

# Dateline

## Tuesday Oct. 18

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Downsizers Weight Loss Club** at 10 a.m. The cost is \$2 for members and \$4 for non-members. Its **Evening Euchre Party** begins at 7:30 p.m., with competition, socializing and prizes for \$2.50. For more information, call (905) 875-1681.

The Halton Environmental Network (HEN) holds a **free public forum** — "What About the Fish of Halton Region?" — from 7 to 8:45 p.m. at Central Library, 2331 New St., between Guelph Line and Brant Street in Burlington. For more information, call (905) 849-5501, e-mail info@the-hen.net or visit www.the-hen.net.

## Tuesday Oct. 18 – 21

The Town of Milton invites riders to celebrate **Transit Appreciation Week** with free rides each day from 9 a.m. to 3 p.m., plus give-aways and contest draws. For more information, call (905) 878-7252, ext. 2185 or visit www.milton.ca.

## Tuesday Oct. 18 – 31

Crawford Lake Conservation Area holds its **Season of the Falling Leaves** event daily from 10 a.m. to 4 p.m. weekdays and from 10 a.m. to 5 p.m. weekends. It features free craft making, discovery hunts and videos. For more information, visit www.conservationhalton.on.ca.

## Wednesday Oct. 19

The Close and Over Sixty Club holds its **bridge group** from 1 to 4:30 p.m. at St. John's Church, on Guelph Line at No. 10 Sideroad. The cost is \$2. For more information, call (905) 854-2254 or (519) 821-8630.

Join the **Milton Christian Ladies Coffee Hour** from 9:30 to 11 a.m. at Milton Gospel Hall, 306 Ontario St. The special feature is "Gifts From a Jar" by Alma Hackett and the guest speaker is Marilyn Greaves. Admission is free. For more information or to arrange transportation, call Nancy at (905) 876-0831.

VON Alzheimer Services continues its **free Dementia Information Series** for family caregivers from 7 to 9 p.m. at VON Halton, Sheridan College, 1430 Trafalgar Rd., in Oakville (enter from Ceremonial Drive). To register, call (905) 847-9559.

The Halton branch of the Canadian Mental Health Association starts its six-week **Anger Management Program** from 7 to 9 p.m. in Acton. The cost is \$95. To register or for more information, call (905) 693-4270.

Milton Meals on Wheels hosts a **lunch-noon** starting at 11:30 a.m. at 80 Ontario St. N. The cost is \$5 and transportation and assistance can be arranged. For more information, call (905) 878-6699.

The Women's Centre, suite 210 in Hopedale Mall at Rebecca Street and Third Line, in Oakville holds its **free Abuse Support Group** from 6 to 8 p.m. To register or for more information, call (905) 847-5520.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Cookie Walk** from 9 a.m. to noon in the auditorium. For more information, call (905) 875-1681.

Halton Healthcare Services hosts a **free seminar on menopause** from 7 to 9 p.m. at the Galaxy Banquet Hall in Oakville. To reserve a seat or for more information, call (905) 338-4379 or e-mail elittle@halton-healthcare.on.ca.

The **Women's International Network (WIN)** group meets from 7 to 10 p.m. with registration at 6:30 p.m. at Rattlesnake

Point Golf Club. The guest speaker is Monica Ospina, who talks about how the empowerment of women could reduce world poverty. The cost is \$29 and \$39 for people who haven't registered as members after attending twice. The cost includes dinner. To register, call (416) 226-3288, or e-mail meetings@winwithresults.ca.

## Thursday Oct. 20

VON Halton continues its free 10-week **hospice training course** at the VON office, 2370 Speers Rd., in Oakville from 1 to 4 p.m. To sign up, call (905) 827-8800, ext. 2312 or ext. 2313.

VON Alzheimer Services offers its monthly **support group** for caregivers of those with Alzheimer's disease and related disorders in the community room at Loblaws, 75 Nipissing Road, from 2 to 3:30 p.m. For more information, call (905) 847-9559.

The Fine Arts Society of Milton's **Evening Group of Artists** meets from 7 to 10 p.m. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call Janis at (905) 854-5753.

