

GALLINGER  **PRE-OWNED**
Value and Trust since 1967

<p>2005 FORD FOCUS ZX3</p>  <p>Auto, air, tinted windows, yellow only 25,300 kms. St#2535A.</p>	<p>2003 FOCUS SE WAGON</p>  <p>auto, air, pwr locks, factory warr., 28,600 km St#2597A</p>
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\$171* BI-WEEKLY[†] 60 MONTHS

FOCUS ON FOCUS 0 DOWN EVENT GST & PST INCLUDED!

\$132* BI-WEEKLY[†] 60 MONTHS

2005 FORD FOCUS SES
 auto, air, pwr window, pwr locks, many more
 16,400kms Stk#2610A

\$165* BI-WEEKLY[†] 60 MONTHS

BRIAN GOODWIN
 Proud to serve the Milton community for 13 years.

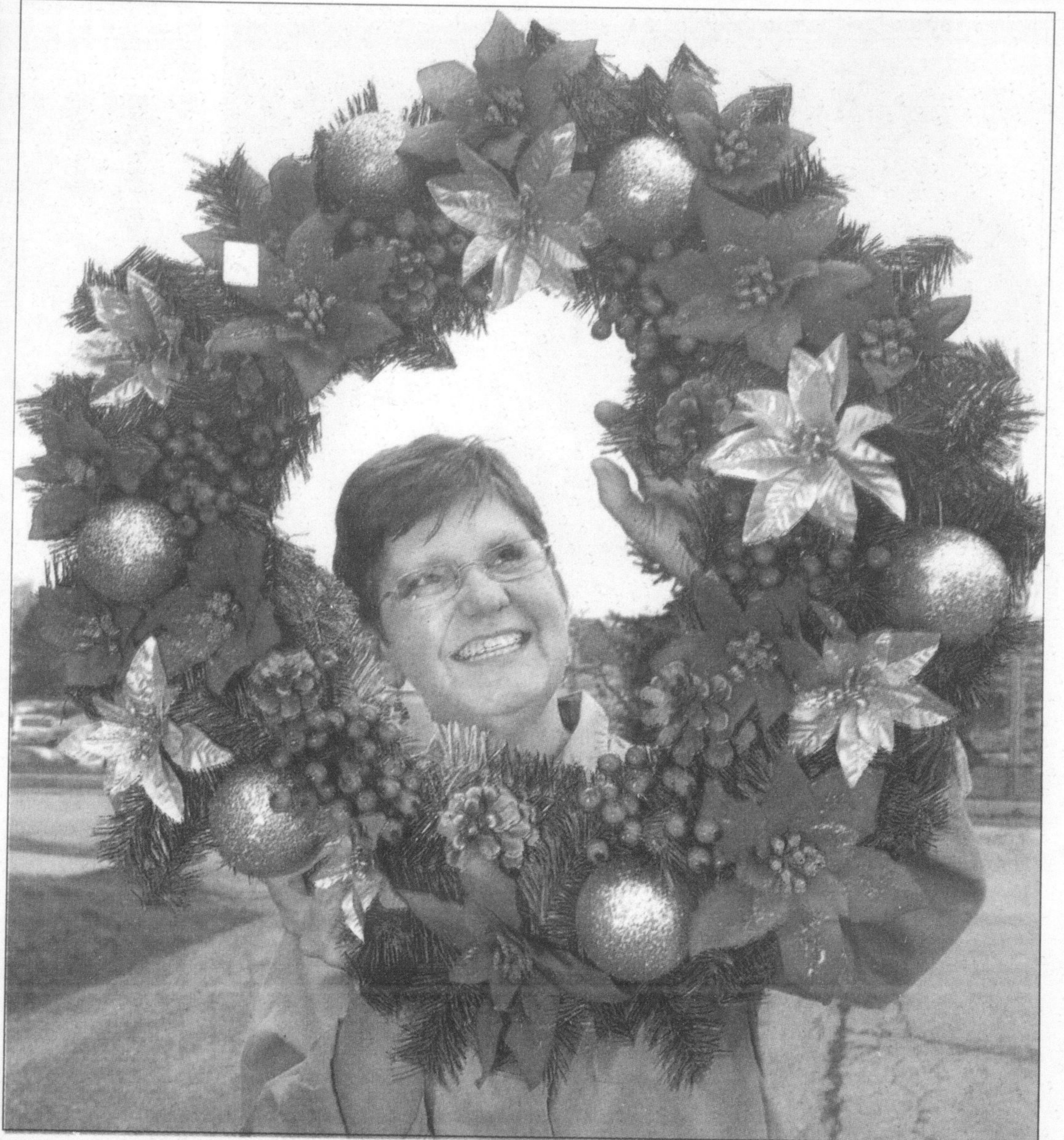
Brian's Pick Of The Week!

