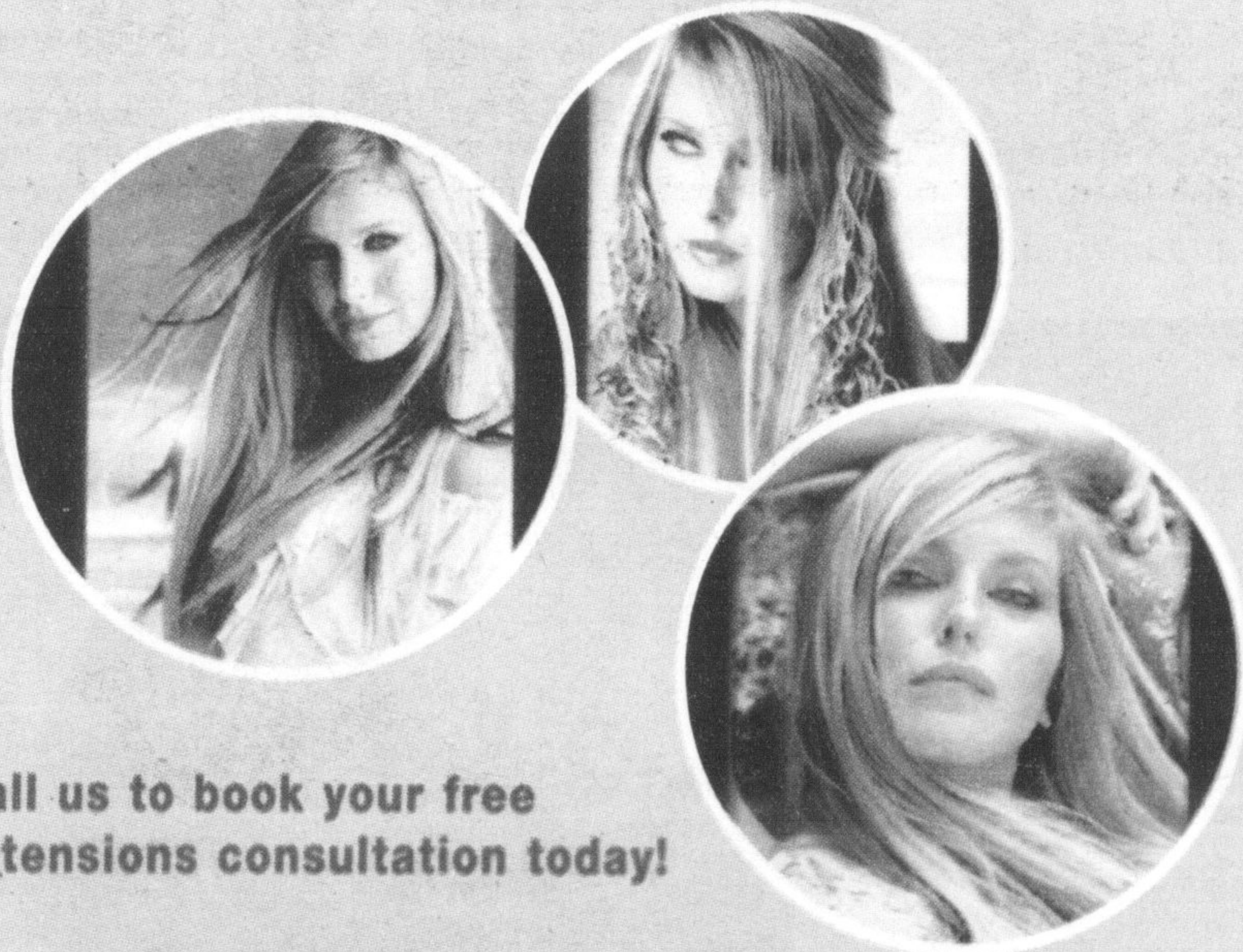


Dateline

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• from DATELINE on page A15
the banquet room of the Milton Sports Centre from 7 to 9:45 p.m., with doors opening at 6:30 p.m. It's organized by the Milton Rural Residents Association. For more information, call Mike Grimwood at (905) 854-0627.