Milton District Hospital holds a **breast-feeding clinic** with a certified lactation consultant from 7 to 9 p.m. For more information, see more **DATELINE** on page A11

## FIRST AID

People who take first aid training reduce their personal injuries by up to 30%.

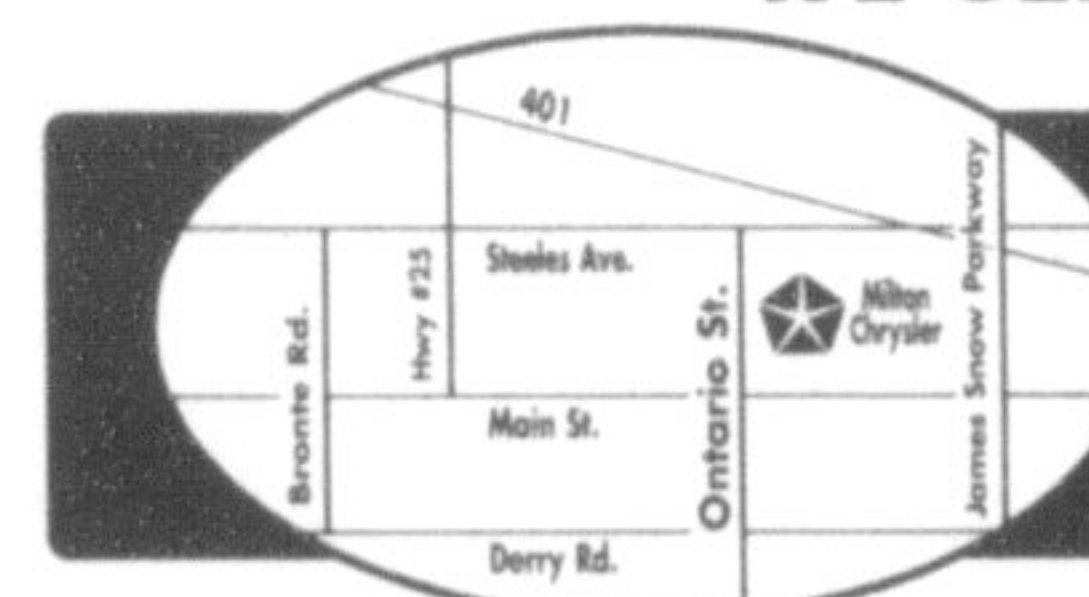
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7:00pm to 9:00pm  
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3:00pm to 9:00pm  
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**ADMISSION**  
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**The Rotary Clubs of Waterdown and Flamborough A.M.**  
Proceeds benefit youth and seniors in our local community and the elimination of Polio worldwide.  
WEBSITE: [www.waterdown-rotary.net](http://www.waterdown-rotary.net)

