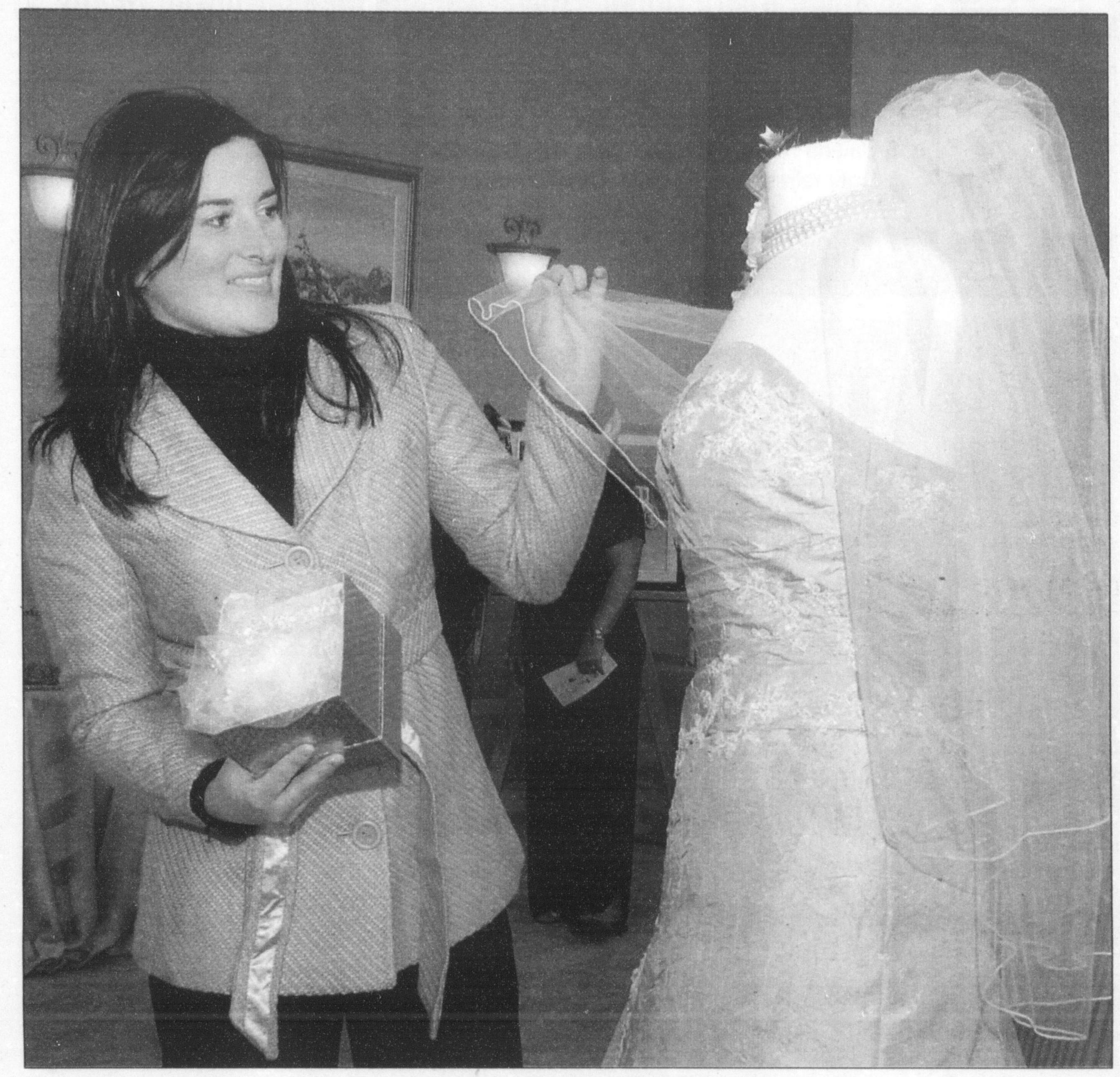
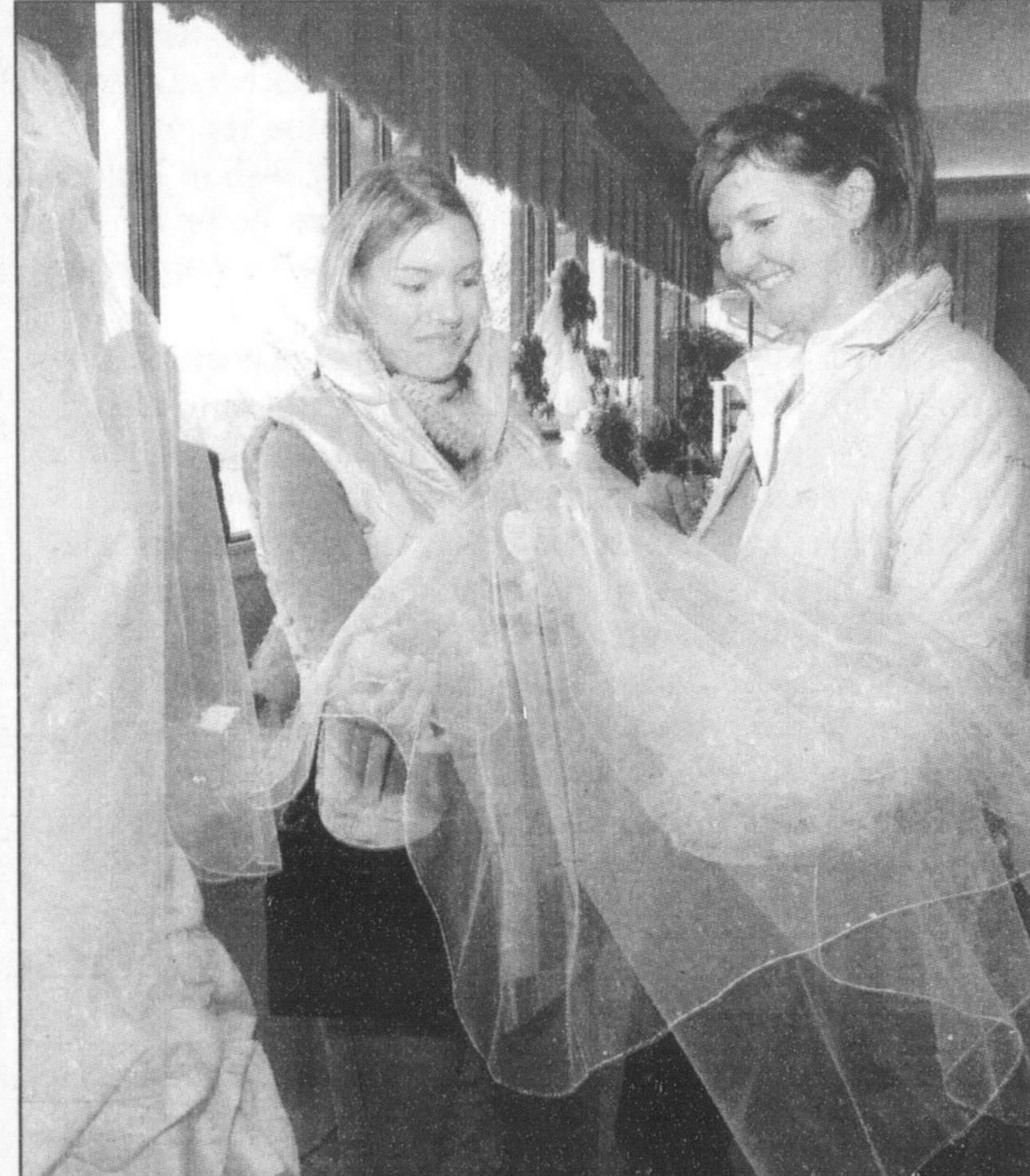
