



ONTARIO GOVERNMENT NOTICE

PROPOSED GROWTH PLAN FOR THE GREATER GOLDEN HORSESHOE

On November 24, 2005, Ontario's Ministry of Public Infrastructure Renewal released a Proposed Growth Plan for the Greater Golden Horseshoe. It has been developed under the authority of the Places To Grow Act, 2005 and is available for public review and comment.

The Greater Golden Horseshoe is the shaded area on the adjacent map.

The Ontario government is planning strategically for population and economic growth. The Proposed Growth Plan includes policies to promote a competitive economy, protect our environment and build strong and vibrant communities.

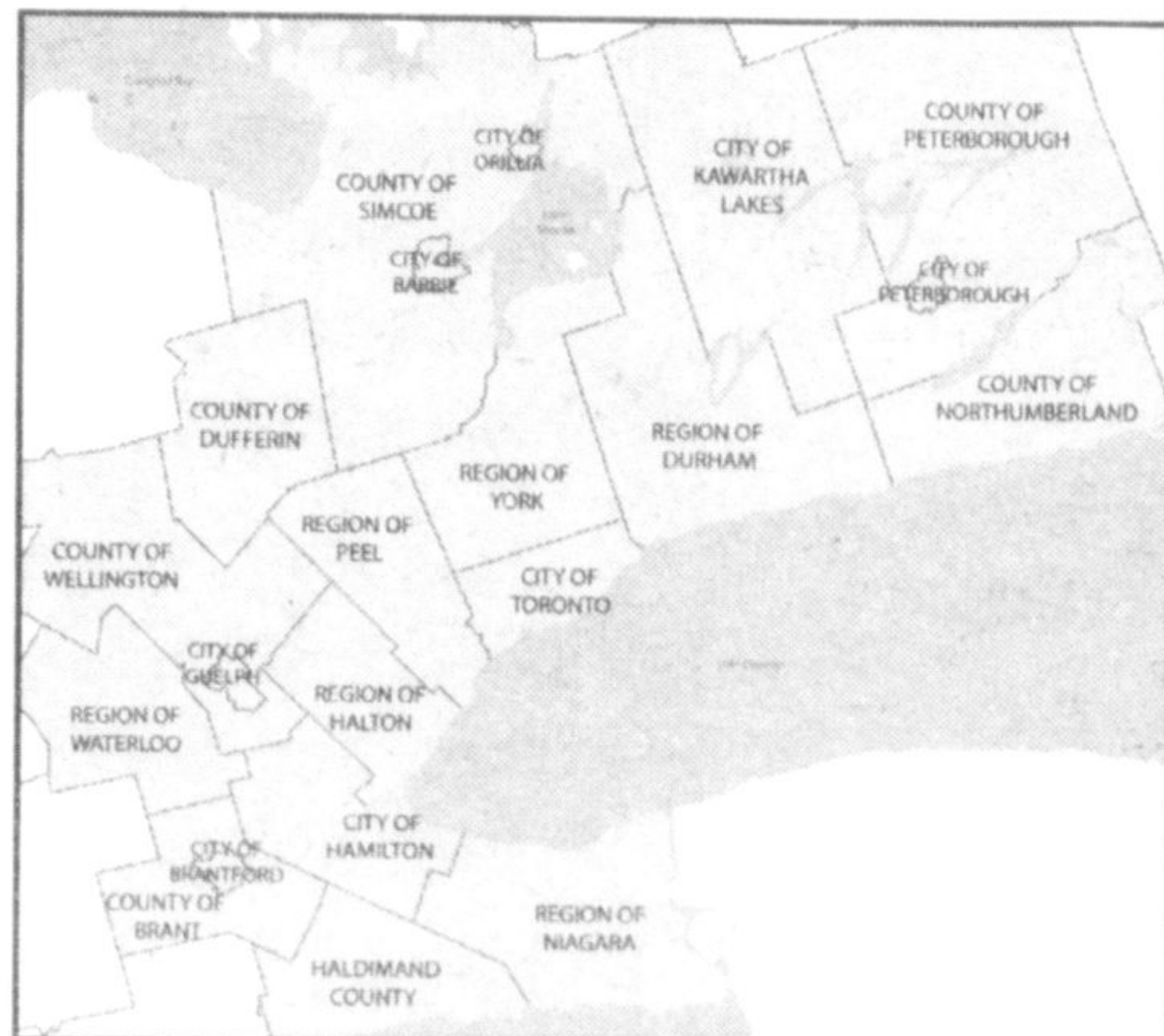
For a copy of the Proposed Growth Plan and background materials:

- Telephone, toll-free at 1-866-479-9781, or local to Toronto at 416-325-1210
- Visit the ministry website at www.placestogrow.pir.gov.on.ca
- Fax your request to 416-325-7403
- Or write to: Proposed Growth Plan, Ministry of Public Infrastructure Renewal, Ontario Growth Secretariat, 777 Bay Street, 4th Floor, Toronto, Ontario, M5G 2E5.