Adult drop-in volleyball takes place from 2 to 3 p.m. at the Milton Leisure Centre. The cost is \$3.50 for the hour.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 1:30 to 3 p.m. For more information or to make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

Khi Community Church, 100 Nipissing Rd., unit 3, holds its 'Body Building' programs from 7 to 8:30 p.m. with a relationship course for singles and couples, a youth program and a children's class for ages one to eight. For more information, call (905) 875-1022.

Halton Healthcare presents a free seminar entitled 'Vitamin D, Bone Health and You: Prevention and Treatment of Osteoporosis' at 7 p.m. at Le Dome Banquet Hall, 1173 North Service Rd. E., in Oakville.

Displays and refreshments start at 6:30 p.m. To reserve a seat, call (905) 338-4379.

The Halton Women's Centre, suite 229 in Hopedale Mall, 1515 Rebecca St. in Oakville, holds its Abuse Support Group from 6 to 8 p.m. For more information, call (905) 847-5520.

Thursday Nov. 2

The Halton Outdoor Club holds a free information night about its winter activities — including its cross country skiing program and short and long distance trips — from 7:30 to 10 p.m. at the Continental Austrian Club, 664 Spring Gardens Rd., in Burlington (across the main entrance of Royal Botanical Gardens). For more information, call (905) 634-2012 or visit www.haltonoutdoorclub.com.

The Canadian Federation of University Women, Milton and District, meets at 7:30 p.m. at the library of the Milton Seniors' Activity Centre, 500 Childs Dr., with speakers Rui and Yvonne Oliveira talking about communications challenges. The members-only business meeting runs from 7:30 to 8:15 p.m., and the program begins at 8:30 p.m., to which the public is invited. For more information, call (905)

878-0740.

The Canadian Mental Health Association, Halton branch, continues its mood disorders education program from 7 to 9:30 p.m. at its Milton location for people suffering from depression and bipolar disorders and their families. For more information or to register, call (905) 465-0584.

The Deck youth centre, 200 Main St. (rear entrance), invites students in grades 6 to 8 to drop by anytime between 3:30 and 6:15 p.m. to hang out. High school students are invited between 7 and 10 p.m.

The Fine Arts Society of Milton's Evening Group of Artists meets from 7 to 10 p.m. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call Janis at (905) 854-5753.

