# MMERCE Monthly Newsletter

www.escarpmentcountry.on.ca

## New Members

WELCOME to the following Milton and area-based businesses as new Chamber members. We invite you to participate in our monthly event and encourage you to take part in one or more of the Chamber committees. \*Denotes Escarpment Country TM Tourism Partner

AVERAGE JOES OF MILTON

Milton, ON L9T 4N9 Contact: Peter Stower, General Manager Tel: 905-876.0042

www.averagejoesmilton.com If you feel sluggish and overweight, it's time to join Average Joe's, a 30-minute fitness club for men located at the White Oaks Plaza. Let us help you return to your healthy self and enjoy life to the fullest.

BIRD PACKAGING

670 Southgate Drive Guelph, ON Contact: Ryan Sydor, Sales Representative 1-800-265-7222 1-519-836-1208

www.birdpackaging.com Bird Packaging is a corrugated packaging manufacturer that specializes in displays, partitions, shipping cartons and industrial packs by utilizing our strengths in design, product manufacturing and assembly works, and an industry leading inventory management and logistics system.

BIRTH CONNECTIONS

Milton ON Contact: Melissa Cassells, Owner Tel/Fax: 905-876-3283 www.birthconnections.ca

Birth Connections provides new and expectant families with emotional, physical and informational support during pregnancy, labour & delivery, breastfeeding and postpartum. As a Certified Labour Doula (DONA), Melissa is currently working towards her Childbirth Educator Certification. Information on

Milton, ON Contact: Allan and Mary Barnes 905-875-4480

proud sponsors of Milton Youth Soccer. Colt Fences & Decks offer professional work from beginning to end and a two year limited warranty on our fences. A Seniors Discount of 5% is available. Call for a free estimate. "We are not happy until you are."

LIZ HARBOSIN ACCESSORIES

Campbellville, ON Contact: Liz Harbosin, President 905-854-2305 905-854-3634 Manufacturer of women's fashion hats and MATTHEW STINSON - THE TORONTO Kitchener, ON

Contact: Matthew Stinson, Advertising Representative 905-699-1003 We provide Local advertising with the Toronto

MCPHAIL CHIROPRACTIC CENTRE

Star at affordable local advertising rates.

270 Martin St. Milton, ON L9T 2R6 Contact: Murray McPhail, Owner 905-876-0005 McPhail Chiropractic seeks to understand the

cause of your condition and helps you to understand the health consequences of choices you make. Everyone agrees health is most important yet very few can define what health is. Our goal: to help you have better health by giving you the knowledge with which to make good health choices.

ROYAL LEPAGE MEADOWTOWNE REALTY - CHRIS LIGHTFOOT

475 Main St. E. Milton, ON Contact: Chris Lightfoot, Sales Representative Tel: 905-878-8101

15 years of customer service to the real estate market, I am dedicated to providing quality service to buyers/ sellers in a professional, reliable and gimmick-free manner! My experience in all aspects of construction, design will assist you in making informed and enlightened housing decisions. I'm married to an amazing Croatian-Canadian, and we are raising our two children in this community.

WELLINGTON WEST CAPITAL

69 Main St. N Campbellville, ON LOP 1B0 Contact: Tracey McGrath, Financial Planner 905-854-6209 905-854-6211

www.wellingtonwestcapital.com Our vision is to provide our clients with the very best financial planning, retirement planning, wealth management, insurance brokerage, and employee benefit services available. We are committed to set a standard of excellence in our profession that reflects the importance of our work in the lives of our clients and their families.

Graphic Design & Typesetting

Design & Print Centre

100 Nipissing Road, Unit

Milton, Ontario L9T 5B2

(Behind Milton Mall)

Multi-Colour Printing

Finishing & Bindery

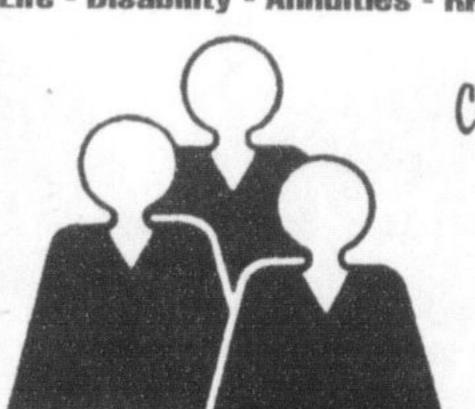
High Speed Copier

 Full Colour Laser Copier Wide Format Copier

Tel: 905-876-4647 Fax: 905-876-1100

FREE PICKUP & DELIVERY

Life - Disability - Annuities - RRIFs - LIFs - RRSP's - Mutual Funds (M.S.I.L.) - RESP's



