Business without advertising is like winking in the dark ~ You know what you're doing ~ but nobody else does!

SATURDAY JUNE 17, 2006 BRONTE CREEK PARK

FOR OUR 4TH ANNUAL

Registration between 8:30 & 9:30 am

WALK OR RUN DAY OF HEALING FOR BREAST CANCER SUPPORT SERVICES FOCUSING ON HEALING AND WELLNESS THROUGHOUT THE MORNING

Join us for a Run/Walk 10K, 5K, 1K and our newest addition a 1K Healing Walk lead by Dr. Cindy Yixin Zhang (MD China). She will show how to incorporate Qigong into your journey to help increase the flow of oxygen to your body restoring optimum health. Join us at Bronte Creek Park all in support of Breast Cancer Support Services.

GREAT PRIZES

T-Shirts will be given to the first 250 entrants Incentive Prizes

\$75 or more in pledges - Golf Shirt

 \$150 or more in pledges - Gift Certificate for one of the following Healing Treatments: Massage, Rieki, Therapeutic Touch, etc.

Grand Prize for most money raised Door Prizes

For Information on the Walk/Run Healing Day and to receive an Information Package, Please Call:

905-634-2333



Istevenson@breastcancersupport.org Help us by donating a bag of used clothing on the day of the Run/Walk.



With \$50 in

pledges received

your registration

will be free

Champion Bronte Creek

Blair Lancaster's SPA & MODELING AGENCY











Voortman ! ROYAL LEPAGE

Burloak Real Estate Services

Brenda McKinley

Daite III

Dateline is a free listing of coming events only. The column is available to local community groups to assist in promoting their future events. We can only guarantee one issue of publicity closest to the date of the occurrence although more insertions are possible if demand is low. Notices for Dateline should be handed in at the office of The Champion, 875 Main St. E., faxed to (905) 878-4943 or e-mailed to miltoned@haltonsearch.com. The final deadline is noon Friday for Tuesday's edition and noon Wednesday for Friday's edition.

Wednesday May 24

The Milton Safety Committee meets at 7 p.m. at the Milton police station on Childs Drive. For more information, call Jan Mowbray at (519) 853-4492 or e-mail mowbrayj@sympatico.ca.

The Early Years of Recovery Family Support Group, for family members and friends whose loved one has experienced his or her first psychotic episode within the past five years, takes place at 7 p.m. at the office of the Schizophrenia Society of Ontario on the second floor of Milton Mall. For more information, call (905) 876-1647.

CARP, Canada's Association for the Fifty Plus, Halton chapter, meets at 7:30 p.m. at the Burlington Seniors' Centre, 2285 New St., with guest speakers talking about CARP's 'Past Successes and Future Plans'. For more information, call Harry Bowers at (905) 335-5717.

The Town of Milton holds a community open house to review the updates to parks bylaw no. 126-74 at Hugh Foster Hall, 53 Brown St., from 6:30 to 8:30 p.m. For more information, call (905) 878-7252, ext. 2102 or visit www.milton.ca.

Adult drop-in volleyball takes place at the Milton Leisure Centre from 2 to 3 p.m. The cost is \$3.50.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 1:30 to 3





Check out this great advertising opportunity for your business. Our Garage Sale Guide will run ten consecutive Fridays from May 12th - July 14th

Give your business the best exposure there is at this great promotional price:

GARAGE SALE Sat. April 29 8am - Noon 121 Elmwood

Household items

Your ad will appear here 3 1/4" x 1 1/4" \$125.00 per insertion (book 1-5 ads)

\$99.00 per insertion (book 6-10 ads)



905-875-3300 classified@miltoncanadianchmpion.com 875 Main St. E., Milton, ON., L9T-3G7

p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

Ebenezer United Church, 12274 Guelph Line, holds its Wednesday Evening Worship from 7 to 8 p.m. For more information, call Pastor Mark Rutledge at (905) 854-2423 or (519) 824-7303.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds contract bridge at 9:30 a.m. The cost is \$2 for members and \$4 for non-members. A driving refresher course for seniors takes place, presented by an OPP officer. And the Weekly Lunch Counter takes place featuring a hot meal for \$6 Call the centre or visit the reception desk in advance to sign up. For more information, call (905) 875-1681.

