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Milton - 575 Ontario Street  
(at Derry & Ontario)

## Dateline

• from **DATELINE** on page A15 are provided at no cost. For more information, call (905) 875-1022 or visit [www.khicommunity.com](http://www.khicommunity.com).

The **Blank Pages book club** meets. New members are welcome. For more information, call Penny at (905) 876-3534.

**Help for Parents**, a Halton parent support group, meets in the evening in the basement of the church at 5720 New St. in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit [www.apsgo.ca](http://www.apsgo.ca).

Improve communication and leadership skills with the **Milton Toastmasters**. Everyone is welcome to attend the meeting at the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For information, call Allan Lahue at (905) 877-3441.

**Calling New Parents**, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Ontario Early Years Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 825-6000, ext. 7299.

Milton District Hospital holds a one-on-one **breastfeeding clinic** with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

Equilibrium, a mental health support group for people with depression or bipolar disorder, presents an **information**

video entitled 'Sweet Dreams - How Sleep Studies Help in Treating Mood Disorders' at 7:30 p.m. following the sharing meeting at St. Dominic's Catholic Church, 2415 Rebecca St., in Oakville.

Wellspring Halton-Peel, a support network for cancer patients and their families, holds its **Ovarian Cancer Support Group** from 10:30 a.m. to noon at 2545 Sixth Line in Oakville. It also holds its Lung Cancer Support Group from 6:30 to 8 p.m. For more information, call (905) 257-1988.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Downsizers' Weight Loss Club** at 10 a.m. The cost is \$2 for members and \$4 for non-members. For more information, call (905) 875-1681.

Ebenezer United Church, 12274 Guelph Line, holds its **Seniors and Wannabees Lunch** at 12:30 p.m. with soup and sandwiches followed by games and fellowship. For more information, call Willy at (519) 853-3043.

The Halton/North Peel Naturalist Club invites the public to hear club member and naturalist Bill McIlveen present on 'Human Impacts on the Environment' at 7:30 p.m. in the drama room in Georgetown High School, 70 Guelph St.

The Women's Centre, suite 210 in Hopedale Mall at Rebecca Street and Third Line in Oakville, holds its **Peer Counselling** by phone or in person for women facing abuse, grief/loss and relationship issues from 10 a.m. to 3 p.m. No appointment is necessary. To register or for more information, call (905) 847-5520.

The Centre for Skills Development and Training holds an **information session** • see more **DATELINE** on page A22

# Bridal Show 2006

**Sun., January 15, 10a.m. - 5p.m.**  
At the Living Arts Centre,  
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A Honeymoon package at a Sandals Resort. The Caribbean's #1 ultra all-inclusive luxury resorts for couples only. Retail value \$5000.

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11:30a.m. • 1:30p.m. • 3:30p.m.

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