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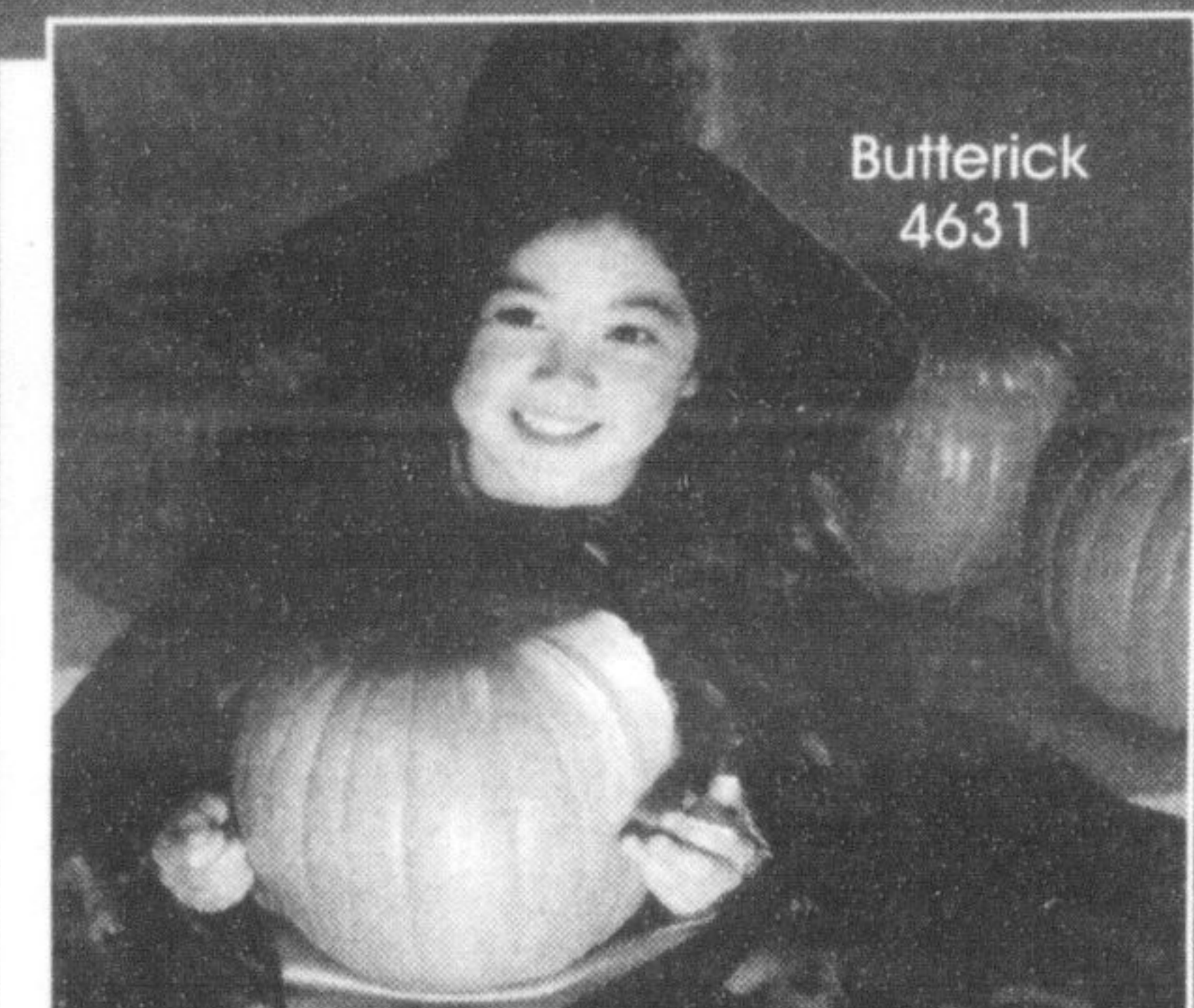
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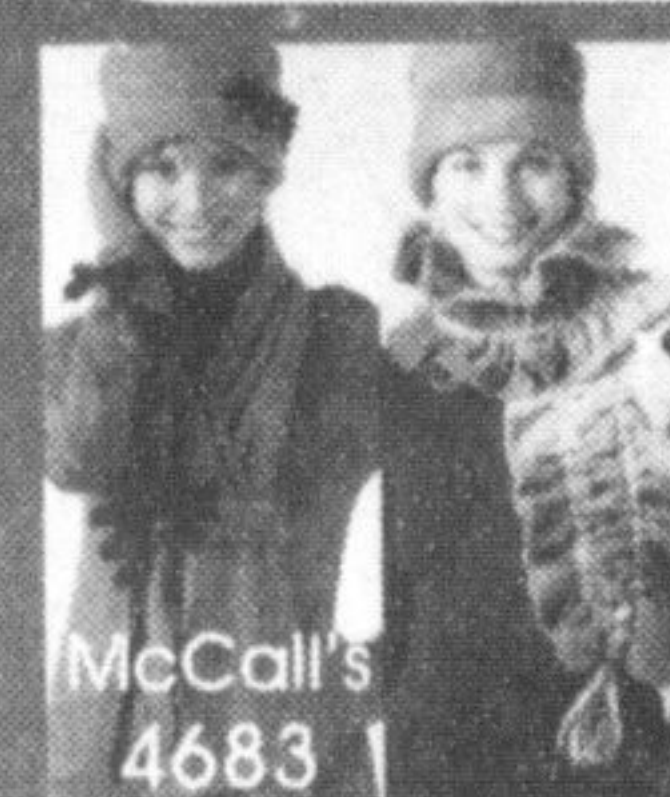
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