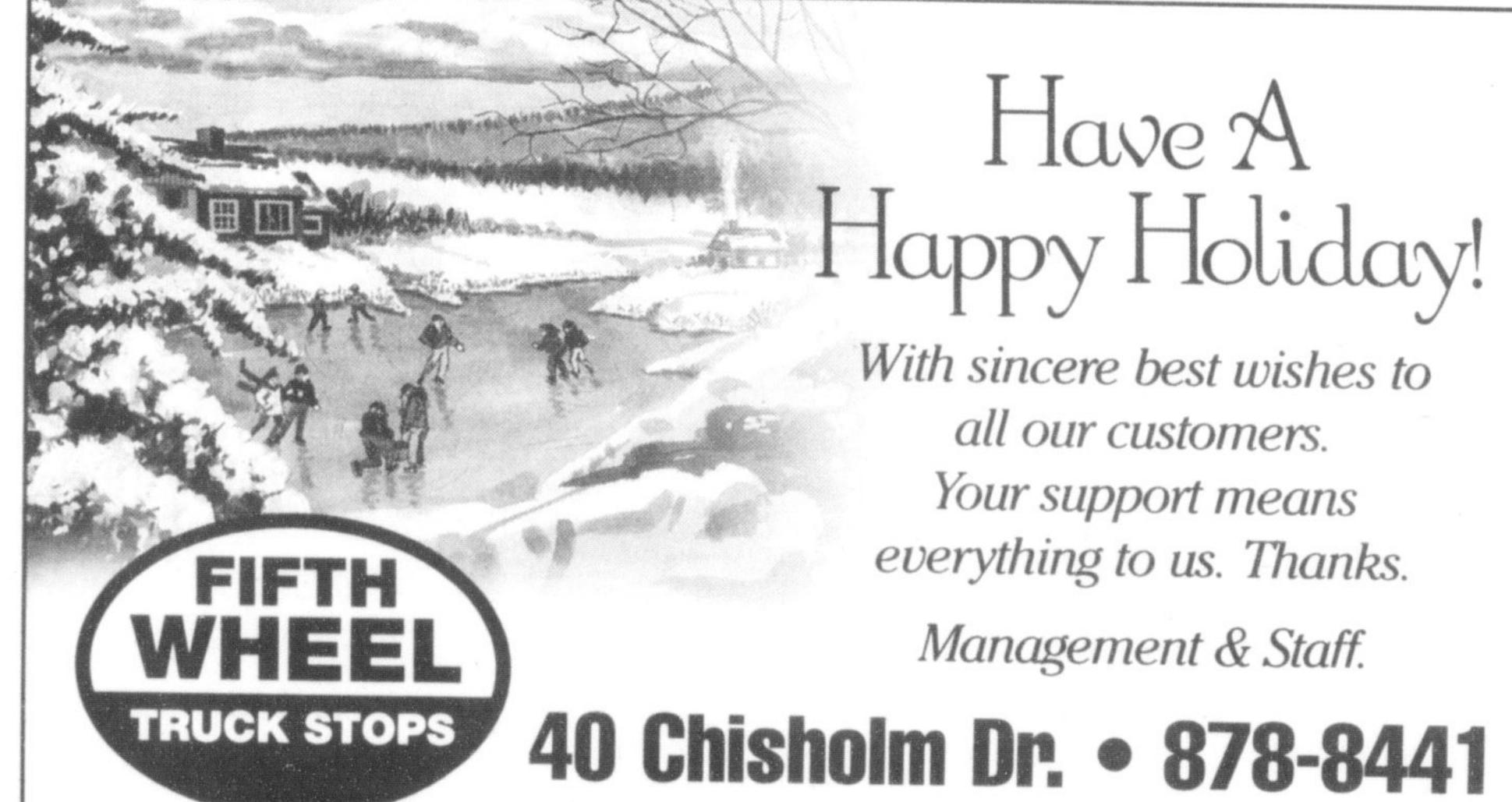
## Sifts to Make Even Scrooge Smile













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Reflexology will promote a deep relaxation within the body, by releasing stress and stimulating the body's own natural ability to heal and restore homeostasis. The treatment is performed on the feet, using techniques on certain reflex areas that correspond to the different systems of the body. Everyone can benefit from Reflexology since it is an art of treating the whole body rather than specific disease symptoms. Once you have achieved balance, regular treatments will aid in maintaining the body and provide a general feeling of well being.

For more information or to make an appointment please don't hesitate to call.

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