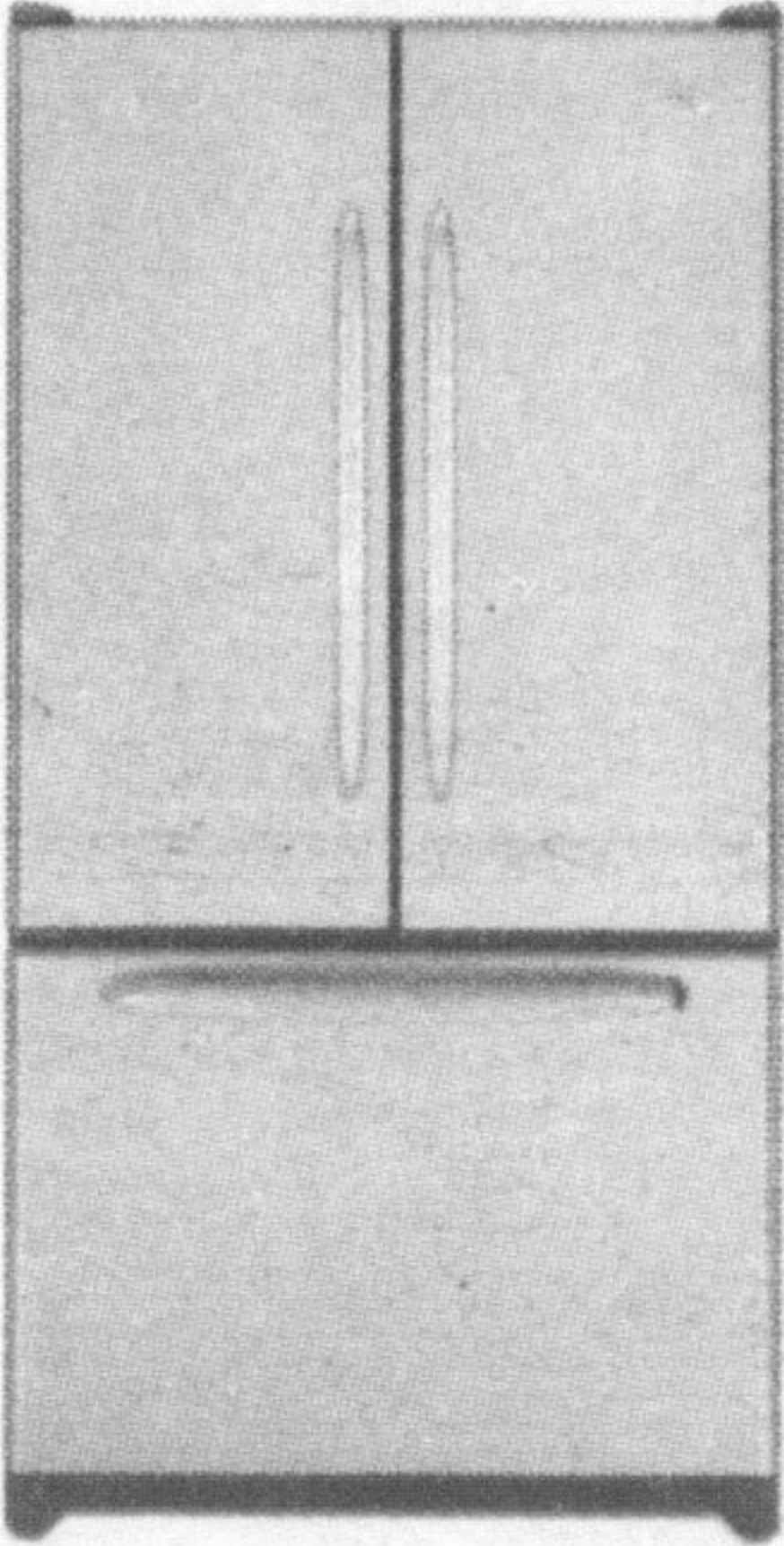
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