

Change of command

Outgoing commanding officer Captain Miluska Hosek looks on as District Commanding Officer Major T.J. Orange officiates the 2990 Lorne Scots Army Cadet Corps Change of Command to incoming commanding officer Lt. Peter Cranley Monday night at Milton District Hlgh School.

> Photo by ASHLEY CAMARA

Halton may get 211 phone service

Local residents looking for information on local services could soon just dial 211 to get their answer.

The number — which is being proposed for Halton — would connect people to non-emergency community, government, health and social services 24 hours a day, seven days a week.

The project is being guided by a steering committee comprised of representatives from the United Way, local municipalities, the Region, Halton Regional Police and various service providers throughout the region.

The group has developed a 211 model of service delivery that would involve establishing a newly-incorporated non-profit entity with registered charitable status and partnering with the Region to use its existing call centre technology and Halton information providers to use their database of resources.

Milton council endorsed the service delivery model at its meeting last week.

The next steps in the project include securing funding and applying for accreditation and licencing to become a 211 service provider, with the goal of publicly launching the service in Halton November 2, 2006.

Mood disorder program offered

A local education and self-help program on managing a mood disorder for people with depression or bi-polar disorder will start October 17.

The program, offered by the Canadian Mental Health Association (CMHA), will run for six weeks on Mondays from 7 to 9 p.m. until November 28, with the exception of Halloween. It will be held at 136 Cross St. in Oakville.

Each week there'll be a different speaker followed by small group discussion. The speakers include a psychiatrist, a wellness and complementary treatment practitioner, an advocate to speak on the signs and symptoms and a panel of community mental health workers.

The program is open to people living with a mood disorder depression or bi-polar — and their family members. It costs \$30 for an individual to attend and \$50 for a family.

To register for the upcoming course call the CMHA Halton branch at (905) 693-4270, ext. 26.

Guide leaders needed

Calling all local women.

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ers and support volunteers. No experience is necessary,

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