Celebrating 31 years of "Home Town" Business

Bob "Pie" Lee bob@robertleeinsurance.com

Kim Mitchell kim@robertleeinsurance.com

245 Commercial St. Milton L9T 2J3 **OFFICE 878-5786** FAX: 878-3692

## FRST FRSTMAL Collision & Paint

MILTON'S FULL SERVICE COLLISION CENTRE

Call Steve Boers 706 Main Street, East

(905) 876-1116 Milton, ON We will exceed your expectations

OPEN SATURDAYS 8:00am - 12 noon

For after hours appointment call (905) 876-8787



375 Wheelabrator Way, Milton

(905) 875-1427 (416) 798-7099

# working for you

#### HEALTH, DENTAL AND DISABILITY INSURANCE

Available for as few as one person on Group Rates Featuring - "Assure" Prescription Card Group Life & Health Specialist

### EXCLUSIVE AGENT FOR THE CHAMBER OF COMMERCE PLAN

P.O. Box 152, Milton, ON L9T 4N9 Roger Lauzon 905-878-1633 Fax 905-878-1671

# Twiss Lubricants Ltd.

Family owned and operated since 1977.







32 Steeles Ave., Unit 15, Milton, Ontario L9T 5A1

PROUDLY CANADIAN |\*| Fax: 905-878-6198

### Paying too Much for Insurance?

MILTON CHAMBER OF COMMERCE MEMBERS AND THEIR EMPLOYEES

Save up to 55% on Auto and Home Insurance!

24 Hr Claims Assistance Open until 8pm on Thursdays

1A-775 Main St E.



Phone 905-876-4607 or Fax 905-876-1001 ING NOVEX

327 Bronte St. S., Unit 3 Fax: 905-854-5641 Prenatal Classes and the Bellies and Babies Day is available on the website.

#### **COLT FENCES & DECKS**

We are a Milton based family business and are

accessories.

Fax: 905-878-8188 www.royallepage.ca

Renewal Memberships \* Represents Escarpment Country Tourism Partner A special thanks to the following businesses for their continued support.

Altec Industries Ltd. Atlantic Bearing & Drives Inc. Baron Rae - RMT

Bomar Bargain Barn Dr. Jan Boxall Business Development Bank of Canada

The Centre -Career and Workforce Development Clineo Medical Systems Inc. Colour Works Printing Inc Danielle's Florals

Donaldson Financial Group Emery Investments Enterprise Rent-A-Car Four Seasons Roofing Fun-Shine Entertainment /

Sneezy The Clown Glen Abbey Executive Search Inc. Herbal One - Milton Hunt Chrysler Jeep

Industrial Ceramics Limited

Investors Group

Loon-Woods Ltd. M. Putzer Hornby Nursery Ltd. Maple Hill Tree Services Milton Chrysler Dodge Ltd. Milton Community Resource Centre Milton Evergreen Cemetery Miltowne Collision Inc. N. & W. Catering Northern Group Retail Ltd.

Peggy Grall & Associates Inc.

Kwik Kopy Design & Print Centre Prepaid Legal Services Inc. - Darryl Campbell Rustic Pear Inc. Snowbrook Construction Staples Business Depot Turnbull Thompson Chartered Accountants United Way of Milton Water Depot

Wheels Driver Training Ltd

JULY BUSINESS AFTER HOURS

More than 70 Chamber members and guests enjoyed the BAH meeting at Miltowne Collision Inc. also cohosted by Miltown Computer Services Ltd. and S.T.R.I.D.E. All who attended the event had an excellent time and enjoyed the opportunity to network with others in the community.