Copies of the plan are also available at Government Information Centres.

A notice, regarding the plan and how you can provide comments, has also been posted on the Environmental Bill of Rights Registry.

You are invited to submit written comments no later than **January 27, 2006** to the address or fax number above.



Strong start for EC wrestlers

E.C. Drury wrestlers kicked off their season in commanding fashion last Friday, winning both the open and novice division in Hagersville.

This marks the first tournament sweep since the late '90s for the Spartans, who are back to over 40 strong with a resurgence of rookie enrollment.

Drury secured 16 medals overall, seven of which were recorded by the rookies — who took top spot with 53 points to edge Turner-Fenton of Brampton (49) and Burlington's Robert Bateman (47).

Bobby McBride and Shawn Aguiar led the freshman class with gold, going 3-0 with three straight pin-fall victories each.

Following in the footsteps of their brothers, Duncan Moffat and Bobby Fillman struck silver, as did Oscar Elias and Kian Herrmann — who led his gold-medal match until a shoulder injury nixed his bid for first.

J.D. Davies went 4-1 with three pins to earn bronze, losing only to Moffat. Also earning top-five finishes among the rookies were Greg Brooks and Troy Medland.

The Spartans were even more successful in the open class — and far more dominant. The local veterans

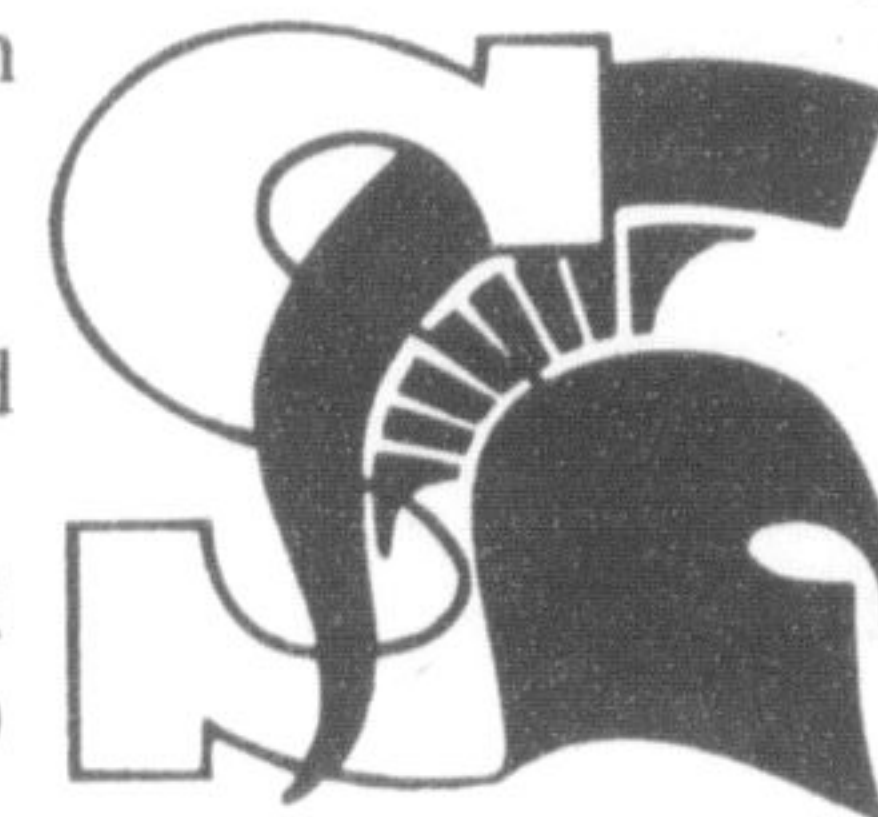
amassed 72 points, with the runner-up hosts far back at 27. Even though Hagersville wasn't quite at full strength, it was a promising showing for Drury, with several key wins against the defending OFSAA champs.

Perhaps the most encouraging of these victories was one engineered by Alan Moffat, an OFSAA bronze medalist last year who prevailed over a former OFSAA and Canadian champ in the final.

Also golden was two-time OFSAA champ Gary Ferrier, as well as Nick Ronan, Kyle Shermet and Brandon McDonald, who turned in a career best performance to grab his first-ever open gold medal.

Kevin Iwasa-Madge also had an outstanding day, defeating two highly-ranked Hagersville wrestlers, including the defending OFSAA and national champ in the semis. A bit of an emotional letdown and some questionable officiating combined to cost him a narrow defeat in the final.

