

Ask The Professionals

If you have any questions these professionals can answer, please write to:

"Ask The Professionals"
c/o The Canadian Champion
875 Main Street E.
Milton, Ontario L9T 3Z3
or Fax to: 878-4943



towne dental

FAMILY | COSMETIC | IMPLANTS | ORAL SURGERY

Dr. Mark Cross, Dr. Tony Wan,
Dr. Jamie Levitz ORAL SURGEON



Dr. Mark Cross
B.Sc., D.D.S.

905-876-1188
www.townedental.com

MON - THU
9AM - 8PM
FRI - SAT
9AM - 3PM

Dr. Tony Wan
B.Sc., D.D.S.

And now for a little trivia!

- The average human produces a quart of saliva a day. That's about 10,000 gallons in a lifetime.
- Most dolphins have 96 teeth and whales have more than 1000.
- Every person has a unique tongue print.
- In some countries, like China, most people eat such small quantities of sugar that entire cities are cavity-free.
- The earliest record of an actual toothpaste was in 1780 and included scrubbing the teeth with a formula containing burnt bread.
- In the 19th century, charcoal became very popular for teeth cleaning.
- Chewing gum while peeling onions will keep you from crying.
- The ability to roll your tongue in the shape of a tube is hereditary. Dr. Cross' 5 year old son, Nathan, will occasionally amuse his family with his ability to touch the tip of his nose with his tongue!
- During the chariot scene in "Ben Hur" a small red car can be seen in the distance (this has nothing to do with dentistry but we'd appreciate someone checking this for us).



TRAVEL CHOICE

✈️ 🏠 📞 📧

Travel Choice
16 Martin Street
Milton ON
L9T 2P9



Betty McGee
Travel Advisor

905-878-2886

Milton@travelchoice.ca

Dina Albazi
Travel Advisor

Do You Have Questions About Travel? If So, We Have The Answer!

Visit us Saturday October 28th, 2006

Milton Sports Centre

10am to 4pm

605 Santa Maria Blvd., Milton, Banquet Room

For our 3rd Annual

Travel The World Travel Show

Take some time to talk to over 20 of the Top Travel Suppliers in the Travel Industry and join in several free Travel Workshops.

Hourly Giveaways

and

A Chance to Win Fabulous Prizes

For More Information

Please call our office at 905-878-2886

Bring this ad in for an extra chance to win great prizes



John Cavan AMP
Mortgage Planner

MA Mortgage Architects

(905) 878-7213

14 Martin St., Milton
Head Office:
6505 Mississauga Rd.,
Mississauga, ON

Reach for the top: new boutique brokerage sets a new standard for mortgage expertise.

There was a time when prospective homebuyers went to a mortgage broker only as a last resort when they were turned down for financing with the banks. A mortgage broker was primarily known for connecting the credit-challenged homebuyer with some alternative funding - generally at a price.

It's been many years now, though, since the mortgage broker industry in Canada hit the mainstream, mirroring the success of mortgage brokering in the U.S. and the U.K. Over a third of new mortgages in Canada are now arranged through mortgage brokers, who have access to a huge range of lenders (over 50) - including almost all of the banks, trust companies, credit unions and innovative lenders with very attractive and specialized mortgages to meet almost every need.

It's hard to drive through a town of any size without spotting a mortgage broker storefront, where mortgage professionals can guide you through options you never knew existed. Their success has pushed the major banks to respond with more attractive mortgage options of their own.

And just as mortgage brokers have reached the mainstream, a whole new caliber of mortgage experts has begun to emerge. Early in 2006, top brokers recognized the opportunity to set an exceptionally high standard in their industry, by gathering together and creating a new firm.

This small, boutique-style brokerage - Mortgage Architects Inc. - is setting a high standard for mortgage expertise. To begin with, the mortgage planners who join have already achieved the highest professional standards, and are chosen for their reputation in their communities as well as for the breadth and depth of their expertise in the industry.

In addition to their individual qualifications, they offer a disciplined focus on mortgage planning, rather than a "rate-shopping" exercise and simple mortgage transaction. Today's market is very complex, with an overwhelming abundance of products and options, including interest-only mortgages, 35 to 40 year amortization periods, over 100% financing, a variety of stated income products for the self-employed, credit repair and debt consolidation, equity take out for renovations, not to mention five separate mortgage insurers.

