

Learn how to create healthy workplace at seminar Thurs.

Learn more about workplace health at a symposium the Halton Region Health Department will host Thursday.

The event, called Practical Steps for Creating Healthy Organizations: From Words to Action, will take place at Rattlesnake Point Golf Club from 8:30 a.m. to 12:30 p.m.

It's designed for workplace decision makers, human resource professionals and occupational health practitioners.

"Healthy employees are critical to sustaining a productive workforce which in turn supports a healthy Halton economy," said Halton Regional Chairman Joyce Savoline.

The keynote presentation by Dr. Graham Lowe, a leading international expert on work-

place health, will feature practical steps for creating and maintaining healthy organizations.

The presentation will also highlight the link between healthy culture and healthy organizations as well as solutions to overcoming common barriers to healthy workplace change.

In addition to hearing from Dr. Lowe, those in attendance will learn about the latest research in workplace health, gain practical solutions for creating a supportive work environment and network with other local professionals involved in workplace health.

"Research has shown that there is a direct link between a healthy workplace and healthy employees," said Halton

Medical Officer of Health Dr. Bob Nosal. "The symposium has been designed to help local organizations learn how to create supportive, healthy workplace environments."

Registration costs \$60. As part of the fee, participants will receive a copy of Steps to Creating a Healthier Organization, a toolkit produced by the Halton Region Health Department.

The toolkit includes a CD-Rom complete with resources and templates to assist organizations with the process of setting up a workplace health program.

For more information or to register for the symposium call the Region at (905) 825-6000, ext. 2904, or visit www.halton.ca.

St. John Ambulance opens office in Milton

St. John Ambulance recently opened an office in town and will offer courses starting this month.

The Oakville/Milton branch of the organization opened a satellite office in the new location of the Milton Community Resource Centre at 410 Bronte St.

A variety of first aid and CPR classes will be offered for personal interest and to meet workplace requirements, said branch manager Joanne Simpson.

Monthly 'What Every Babysitter Should Know' courses will be taught, as well as a variety of private and corporate courses that can be taken at the new branch, the workplace or at home.

St. John Ambulance is one of Canada's oldest charitable organizations, having been in Canada for more than 115 years.

The Oakville branch will celebrate its 50th anniversary next year. For more information, call (905) 469-9325 or e-mail milton@on.sja.ca.

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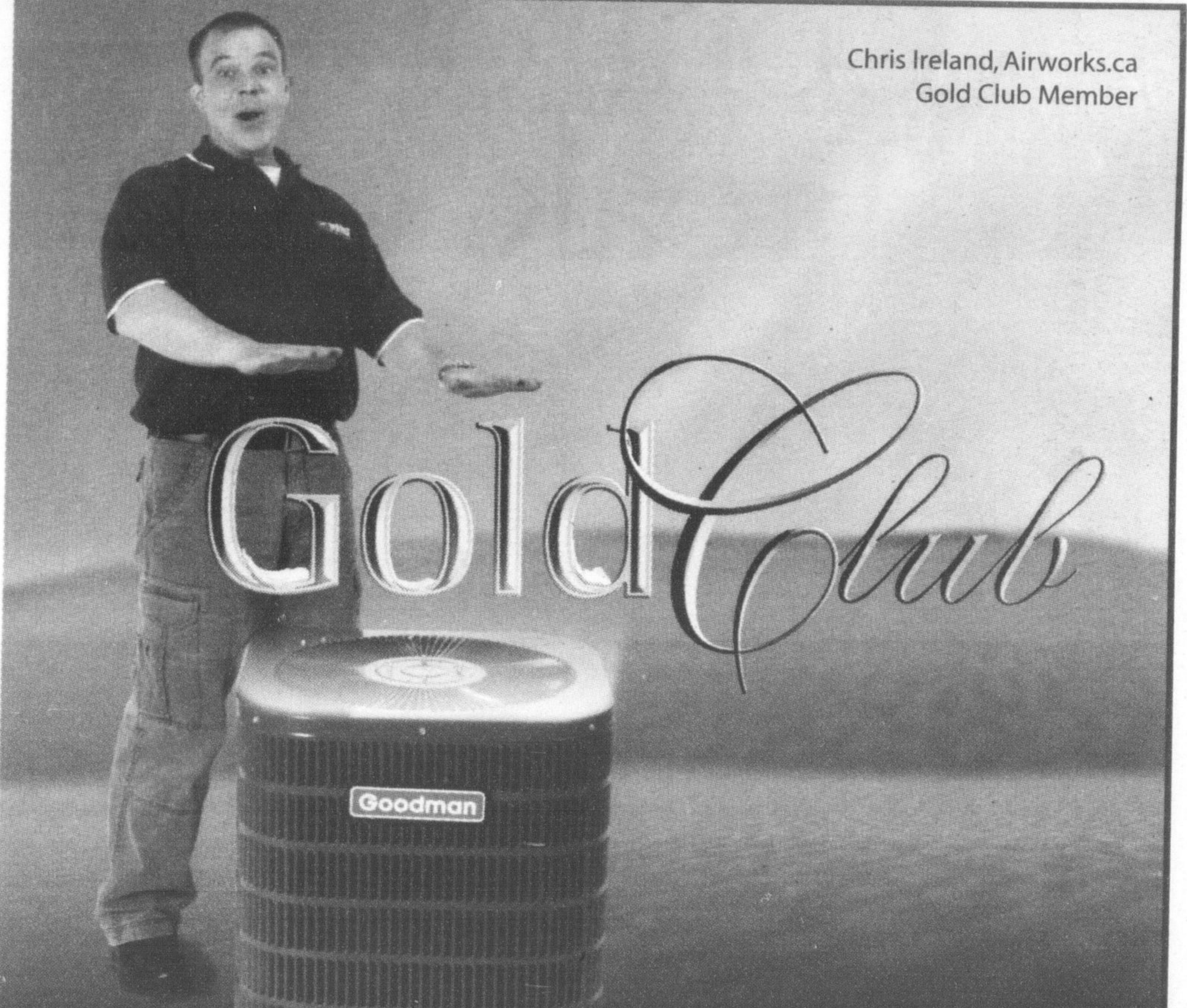
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