

Reading | Writing | Math | Spelling | Grammar | French | Study Skills

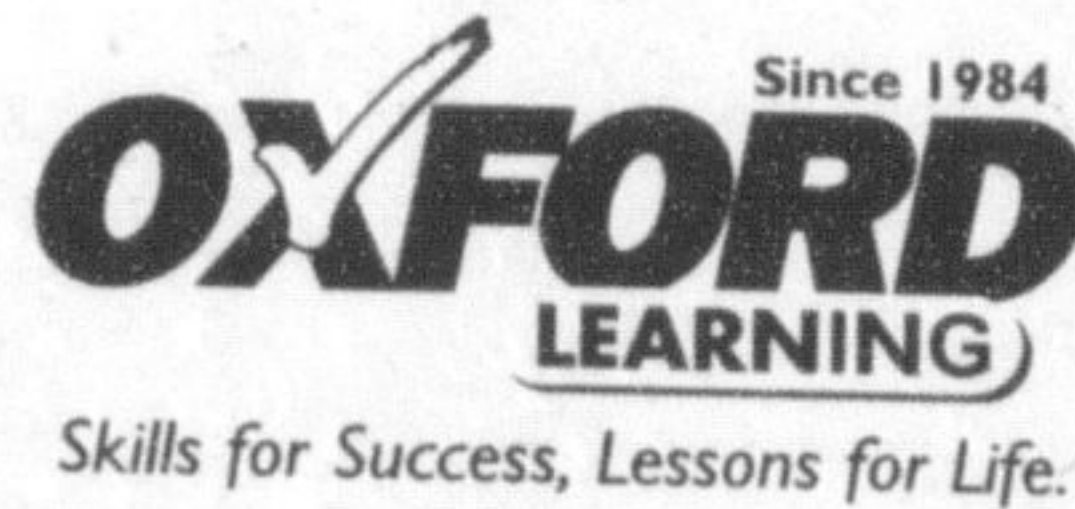
FINALLY, A REPORT CARD YOUR CHILD CAN SMILE ABOUT

Oxford Learning is the only after-school learning program of its kind for grades one to twelve. First, we pinpoint how your child learns using our Dynamic Diagnostic Assessment™.

Then, we create an individualized program that goes beyond tutoring to teach your child to learn and study more effectively — to reach his or her full potential. Better grades, motivation and confidence follow.

Give your child a lifetime of learning success.

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Town presents seminar series addressing healthy eating topics

Healthy eating isn't always easy in this day of ease and convenience.

With that in mind, the Town of Milton is promoting March's Nutrition Month by presenting seminars at the Milton Leisure Centre, 1100 Main St. E., on a variety of topics.

The series will start with a session on 'Controversy

Between Carbohydrates and Proteins' Tuesday from 10:30 to 11:30 a.m. and Thursday from 7 to 8 p.m.

A session entitled 'Reading Food Labels' will be held March 23 from 10:30 to 11:30 a.m. and again from 6 to 7 p.m.

And a presentation on the 'Difference between Good and Bad Fats' will take place March

28 from 10:30 to 11:30 a.m. and again from 7 to 8 p.m.

The seminars are free for leisure centre members and cost \$5 each for non-members.

To register or for more information, call Tracy Hasselfeldt at (905) 878-7946, ext. 2706, or e-mail her at tracy.hasselfeldt@milton.ca.

Two-for-one deal for student travelers

Everybody likes to get a good deal, and here's one for students courtesy of the Town of Milton.

During the March Break next week, students can hop on the bus with a friend and get a special two-for-one deal.

The special deal will run from Monday to Friday, 9 a.m. to 4 p.m.

It's designed to give students more access to recreation and social opportunities during their

school break.