Canadians today need an experienced mortgage planner who understands the intricacy of the marketplace and who can provide recommendations and a mortgage plan based on their needs and long-term goals. It makes sense; after all, the purchase of a home is probably the biggest financial transaction most of us will ever make. The right mortgage can save you thousands of dollars and a mortgage plan is really a blueprint to becoming mortgage free.

Like any other broker, the mortgage planners at Mortgage Architects are paid by the lender that is selected to fund the mortgage, and only after the mortgage closes. And because most mortgage planners build their businesses through customer referrals, ensuring that you have an excellent homebuying experience is critical to their long-term success.

Mortgage planning; it's a concept to consider.

John Cavan is a Mortgage Planner with Mortgage Architects.

www.stressfreemortgages.ca

Call today for great rates & fast friendly service



The College of
INTERNATIONAL HOLISTIC STUDIES

400 Main Street, Suite 206
Milton, Ontario L9T 1P9
905.864.8694

paul@cihs.ca • www.cihs.ca

Paul Henderson,
D.N.M., B.Sc., D.Ac., C.B.T.
Doctor of Natural Medicine

Q: What is Wholistic Psychotherapy?

A: Wholistic Psychotherapy is a method of treatment used to help understand and address the wellness of the whole person - body, mind, emotions, relationships and spirit. It focuses on building personal strengths, identifying blocks that are limiting full life actualization, helps one learn to deal with current issues (emotional or physical), and addresses resistance to change patterns.

It teaches the client skills to stay centered and focused (relaxation techniques, meditation, etc.); addresses stages of personality development and the influences on current habits; develops an awareness of Body-Mind and Mind-Body interactions; and utilizes biofeedback and bioresonance systems and devices to help find cellular balance.

C.I.H.S. offers a 250 hour in-house program in Wholistic Psychotherapy which may be taken for academic (general interest) study alone, or may be taken in connection with supervised clinical practice for those wishing to receive a Diploma in Wholistic Psychotherapy.

For information on our programs, to find out more about Wholistic Psychotherapy and its uses, or to book a complimentary Career Assessment Interview contact the College at:

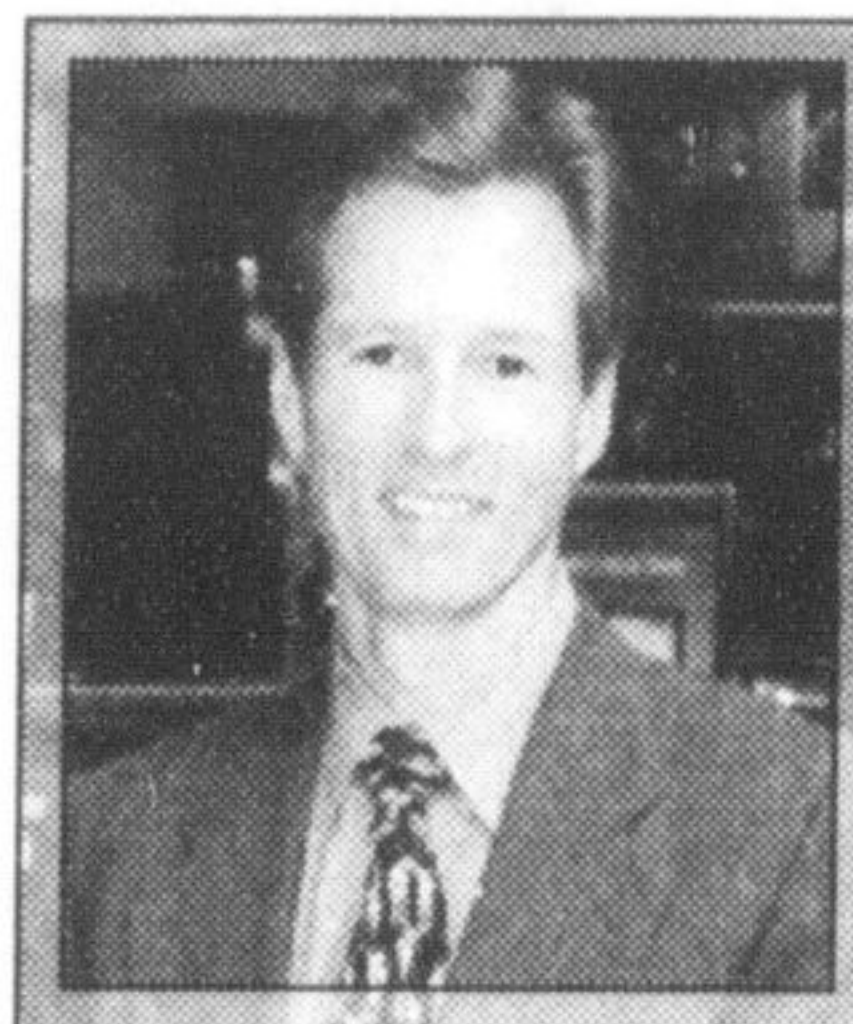
905.864.8694 / paul@cihs.ca / www.cihs.ca

