DateIline

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Church, 317 Main St. The group is held by the Canadian Mental Health Association. For more information, call (905) 693-4270.

VON Alzheimer Services holds its support group for caregivers of people with Alzheimer's disease and related disorders in the community room at Loblaws, 75 Nipissing Rd., from 2 to 3:30 p.m. For more information, call (905) 847-9559.

The Canadian Club of Halton Peel meets at the Oakville Conference Centre, 2515 Wyecroft Rd. in Oakville, with a cash bar open at 6 p.m. and dinner at 7 p.m. The guest speaker is Dr. Alex Bielak, acting director general, science and technology strategies with Environment Canada. He speaks on "Water Water Everywhere; Will There be Enough to Drink?" Tickets cost \$15 for students, \$30 for members and \$40 for non-members. For more information, call (905) 845-2862 or visit www.canadianclub.ca.

The Fine Arts Society of Milton's Evening Group of Artists meets from 7 to 10 p.m. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call Janis at (905) 854-5753.

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to stop by between 7 and 10 p.m.

Milton District Hospital holds a one-on-one breast-feeding clinic with a certified lactation consultant from 7 to 9 p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Women's Centre, suite 210 in Hopedale Mall at Rebecca Street and Third Line in Oakville, holds its free Peer Counselling by phone or in person for women facing abuse, grief/loss and relationship issues from 10 a.m. to 3 p.m. No appointment is necessary. Its free Women's Caring and Sharing Circle meets from 1 to 3 p.m. And a workshop entitled Challenging your Perceptions Through CBT takes place from 7 to 9 p.m. discussing breaking negative thinking patterns. The cost is \$10. To register or for more information, call (905) 847-5520.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its Thursday Afternoon Movie at 1:30 p.m. featuring Mr. and Mrs. Smith. Bid-euchre and contract bridge each take place at 1:30 p.m. The cost for each activity is \$2 for members and \$4 for non-members. A foot care clinic takes place with a VON nurse from 1 to 4 p.m. by appointment only. The cost is \$24. To book an appointment, call (905) 875-1681.

Canadian Blood Services holds a donor clinic at the Milton Sports Centre from 2 to 8 p.m. To make an appointment, call 1-888-2-DONATE.

The Milton Historical Society holds a historical overview of the 'United Empire Loyalist Settlers in Upper Canada' with Fred Hayward at 7:30 p.m. at the Waldie Blacksmith Shop, 16 James St.

The Milton Chamber of Commerce