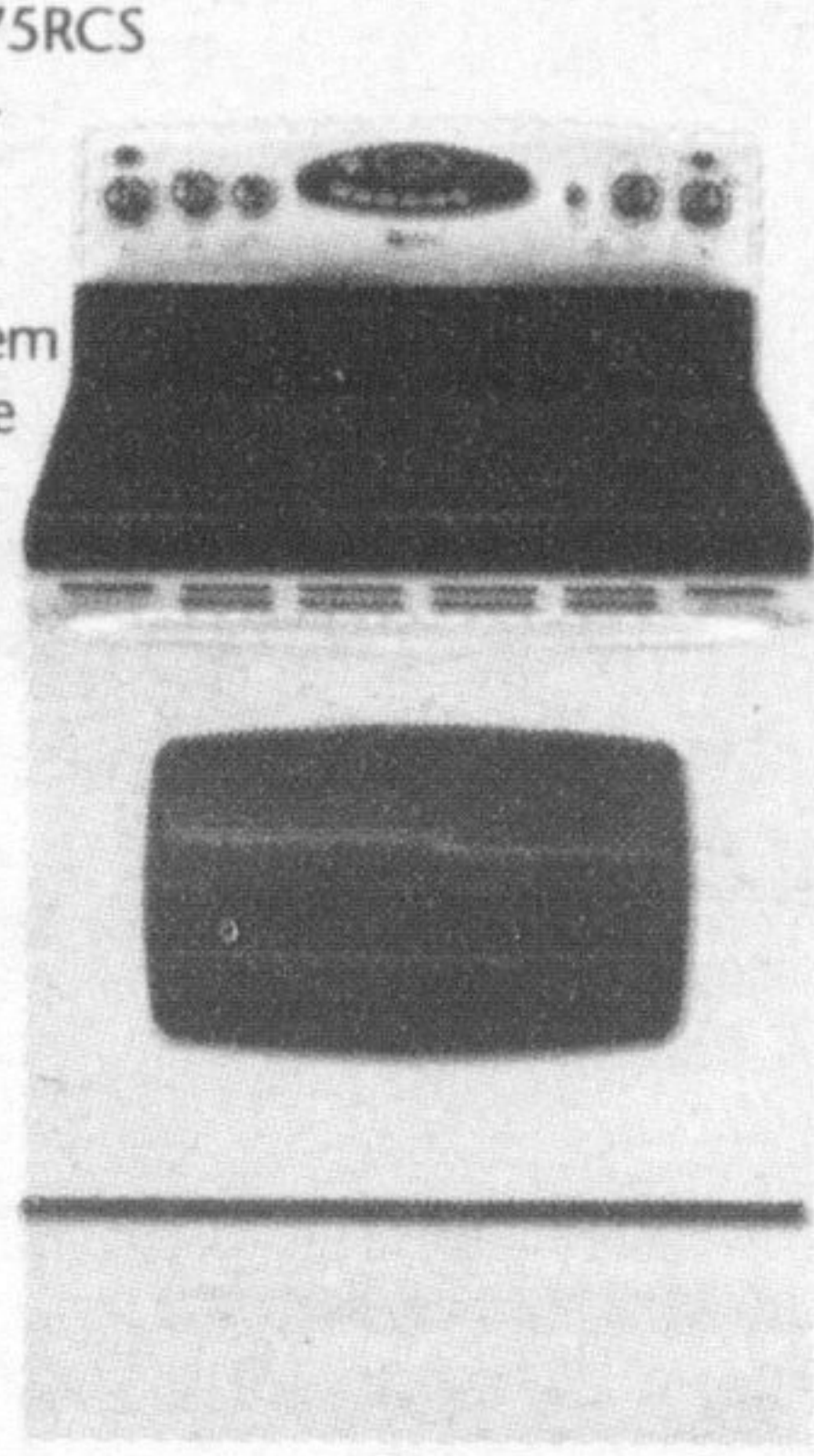
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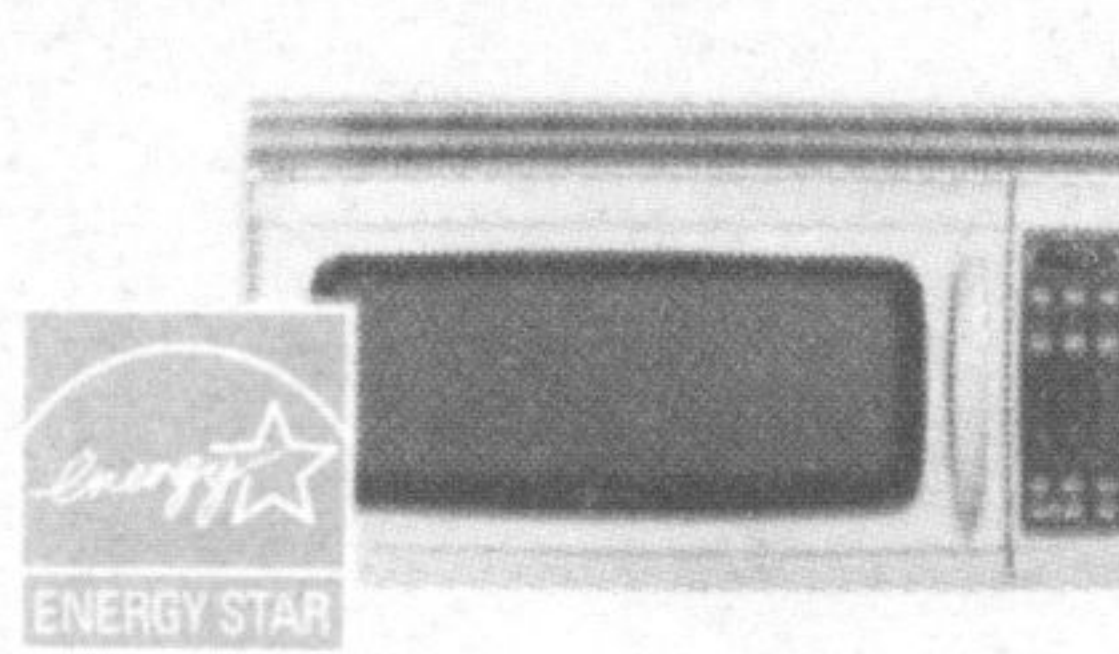