Brancier
JEWELLER - GEMOLOGIST

MARK BRANCIER Certified Gemologist

Milton Mall

876-GEMS (4367)



No Fear Diamond Buying

What's the occasion? A birthday celebration? An important anniversary? To declare, "I love you!" Or to ask, "Will you be mine forever?" Whatever the emotion, nothing commemorates the moment quite like a diamond. However, the one emotion that has no place in the diamond buying process is fear.

If you're like most people, you know little or nothing about diamonds. Brancier Jeweller - Gemologist, have precise standards for evaluating diamonds, commonly known as the 4 C's: Cut, Colour, Clarity and Carat Weight. This "science of diamonds" helps take the fear out of buying a diamond.

Choosing a diamond is a very personal decision. While not everyone will share the same opinion as to what constitutes beauty, most people want a diamond that expresses their individual taste and personality.

What quality diamond should you look for? Some people want the largest diamond they can afford; some are more concerned about the colour and want a near-colourless gemstone. Still others are more concerned about a diamond's clarity. And all want a diamond that is cut to reveal the beauty of the gemstone.

Diamonds that are large, nearly colourless, completely free of inclusions, and cut with care to reveal the gemstone's beauty are rare and, therefore costly. Nonetheless, beautiful diamonds are available at prices to fit most budgets. Brancier Jeweller - Gemologist can assist you in choosing the best diamond to suit your taste and your finances.

Unfortunately many jewellers don't have the credentials and training to make your jewellery buying experience a memorable one. There's only one secret to buying jewellery, buy from a reputable, experienced, respected and certified jewellery professional. They have the equipment on site to help you understand the factors that determine a gemstone's value. And most importantly, they are committed to promoting the highest ethical standards in order to give you confidence and satisfaction.

Brancier Jeweller Gemologist is proud to be a member of the Canadian Jewellers Association and of the Gemological Institute of America. As a third generation family operated jeweller, we strive to provide quality jewellery at a fair value. We believe in customer service and know that by helping you to understand more about gemstones and your jewellery, we create a personal relationship that is based on trust and knowledge.



Natalie VanderMaaden

Anne Maaden
Cosmetic & Laser Centre

Knowledge, Experience, Results

13 Charles Street, Suite 103,
Milton • 905-878-2770

Understanding the benefits of the newest type of facial treatment.

Have you ever looked at your skin and wondered if there was something you could do to rejuvenate its appearance, tone, and overall evenness?

The term IPL or Photofacial is being used more often when discussing the treatment of various skin conditions. Essentially, this treatment offers the type of results seen instantly. The IPL targets age spots, sun damage, rosacea, or redness in the skin. The heat of it actually helps stimulate the production of collagen, adding a tightening affect to the treatment. These treatments are recommended as a series of 3-5, but results can be maintained by supplementing routine facials with an IPL treatment.

Laser treatments have increasingly become more affordable over the years and often people are quite surprised. You too can have healthy, glowing skin, free of sun damage, wrinkles and rosacea!

Anne Maaden Cosmetic & Laser Centre is hosting an Open House Saturday November 18th 10 am - 2 pm. Our medical team will be here to offer free skin analysis, make-up applications, and to answer any questions you may have.

Consultation are always free.