



Dateline

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The Milton Seniors' Activity
Centre, 500 Childs Dr., holds its
CyberCafé from 1 to 4 p.m. and
bid euchre at 1:30 p.m. The cost
for each activity is \$2 for members
and \$4 for non-members. For more
information, call (905) 875-1681.

Tuesday Jan. 24

The Milton Santa Claus Parade Committee holds an **organization- al meeting** for this year's parade at 7 p.m. in the downstairs meeting room at the Ivy Arms restaurant, 201 Main St. E. A theme is chosen and an executive is elected. If you're interested in being on the committee but can't make the meeting, call Mike Ricker at (905) 876-1331.

The Khi Community Church of the Salvation Army holds its free **Busy Hands, Creative Minds** program for pre-schoolers and their caregivers from 9:30 to 11 a.m. at 100 Nipissing Rd., unit 3. It also holds its free **scrapbooking group** from 7:30 to 9:30 p.m. at the same location. Bring your photos and album. Basic supplies are provided at no cost. For more information, call (905) 875-1022 or visit www.khicommunity.com.

Milton District Hospital holds a one-on-one **breastfeeding clinic** with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

Improve communication and

Toastmasters. Everyone is welcome to attend the meeting at the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For information, call Jamie Cunningham at (905) 876-2234.

Calling New Parents, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Ontario Early Years Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 825-6000, ext. 7299.

Help for Parents, a Halton parent support group, meets in the evening in the basement of the church at 5720 New St. in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of the Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit www.apsgo.ca.

The Women's Centre, suite 210 in Hopedale Mall at Rebecca Street and Third Line in Oakville, holds its free **Peer Counselling** by phone or in person for women facing abuse, grief/loss and relationship issues from 10 a.m. to 3 p.m. And its free **Employment Network** takes place from 9:30 to 11:30 a.m., teaching resumé writing and job search skills. To register or for

more information, call (905) 847-5520.

Wellspring Halton-Peel, a support network for cancer patients and their families, holds its **Ovarian Cancer Support Group** from 10:30 a.m. to noon at 2545 Sixth Line in Oakville. It also holds its **Lung Cancer Support Group** from 6:30 to 8 p.m. For more information, call (905) 257-1988.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Downsizers Weight Loss Club** at 10 a.m. The cost is \$2 for members and \$4 for non-members. For more information, call (905) 875-1681.

Wednesday Jan. 25

The Milton Road Safety Committee meets at the Milton police station, 490 Childs Dr., at 7 p.m. For more information, call Jan Mowbray at (519) 853-4492 or email mowbrayj@sympatico.ca.

The Halton chapter of **CARP** meets at 7:30 p.m. at the Burlington Seniors' Centre, 2285 New St., with Jim Matz speaking about Habitat for Humanity.

Milton District Hospital holds a one-on-one **breastfeeding clinic** with a certified lactation consultant from 1:30 to 3 p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Women's Centre, suite 210 in Hopedale Mall at Rebecca Street and Third Line in Oakville, holds
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