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'TIS THE SEASON: Zina Yaworski looks over a festive holiday wreath — one of many wreaths and holiday craft items made by Grace Anglican Church parishioners that were up for sale at the annual Yuletide Christmas Bazaar Saturday.

GRAHAM PAINE / CANADIAN CHAMPION

MATTAMY 

Find A Balance.

Mattamy Homes is proud to have launched a Green Initiative Program in Hawthorne Village.

Our 2 Green Initiative Demonstration Homes show how small but significant steps can help create a better balance between human needs and environmental needs. Please visit us over the next month to tour our homes and attend any of our enjoyable free seminars which will help assist you in leading a well balanced life.

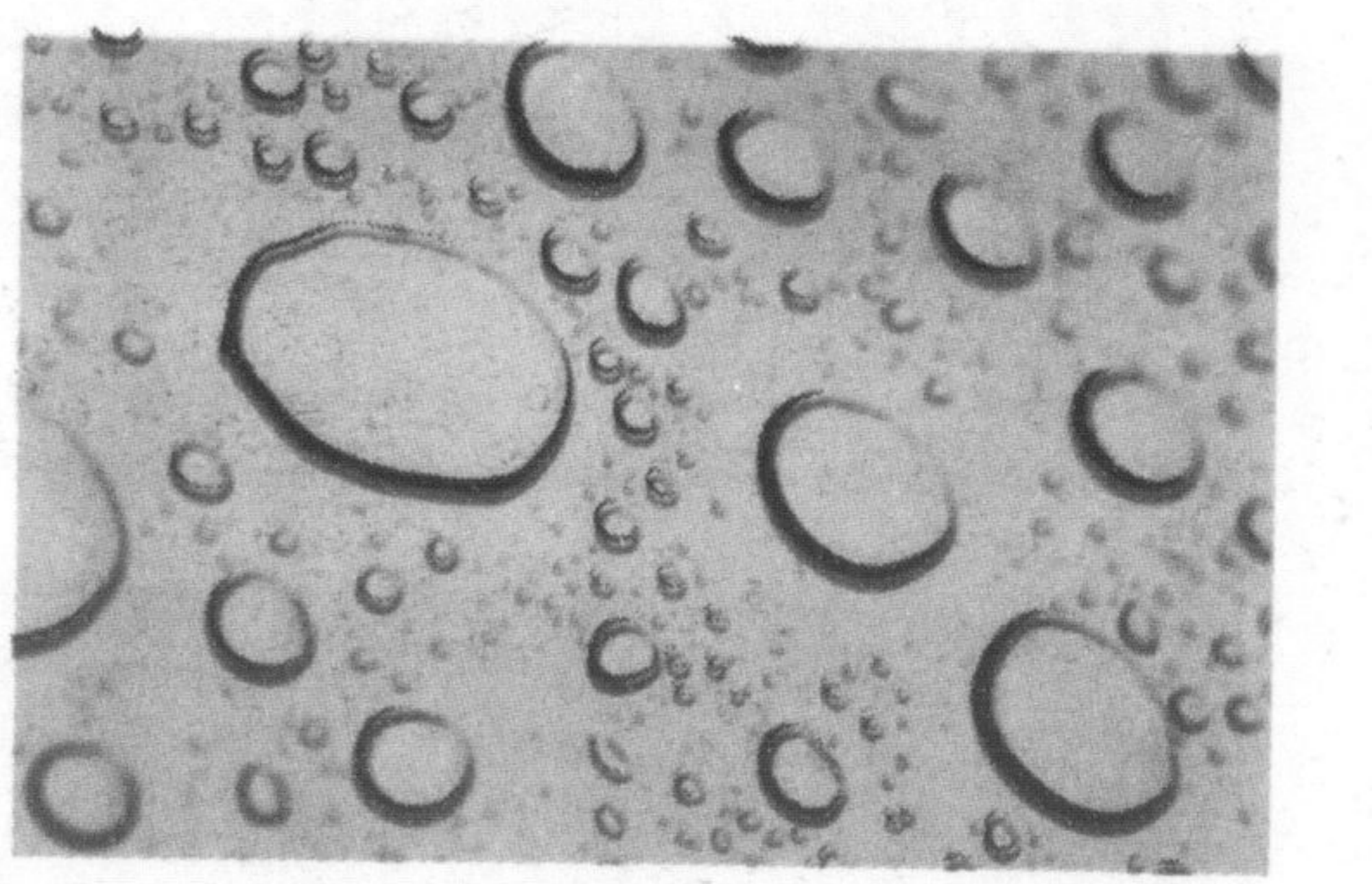
Balancing Your Life for the Holidays
 by Natalie Cheng-Kai-On, Naturopathic Doctor. The holidays are a time to gather with family and friends, enjoy special traditions, and take pleasure in small moments of happiness...so why are you so stressed? Learn how to prevent stress and the effects it has on your body in this one hour seminar. You will discover healthy ways to manage your time, wallet and belly during the holiday season. All attendees will receive their own Healthy Holiday Tips booklet!
 Wednesday, December 6th, (6:30 - 7:30pm)