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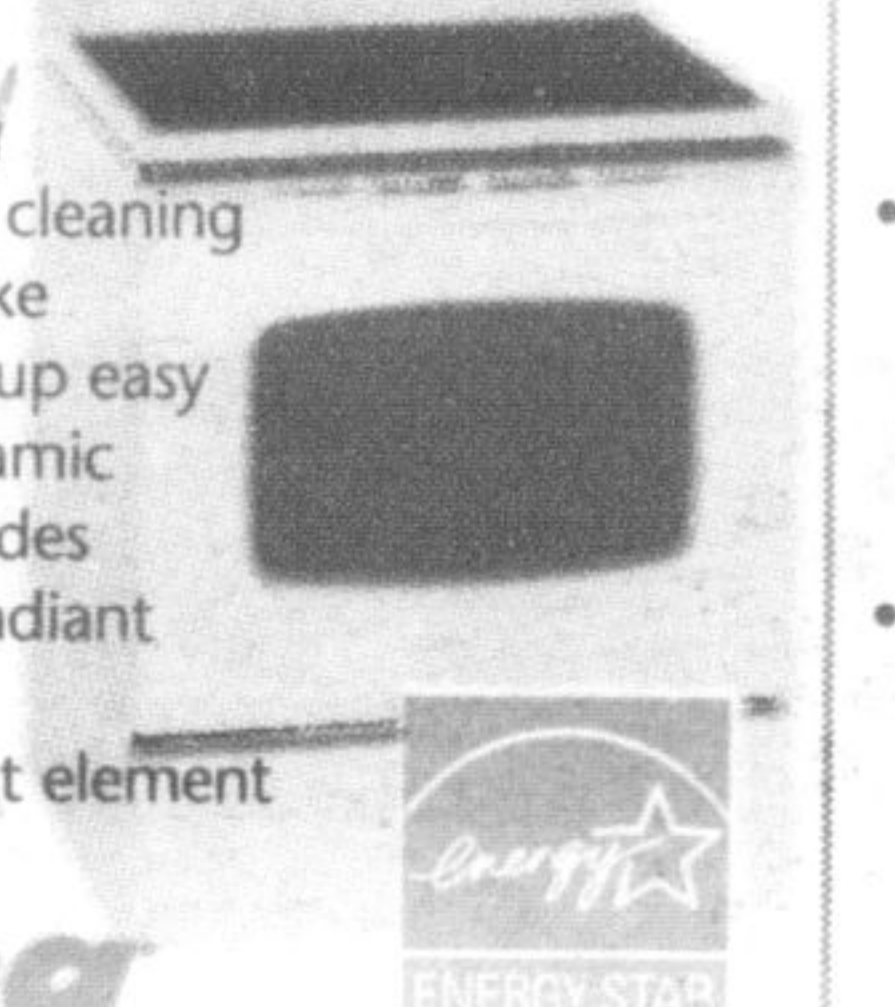