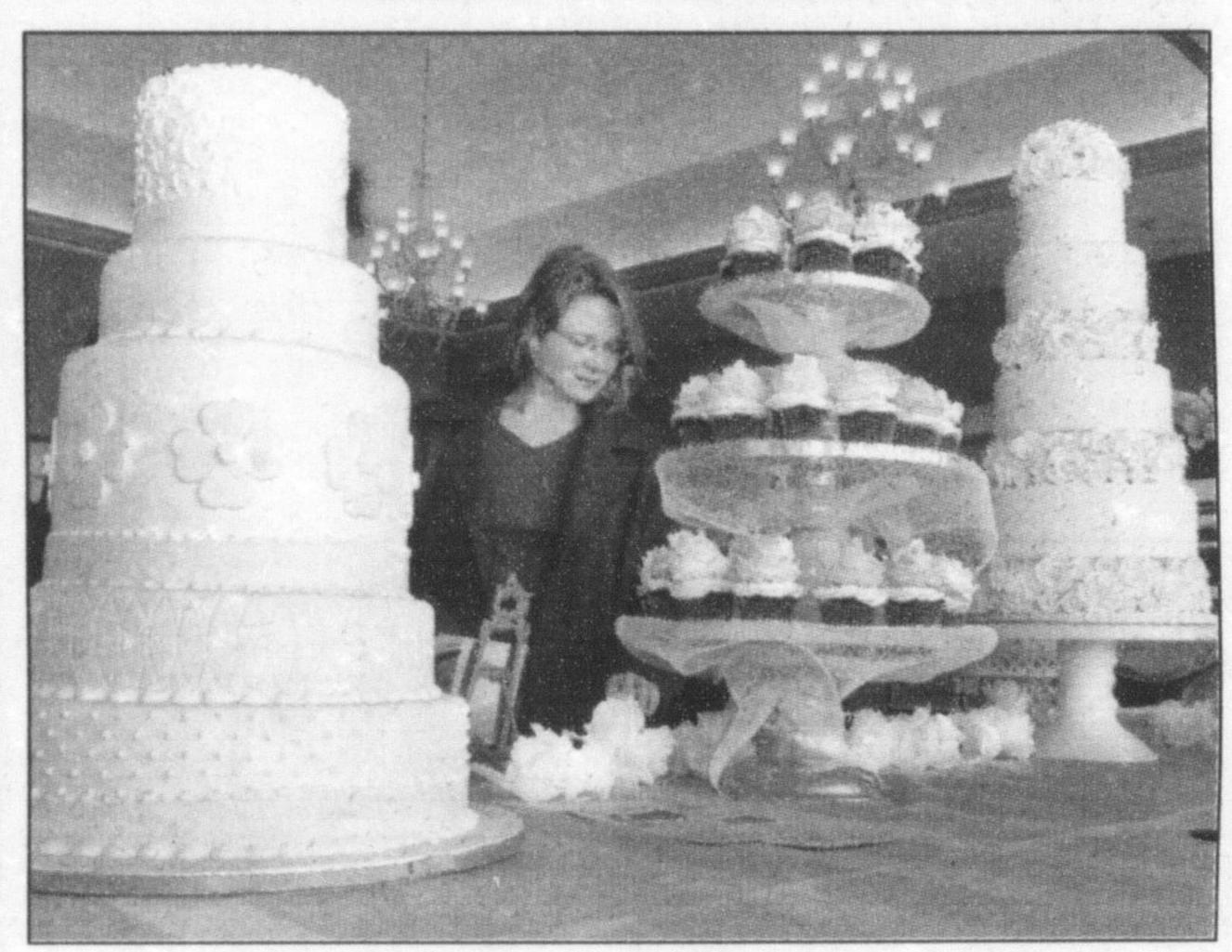
## Champion Country







