

# Dateline

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Creative Minds program for preschoolers and their caregivers from 9:30 to 11 a.m. at 100 Nipissing Rd., unit 3. It also holds its free scrapbooking group from 7:30 to 9:30 p.m. at the same location. Bring your photos and album. Basic supplies are provided at no cost. For more information, call (905) 875-1022 or visit [www.khiccommunity.com](http://www.khiccommunity.com).

Improve communication and leadership skills with the Milton Toastmasters. Everyone is welcome to attend the meeting at the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For information, call Jamie Cunningham at (905) 876-2234.

Calling New Parents, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Ontario Early Years Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 825-6000, ext. 7299.

Help for Parents, a Halton parent support group, meets in the evening in the basement of the church at 5720 New St. in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of the

Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit [www.apsgo.ca](http://www.apsgo.ca).

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Women's Centre, suite 210 in Hopedale Mall at Rebecca Street and Third Line in Oakville, holds its free Peer Counselling by phone or in person for women facing abuse, grief/loss and relationship issues from 10 a.m. to 3 p.m. No appointment is necessary.

The Centre for Skills Development and Training holds an information session from 9:30 a.m. to noon about its free Career Explorations Express program, a five-day program for unemployed adults. For more information, call (905) 333-3499, ext. 103 or visit [www.thecentre.on.ca](http://www.thecentre.on.ca).

Wednesday May 31

The Milton Leisure Centre holds adult drop-in volleyball from 2 to 3 p.m. The cost is \$3.50.

VON Alzheimer Services continues its free Dementia Information Series for Family Caregivers with 'Care for the Caregiver - Coping Strategies' from 7 to 9 p.m. It's held at VON Halton, Sheridan College, 1430 Trafalgar Rd., in Oakville. To register,

• see more DATELINE on page B6

## Students create ultimate beverage

Three cheers goes to a team of students from Bishop Reding Secondary School, who proved that drinks don't need alcohol to be fun.

The team placed second at the Ultimate Mix High School Challenge Championship Mix-Off, which took place May 3 at Georgetown Marketplace Mall. Each member of the team received a \$75 prize.

The mix-off is a yearly event that challenges north Halton students to create a tasty, non-alcoholic beverage. The event was part of Youth Week activities.

"The message that you can have fun without using alcohol is a very important one, not only for teens but for the whole community," said Larry Zimmerman, president of the

Halton/Peel chapter of Mothers Against Drunk Driving (MADD).

In first place was Georgetown District High School, while third place went to Acton High School.

The teams had to qualify for the spot at the championship mix-off by first competing against other teams at their schools.

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