

Message from ATHENA North Halton Co-Chairs

We are thrilled to be part of the ATHENA North Halton Gala on Thursday May 25 at the Glencairn Golf Club, an evening of celebration and recognition of excellence of our nominees.

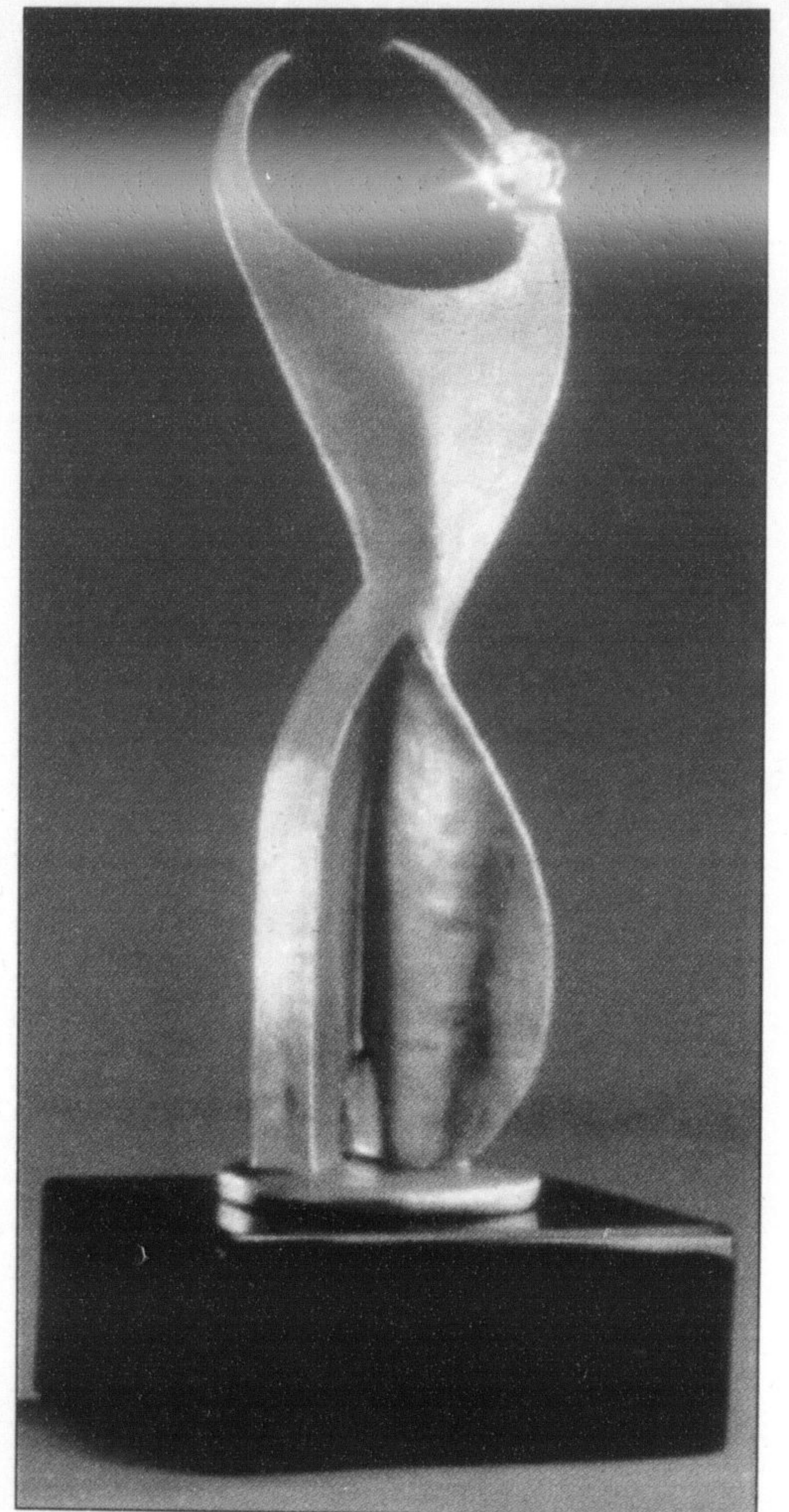
It is exciting to read about and be inspired by our ten nominees who make this community amazing by what they do. The nominees

are nominated by their peers and are recognized for their professional excellence, community service and for actively assisting women in their achievement of excellence and leadership skills. The selection committee will definitely have a difficult task ahead of them.

This evening would not be possible if it were not for the

support and involvement of our volunteers, sponsors and the community as a whole. Thank you for helping us honour these wonderful individuals in our community.

Ann James and Caren Walker
Co-Chairs, ATHENA North Halton



2006 ATHENA North Halton Award Celebration features Peggy Grall as the Guest Speaker



PEGGY GRALL *Guest Speaker*

Peggy Grall is an Executive Coach and former Psychotherapist with 19 years experience in the areas of coaching and leadership training. She is an internationally recognized key-note speaker on managing individual and organizational change and was nominated for Business Person of the Year in 2004. She is the Editor of Psychologica, the trade magazine of The Association of Mental Health

Professionals and her new book, *Just Change It: the Fast Track Guide to Personal & Professional Renewal* has just been released to positive reviews in the *Globe & Mail* and the *Toronto Star*.

2006 ATHENA Committee Members

Anne Eadie
Dawn Falls
Ann James
Wendy McNab

Karen Smith
Alice Strachan
Caren Walker

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Melissa DeBrouwer, CFP
debrouwer@bickfinancial.com



Cassandra Thompson, CFP
thompson@bickfinancial.com

142 Martin Street, Milton
(905) 875-1000
www.bickfinancial.com