GRAHAM PAINE / CANADIAN CHAMPION

HERE COMES THE BRIDE: Above, future bride Marissa Mackie checks out the veil and tiara accessories along with a new-for-2006 non-traditional, sand-coloured strapless wedding dress from Burlington's Promises & Lace, just one of the booths at the recent bridal show at Crosswinds Golf and Country Club. Top right, bride-to-be Nico Cramer (left) and friend Sarah Balch look over the veil that accompanies a Paloma Blanca modern silk wedding dress from the Cypress Bridal Boutique in Milton. Bottom right, La Rose Italian Bakery of Milton was on hand displaying the wedding cakes it has to offer.

## Reg. Rd. 25 flood causes early morning road closure

Motorists travelling on Regional Road 25 north of town had to find an alternate route home early Saturday morning.

A flooded road coupled with a single-

vehicle accident led to a stretch of the busy road being closed for several hours.

Police responded to the collision just after 2 a.m. between No. 10 and 15 sideroads.

They discovered that water was flowing over the road, making it impossible for vehicles to drive through.

The problem occurred because a culvert

under the road was unable to accommodate the excessive water caused by the sudden warm temperatures and rain.

The road was reopened at about 6:30 a.m.



## STOP SMOKING

Permanently in 2 1/2 hrs

Regardless how many times you have tried to quit in the past, you will stop smoking INSTANTLY by seminar's end. You will be taught how to relax, how to lower stress, and how to control your weight after you stop smoking - designed to overcome all your failures in the past.

\$80 cash

Includes:

The first hour, I will explain how hypnosis works and demonstrate how anyone can be hypnotized. The next 30 minutes is for anyone who wants to lose weight. Weight loss session is free for Lifetime Membership Card smokers. The last 30 minutes is for smokers only. You will smoke your last cigarette while being hypnotized.

Seminar Leader

Karen Noganosh is a Neuro-Linguistic Programmer & Master Hypnotherapist, certified by the National Guild of Hypnotists. She has a clinical practice in New Hamburg, Ontario.

www.hypnosisforachange.net

PARTICIPANTS AGES 12-16 HYPNOTIZED ABSOLUTEL

Free Re-inforcement CD

FREE! MUST HAVE ID AND BE ACCOMPANIED BY AN ADULT SEATING IS LIMITED

We feel we have your best chance of losing weight and keeping it off than anything else on the market.

Your subconscious mind controls all of your behaviours and eating habits. You must put the proper information into your subconscious to receive the proper results. We sell only Hypnosis - not hundreds of dollars in pills & programs!

Presented by HYPNOSIS, FOR A CHANGE hypnosisforachange@hotmail.com

RAMADA INN & CONFERENCE CENTRE 161 Chisholm Drive, Milton Thursday, March 16th, 7 pm - 9:30 pm

HAMILTON VISITORS INN Main St., Hamilton Sunday, March 26th, 2 pm - 4:00 pm & 7 pm - 9:30 pm

Registration is at the door only, 1 hour before seminar.