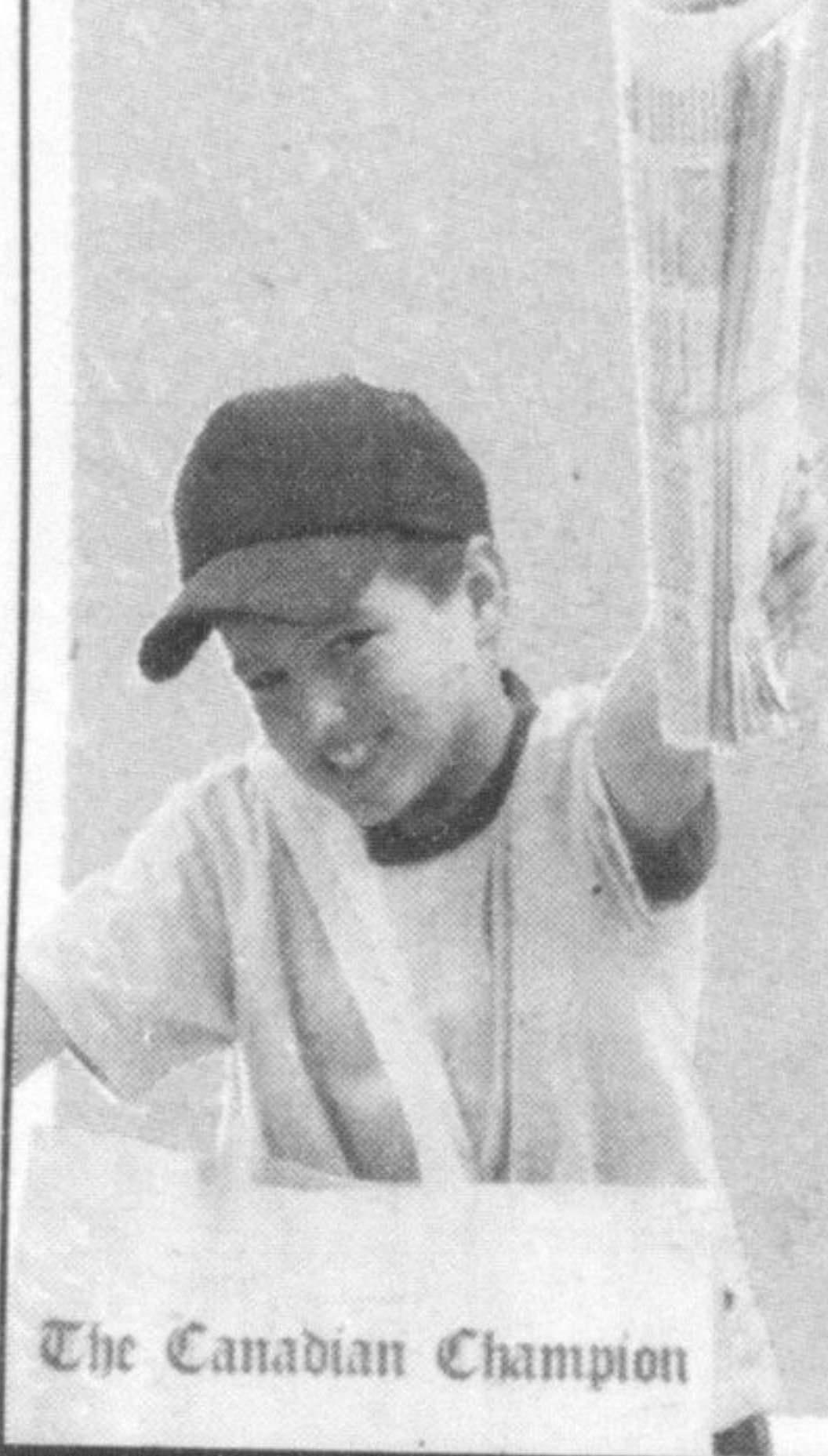
The promotion is one of a series that'll be running throughout the year to encourage residents to use Milton Transit.

Ridership is steadily increasing, with more than 7,000 passengers riding last month.

For more information, visit www.milton.ca or call (905) 815-2020.

SPOT THE CARRIER CONTEST

SIMPLY SPOT YOUR CARRIER DOING A GOOD JOB. CUT OUT THIS SPOT & GIVE IT TO YOUR CARRIER.



CARRIER SPOT

Your carrier will redeem the spot for carrier points & your name will be entered into a draw for a gift certificate from a local merchant.

Your Name: _____
Your Address: _____
Your Phone #: _____

Draw to be held April 6, 2006.

The Canadian Champion

SIMPLY CUT OUT THIS SPOT & GIVE IT TO A YOUTH IN YOUR HOME OR NEIGHBOURHOOD, WHO WOULD BE INTERESTED IN JOINING OUR CARRIER CLUB

The potential carrier can call the Carrier Club number shown below to see if there is a route available in their area.

When signed to a route, the carrier will earn Carrier points & your name will be entered into a draw for a gift certificate from a local merchant.

Draws to be held monthly.

POTENTIAL CARRIER SPOT

Your Name: _____
Your Address: _____
Your Phone #: _____

CARRIER CLUB INFO
905-878-5947

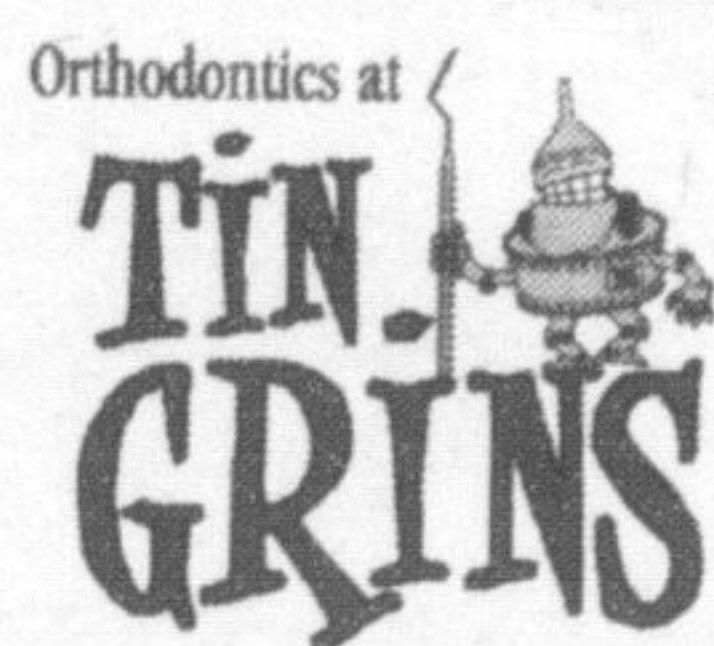


Lindsay shot up because she always said that she'd try anything once. Today she's trying to live with hepatitis C.

Thousands of people across Ontario have been infected with hepatitis C from unsterile equipment used for drug use, piercing and tattooing. Although symptoms may not show up for years, you will eventually get sick. And you can pass it on to someone else. So ask your doctor about getting tested. Because detection is key to controlling the virus. 1-877-234-4343 (TTY 1-800-387-5559) www.health.gov.on.ca/hepc

Hepatitis C. Find out if you have it. Get tested.

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For that winning smile, please call our office to arrange for a FREE Initial Consultation*

DDS, MSc., BSc., FRCD(C)