Thursday May 25

Hillcrest United Church, 8958 Trafalgar Rd., holds its Howell's Fish Fry with continuous servings from 5 p.m. The cost is \$14 for adults and \$7 for kids under 12. For tickets, call (905) 702-5322.

The Deck youth centre, at 200 Main St. (rear entrance), is open to high school students looking to play a game of pool or just hang out from 7 to 10 p.m.

The Fine Arts Society of Milton's Evening Group of Artists meets from 7 to 10 p.m. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call Janis at (905) 854-5753.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 7 to 9 p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Milton Lawn Bowling Club, 43 Commercial St., holds free try-outs with instruction for new members at 6:30 p.m. For more information, call Norm or Donna at (905) 878-6802.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its Thursday Afternoon Movie at 1:30 p.m. featuring King Kong. Bid euchre takes place at 1:30 p.m. as well as contract bridge. The cost for each of these activities is \$2 for members and \$4 for non-members. A foot care clinic is held with a VON nurse by appointment from 1 to 4 p.m. The cost is \$24. To book an appointment, call (905) 875-1681.

Friday May 26

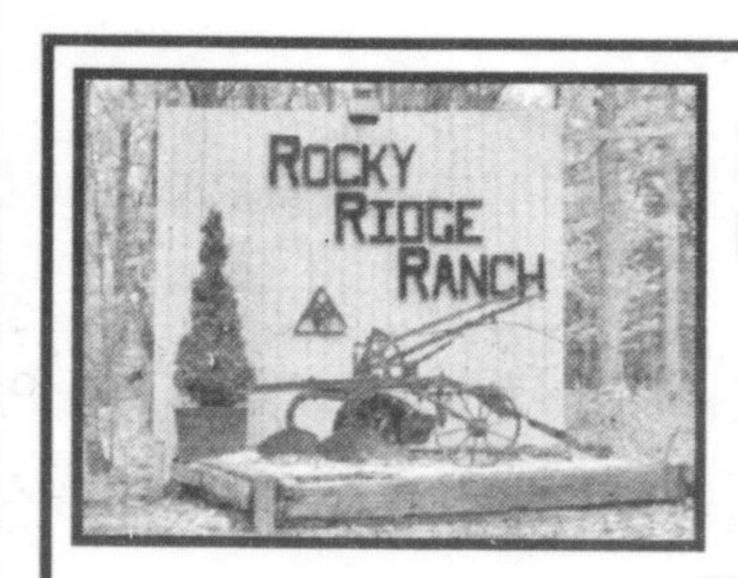
Express the Arts is held from 7 to 9:30 p.m. at Milton Café on Ontario Street North (across from Spokes 'n Slopes) featuring poetry, guitar and an art display.

Khi Community Church's youth group holds its 'Smelly Pits' night from 6:45 to 8:45 p.m. at 100 Nipissing Rd., unit 3, for students aged 9 to 13. For more information, call (905) 875-1022.

The Deck youth centre, at 200 Main St. (rear entrance), is open to high school students looking to play a game of pool or just hang out from 7 to 11 p.m.

Milton District Hospital holds a group session breastfeeding clinic with a certified lactation consultant from 11 a.m. to 12:30 p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds contract bridge at 10 a.m. and its CyberCafé from 1 to 3:30 p.m. The cost is \$2 for members and \$4 for non-members. Euchre takes place at 1:30 p.m. at a cost of \$2.50 for members and \$4.50 for non-members. Its Friday Night Movie is held at 7 p.m. featuring Capote. The cost is \$2.50. And Evening Euchre takes place at the Campbellville Lions Hall at 7:30 p.m. for \$2.50. For information, call (905) 875-1681.



Summer Camp

Hockey Gamp

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> Email info@rockyridgeranch.org Web Site

www.rockyridgeranch.org



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