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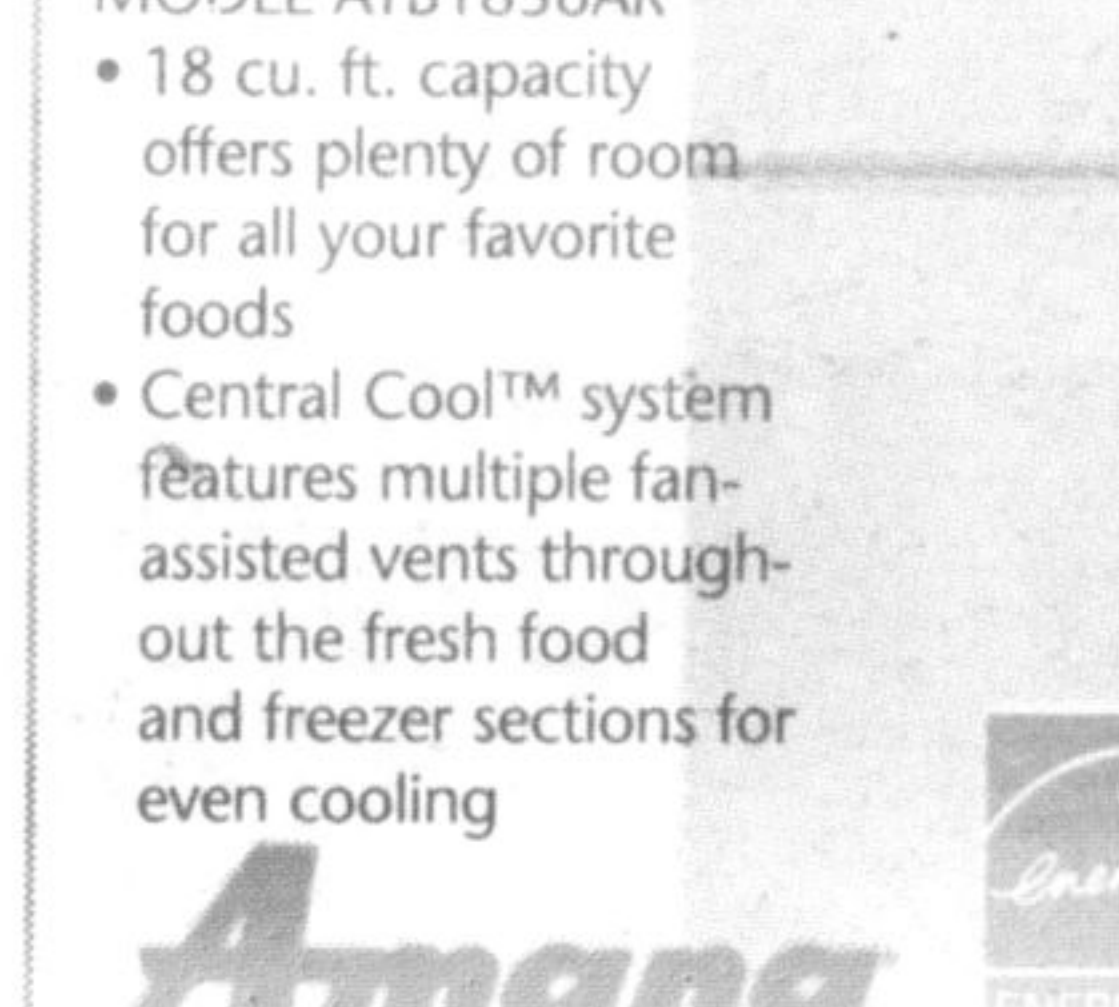
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