2850 Derry Road East, (beside Milton District Hospital)

**For More Information And
To Reserve Your Seat Today!**

905-338-4379

Presented in partnership with:



Women's
Health Alliance
of Halton



Supported by an
educational grant from:



With special appreciation to:
Milton District Hospital Foundation

Dateline

• from **DATELINE** on page B15

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its 99-Cent Breakfast from 9 a.m. to noon. Call to reserve a spot. Duplicate bridge takes place at 9:30 a.m., and its Cyber Café is from 1 to 3:30 p.m. Bid euchre starts at 1:30 p.m. The cost for each activity is \$2 for members and \$4 for non-members. For more information, call (905) 875-1681.

Tuesday Nov. 28

The Milton Community Policing Committee meets at 7 p.m. in the community room at the Milton police station, 490 Childs Dr. For more information, call Sandy Martin at (905) 878-0581 or Sgt. Kevin Maher at (905) 825-4747, ext. 4901, or visit www.haltonpolicingcommittees.on.ca. New members are welcome.

The Milton Al-Anon group meets at 8 p.m. at St. Paul's United Church, 123 Main St. E., for family and friends of alcoholics.

Calling New Parents, a free drop-in program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the new Ontario Early

Years Centre at 410 Bronte St. from 1:30 to 3:30 p.m. For more information, call (905) 825-6000, ext. 7299.

St. Paul's United Church, 123 Main St. S., holds its Parent's Morning Out from 9:30 to 11 a.m. For more information, call (905) 878-1286.

Help for Parents, a Halton parent support group, meets in the evening in the basement of the church at 5720 New St. in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of the Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit www.apsgo.ca.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

Big Brothers Big Sisters of Halton holds a volunteer information session at 7:30 p.m. at 410 Bronte St. S. The agency is particularly looking for in-

school mentors. Volunteer for as little as one hour each week. For more information, call (905) 878-8840 or e-mail northhalton@bbshalton.ca.

