Crawford Lake getting ready for autumn celebration

A: To live longer.

By walking across the road,

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Crawford Lake Conservation Area is gearing up for its annual Autumn on the Escarpment event, with a cornucopia of activities being planned.

The event will take place Sunday and Monday from 10 a.m. to 5 p.m. Admission costs \$6, and is free for kids four and younger.

The fall colours and crisp air will be Mother Nature's contribution to the festival, and visitors

can choose to see the fall colours on foot or on a horse-drawn wagon ride through Crawford Lake's scenic trails.

Wagon rides are free with park admission, available on a first come, first served basis.

As always, visitors are welcome to check out the reconstructed Iroquoian village and rare, meromictic lake.

And staff will share First Nations legends of

Thanksgiving in the Turtle Clan longhouse, teaching how Canada's Natives made Thanksgiving a daily celebration.

Other activities planned for the festival include harvest games, free craft-making, a discovery hunt with prizes, the Great Pumpkin Raffle and nature face painting.

For those who prefer relaxing with some music, the Playford Players will be performing at

the park from 1 to 4 p.m. Sunday and noon to 3 p.m. Monday.

In addition to barbecue fare, the festival will also offer steaming cups of hot apple cider.

Crawford lake Conservation Area is located at the corner of Guelph Line and Steeles Avenue, four kilometers south of Hwy. 401. For more information, call (905) 854-0234 or visit www.conservationhalton.on.ca.





LITTLE HANDS TALKING

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LANGUAGE

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TODDLERS AND

THEIR PARENTS

& CAREGIVERS

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TO REGISTER VISIT OUR WEBSITE AT

VON Alzheimer Services continues its

free Dementia Information Series for family caregivers from 7 to 9 p.m. at VON Halton, Sheridan College, 1430 Trafalgar Rd., in Oakville (enter from Ceremonial Drive). To register, call (905) 847-9559.

The Khi Community Church of the Salvation Army holds its Girls' Night Out at the Milton Sports Centre at 7 p.m. In the case of rain, the group meets at 100 Nipissing Rd., unit 3. Ages 18 and up are welcome, and no registration is required. For more information, call (905) 875-1022

or visit www.khicommunity.com.

The Women's Centre, suite 210 in Hopedale Mall at Rebecca Street and Third Line, in Oakville holds its free Abuse Support Group from 6 to 8 p.m. It also starts its eight-week Separation/Divorce Group from 7 to 9 p.m. The cost is \$30. To register or for more information, call (905)

The Town of Milton invites the public to its Community Open House at 7:30 p.m. to view and comment on the proposed design for the Town Hall expansion. It takes place at Town Hall Victoria Park, 43 Brown St., in council chambers. For more information, call (905) 878-7252, ext. 2187 or visit www.milton.ca.

The Milton District Hospital Foundation and the United Way of Milton present a seminar entitled Wills, Estate and Tax Planning from 6:30 to 9 p.m. at Hugh Foster Hall, 53 Brown St. Speakers are Helena Donaldson of Donaldson Financial Group Inc., Douglas Francis of Padgett Business Services and lawyer Lorne Greenwood. To reserve a spot, call the United Way at (905) 875-2550 or the hospital foundation at (905) 876-7014.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds contract bridge at 9:30 a.m. The cost is \$2 for members and \$4 for non-members. It holds shuffleboard from 1:30 to 3:30 p.m. in the games room. The cost is \$2 for members and \$4 for nonmembers. And its Wednesday Lunch Counter is also held, at a cost of \$6. Sign up in advance at the reception desk or phone in your order. For more information, call (905) 875-1681.



holds its Thanksgiving Buffet with sittings at 11:30 a.m. and 12:30 p.m. The menu includes roast turkey with stuffing, garlic mashed potatoes and more. It also includes a dessert buffet. To reserve a seat, call (905) 878-0575, ext. 245.

VON Halton continues its free, 10-week hospice training program for new volunteers from 1 to 4 p.m. at the VON office, 2370 Speers Rd., in Oakville. To sign up, call (905) 827-8800, ext. 2312 or ext. 2313.

Milton District Hospital holds a breastfeeding clinic with a certified lactation consultant from 7 to 9 p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Fine Arts Society of Milton's Evening Group of Artists meets from 7 to 10 p.m. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call Janis at (905) 854-5753.

The Women's Centre, suite 210 in Hopedale Mall at Rebecca Street and Third Line, in Oakville holds its free Peer Counselling by volunteers in person or over the phone from 10 a.m. to 3 p.m. for women facing abuse, grief/loss and relationship issues. It also holds its free Women's Caring and Sharing Circle · see more DATELINE on page A26