Fun with Wee Play (ages 6 months-3 years)
 Hosted by Jennifer Galt and Maxine Stanley, Co-Founders. Come and play and explore the wonderful world of music. Make an instrument, dance, and learn a new song. Enhance your child's creativity & self-expression.
 Thursday, November 23rd, 2006 (6:30 - 7:30 pm)
 Thursday, December 14th, 2006 (6:30 - 7:30 pm)

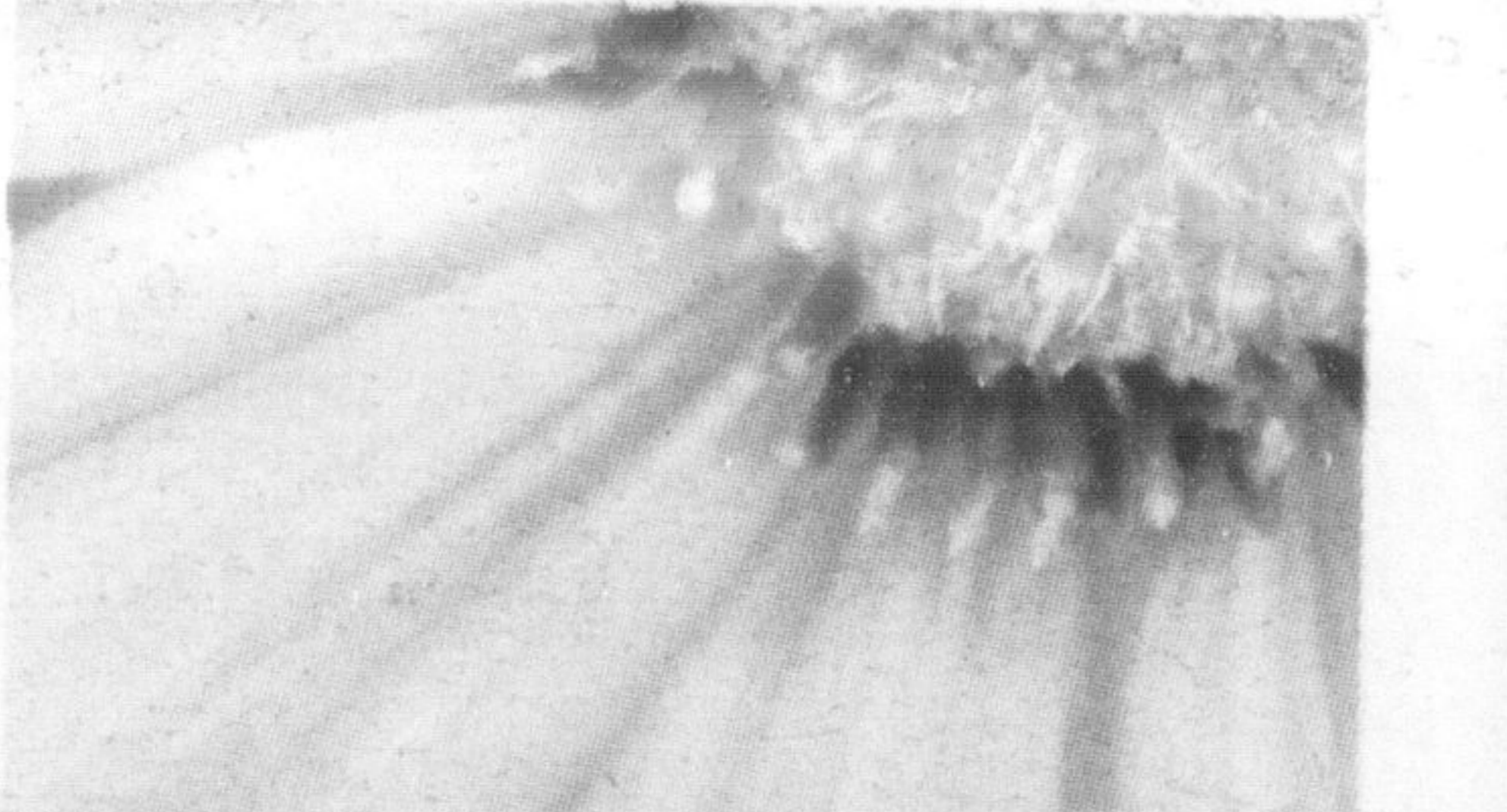
Colour Consultation by Color Your World
 Hosted by Julia Vertolli-Owner, and Lucy Rodrigues-Interior Designer. Drop in with your colour swatches, floor plans, tile/cabinet colours, bedding fabrics and ideas to ask the professionals for their free decorating advice. Sunday, December 3rd and Saturday, January 13th between 12-3pm

Salvation Army Food Drive - ONE DAY BLITZ!
 Bring in a non-perishable food item, and have your children join us for festive story time and a seasonal craft to take home. Hosted by M.C.R.C. Saturday, December 2nd, 2006 (1-2pm)



Holistically Healthy - Pilates/Yoga and Nutrition Demonstration Classes
 Hosted by Kristen Verschoor-Owens, RHN, RNCP, Registered Nutritionist.
 Tuesday, December 12th, 2006 (6:45 - 7:45 pm) - Regular Pilates.
 Tuesday, January 9th, 2007 (6:45 - 7:45 pm) - Regular Pilates.
 Tuesday, January 23rd, 2007 (6:45 - 7:45 pm) - Nutrition.
 Tuesday, February 13th, 2007 (6:45 - 7:45 pm) - Building Your Immunity.

Serenity Valley - Pilates/Yoga Demonstration Classes
 Hosted by Gina Faubert, Owner.
 Tuesday, November 28th, 2006 (6:45 - 7:45 pm) - Relaxation Workshop



Please contact the Green Initiative Demonstration Homes at (905) 876-8397 or green.initiative@mattamycorp.com to reserve your space for an event. Green Initiative Homes-621 Brothers Crescent, Millon-Just off Derry Road, West of Thompson Road