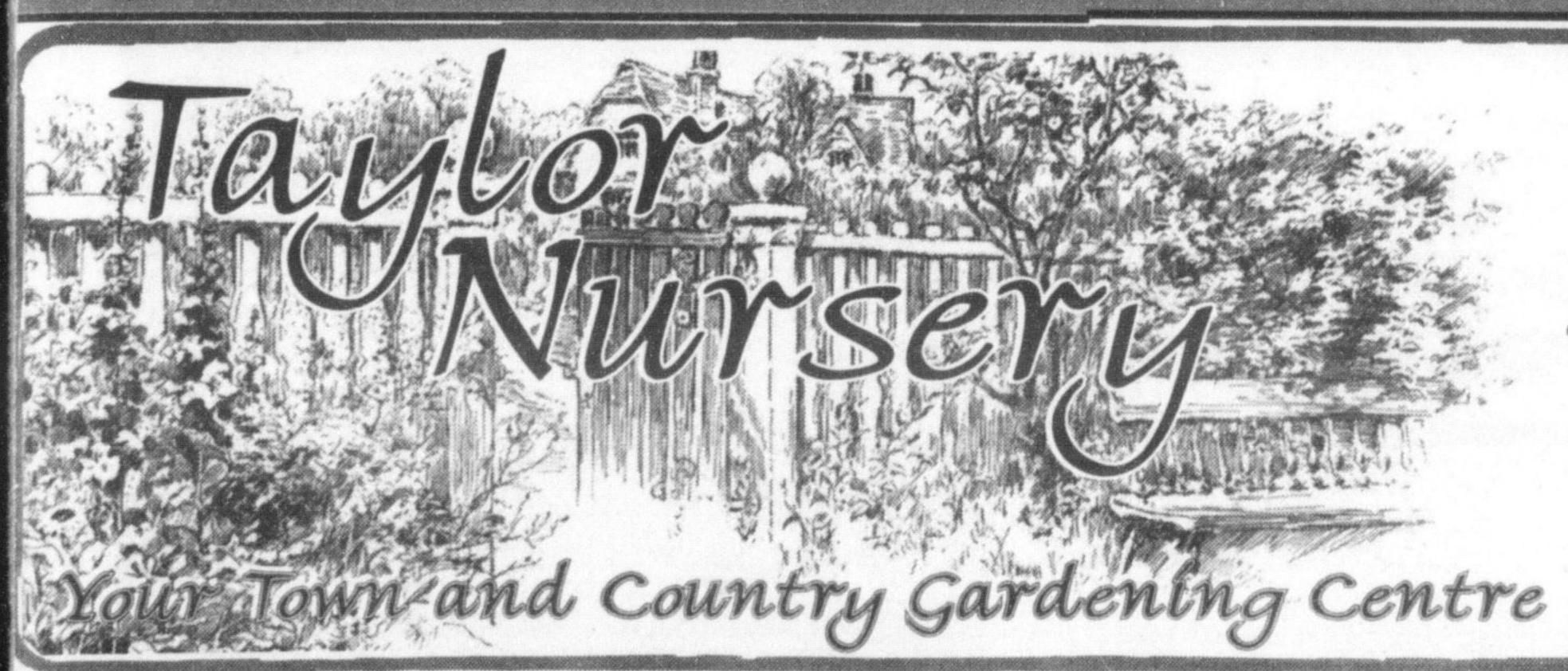
B.A.H. Co-hosts L to R: Larry Green, Miltown Computer Services Ltd., Jan McCabe, S.T.R.I.D.E., Lance Stevens, Miltowne Collision Inc.

An exciting addition to July's Business After Hours was the presentation of the Chamber Scholarships which are supported by different events that the Chamber runs throughout the year. The deserving recipients of the scholarships were Lisa Brown, Melanie Koso, Danielle Tetrault, Elissa Whitman and Tyler Winter who will all be pursuing post secondary education this fall.



Scholarship presentation L to R: Leslie McLaren - Chamber President, Ron Hudson - Chamber Director, Elissa Whitman, Tyler Winter, Danielle Tetrault, Mike Shepherd -Committee Member, Melanie Koso, and Lisa Brown.

905-878-0581



FLOWERS

SHRUBS & TREES

GARDEN DECOR

• SOILS

 LANDSCAPE DESIGN & MAINTENANCE

Right at the east end of Main Street 7429 Fifth Line, Milton 905-876-4100