

What goes up, must come down

Two-year-old Abby Atwood heads up the Baldwin Park hill to take advantage of this weekend's light snowfall and enjoy a little sledding Saturday. Inset right, the pint-size sledder heads down the hill on the snow tube she got for Christmas. With all the rain and mild weather over the holidays, this marked the first time she had a chance to try out her new gift.

Photos by GRAHAM PAINE

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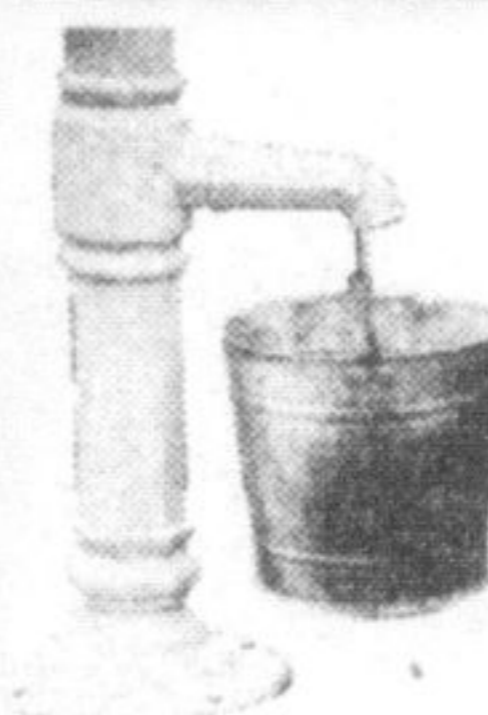
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Glaucoma is a dangerous disease that every year robs millions of people of their eyesight. There are few symptoms or ways to prevent it. In fact, many do not know they have the disease or the risk factors involved until it's too late. However, there are measures you can take to protect yourself, the first of which is to have frequent eye exams by a professional eye doctor. With knowledge and vigilance, those at risk can reduce the damaging effects of glaucoma.



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