

Paper apple campaign underway at two local stores and a fitness club

While an apple a day may keep the doctor away, a 'paper apple' could prove to be even more beneficial to local students.

Halton Food for Thought kicked off its Paper Apple campaign this week to raise

funds for local school nutrition programs.

Paper apples can be purchased at Canadian Tire, GoodLife Fitness Centre and Sobeys Express until October 14. Proceeds will go toward new program development.

Food for Thought currently runs 42 school nutrition programs throughout Halton, serving more than 13,000 students with about 600 volunteers. It strives to promote healthy eating for improved learning

for all school-aged children and youth in Halton.

For more information, call Gayle Cruikshank at (905) 331-0227 or e-mail foodforthought@cogeco.ca.

Look in Tuesday's and Friday's paper each week for these features. Delivered to every home in Milton,

The Canadian Champion
Campbellville, Hornby.



Make An Entrance This Fall

Visit our Harvest Markets for all of your entrance, home and table décor needs.

Celebrate Fall

Sale period: October 5th - 11th



\$9.99

Thanksgiving Table Mum

Reusable Decorative Planter Included.

40% Off

All Cedars

40% Off

All Flowering Shrubs

50% Off

All Spruce

60% Off

All Natural Finish Clay Pottery

40% Off

All Mats

50% Off

All Standards & Topiaries

50% Off

All Hostas

30% Off

All Pond & Waterfall Pumps

40% Off

All Grasses

Join us October 14 for our Winterizing Your Pond Seminar. Call store for details. Huge fall savings in every department. Plenty of in-store specials and non-advertised savings. Don't miss out as we make room for a new season. Shop early for best selection.

Burlington
HWY #5 East of Brant St.
(905) 332-3222

Waterdown
HWY #6 & 5th Concession E.
(905) 689-1999

Milton
Britannia Rd.
West of Trafalgar
(905) 876-4000

Vaughan
Keele St. 1 Block North
of Kirby Sideroad
(905) 832-6955

OPEN 7 DAYS A WEEK 9am - 6pm
Thanksgiving Monday 10am - 5pm
All items while quantities last, subject to availability.
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