Bronze-medal efforts were enjoyed by Blake Elliot, Ranhir Hans and Chris Flanigan, who led the team with five victories.



LOOK ...for your **Mark's Work Warehouse Flyer**

in Today's Canadian Champion!
If you don't receive our flyer, please call us at 905-878-6163 or e-mail dgeddes@sympatico.ca

Milton Crossroads
1220 Steeles Ave E.
905-878-6163

THE BIGGEST CHOICE AWARDS 2005

cherish
PRIVATE HOME CHILD CARE

For Providers:
Assured bi-weekly payments, resources, month notice of client termination, support from Home Visitor.

For Parents:
Homes are licensed to Day Nursery Act Standards. Monthly visit by a qualified Home Visitor.

For Children:
Relaxed rather than regimented schedules
Engaging children in activities that keep home and the extended family engaged in cooperative healthy activities.
Siblings play together

For more information please call
Kate Sherwood 905-876-1244 Ex 12,
kates@bellnet.ca
www.mcrc.on.ca



OUR FIRST ANNUAL WINTER EXTRAVAGANZA - DECEMBER 3, 2005

VOLVO
for life

NOW OPEN! VOLVO OF MISSISSAUGA WOULD LIKE TO WELCOME YOU TO OUR FIRST ANNUAL WINTER EXTRAVAGANZA SALE ON DECEMBER 3, 2005. THE SALE WILL BE FOR ONE DAY! ONLY BETWEEN 9AM AND 2PM. WE'LL HAVE A LOT OF OFFERS FOR YOU TO CHECK OUT, INCLUDING:

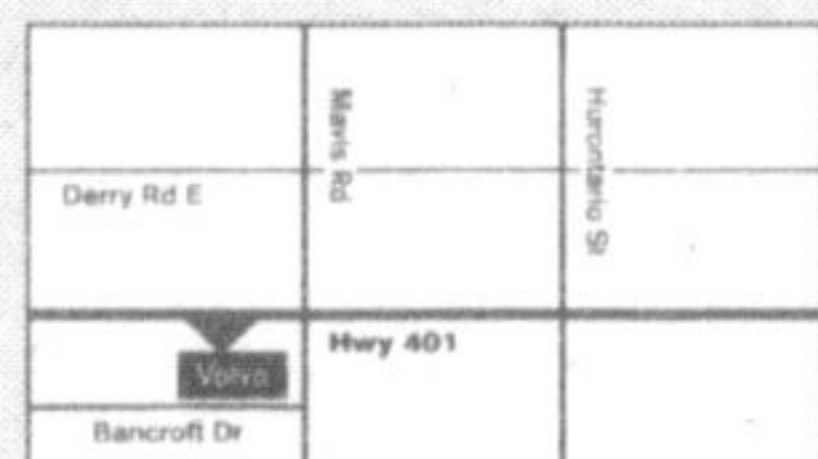
HUGE SAVINGS ON PARTS - 30% OFF WIPER BLADES, 20% OFF GENUINE VOLVO PARTS AND 15% OFF WINTER TIRE PACKAGES.

10% OFF PRE-BOOKED SERVICE - ASK OUR FACTORY-TRAINED TECHNICIANS AND SERVICE ASSOCIATES FOR DETAILS.

GREAT DEALS ON VOLVOs - GET EXCLUSIVE PRICING ON ALL REMAINING 2005 MODELS.

COMPLIMENTARY COFFEE & DONUTS.
SPECIAL GUEST FROM 12PM TO 1PM.
COMPLIMENTARY LUNCH FROM 11:30AM TO 1PM.

VOLVO OF MISSISSAUGA
797 Bancroft Drive, Mississauga
(905) 858-0712
www.volvoofmississauga.com



©2005 Volvo Cars of Canada Ltd. "Volvo, for life" is a registered trademark used under license by Volvo Cars of Canada Ltd. Always remember to wear your seat belt. Visit volvocanada.com.

Free Yourself of Unwanted Lbs... BY CHRISTMAS!

WEIGHT MANAGEMENT

- Registered Nutritional Consultant on staff
- Lose weight eating real food
- Maintenance programs
- Boost metabolism, feel healthy & energized
- Personalized plan, customized to fit your lifestyle and goals.

WE ALSO OFFER

- Electro-muscle toning treatments
- Weight Management
- Non surgical face lift

BEVERLY HILLS™
Weight Management Centres
www.yourbeverlyhills.com

Call Today! 905-875-2889

550 ONTARIO ST. S. UNIT 18

*Lose the Weight for only \$149**
*Based on full program.

Before/After Maria Evans: **54 lbs Lighter with 63 inches Lost**

Before/After Neil DeChamplain: **Lost 50 lbs, 56.75 inches & 15% Body Fat**

THE BIGGEST CHOICE AWARDS 2005