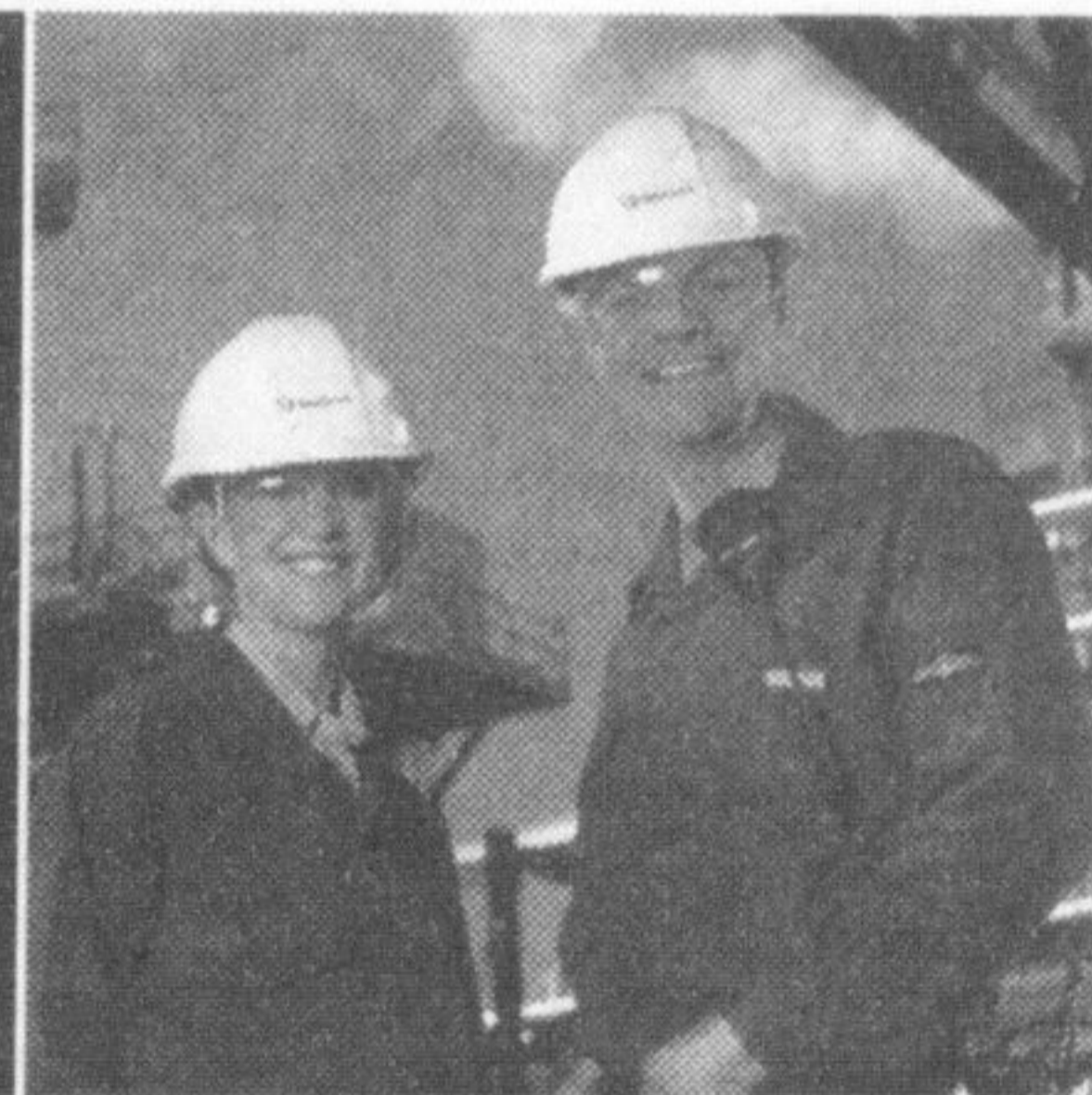
The Halton Women's Centre, suite 229 in Hopedale Mall, 1515 Rebecca St. in Oakville, holds its free Employment Network from 9:30 to 11:30 a.m. for unemployed women to learn skills including resumé-writing and interview skills. For more information, call (905) 847-5520 or visit www.halton-womenscentre.org.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its Kitchen Band at 9 a.m. and its Downsizers Weight Loss Club at 10 a.m. The cost for each activity is \$2 for members and \$4 for non-members. For more information, call (905) 875-1681.

The Centre for Skills Development and Training holds an information session about its free, five-day program for unemployed adults. The session takes place from 9:30 a.m. to noon at 550 Ontario St. S., suite 203. For more information, call (905) 333-3499, ext. 103 or visit www.thecentre.on.ca.

• see more **DATELINE** on page B17

**We're excited to
be part of your
community!**



The Ontario Power Authority (OPA) has awarded TransCanada Corporation a contract to own and operate a 683 megawatt (MW) natural gas-fired generating facility in the Town of Halton Hills, Ontario. The facility will have the capacity to generate enough power for approximately 600,000 homes. The Halton Hills Generating Station (HHGS) is anticipated to be in service by the summer of 2010.

TransCanada has been an active participant in the Ontario power market for more than 15 years and we are committed to the Ontario power business for the long-term.

The HHGS will be located on undeveloped industrial lands in the 401 industrial corridor between Highway 401 and Steeles Avenue west of 6th Line. The generating facility will use state-of-the-art low emissions technology and be built to meet or exceed Ontario Ministry of the Environment standards.

TransCanada is committed to being a good neighbour. Over the last few months we have undertaken extensive consultation with local stakeholders and we remain committed to communicating openly with our stakeholders throughout the design, construction and operation of our facilities.

Should you have any questions or require further information, please contact:

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Hours: Friday 1-8
Saturday 10-6
Sunday 10-5
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