

Fall REGISTRATION

Highland Dancing Lessons

for ages 4 & up by 4 time World Champion!

- RECREATIONAL
- PERFORMANCES
- RECITAL



- COMPETITIVE
- EXAMS
- ADULT CLASSES

Registration: Tuesday, September 6 and Wednesday, September 7 from 6-8pm at the Milton Mall, 2nd floor
 905-693-8391 jshighland@cogeco.ca

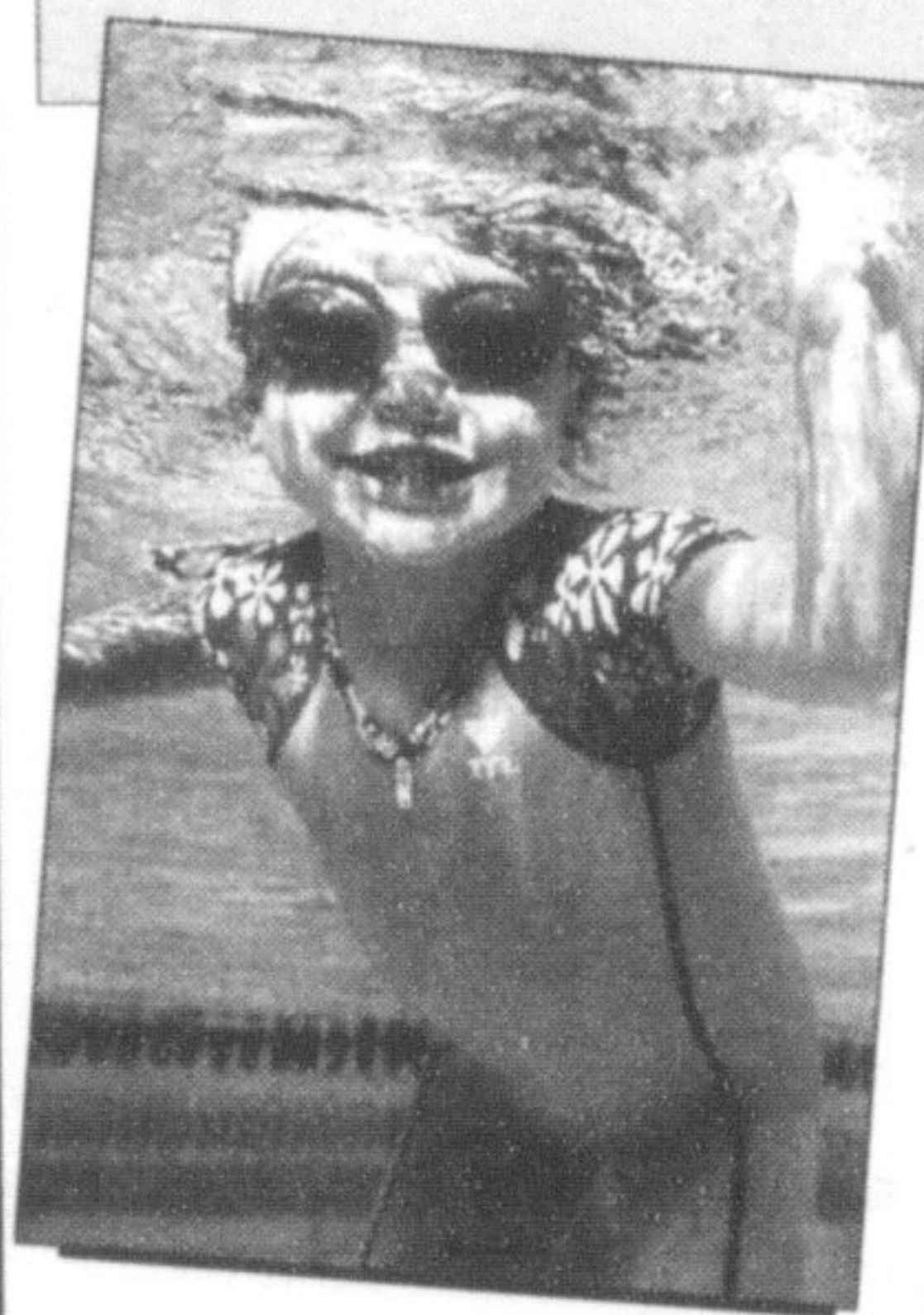
CAROLE MURRAY'S SWIM ACADEMY AND SWIM BOUTIQUE

905-878-9747 250 Bronte St. S.

SWIM PROGRAM
 STARTS SEPTEMBER 6TH TO DECEMBER 17TH

BOOK NOW FALL PROGRAMS Start Sept. 6th

- New Red Cross Program (Levels 1-10)
- Parents and Tots
- Lap Swimming (8am-9am & 12pm-1pm)
- Private Swimming Classes
- 3/Semi Class & Introducing 2/Semi Classes
- Rookie-Ranger & Star Bronze Medallion & Bronze Cross



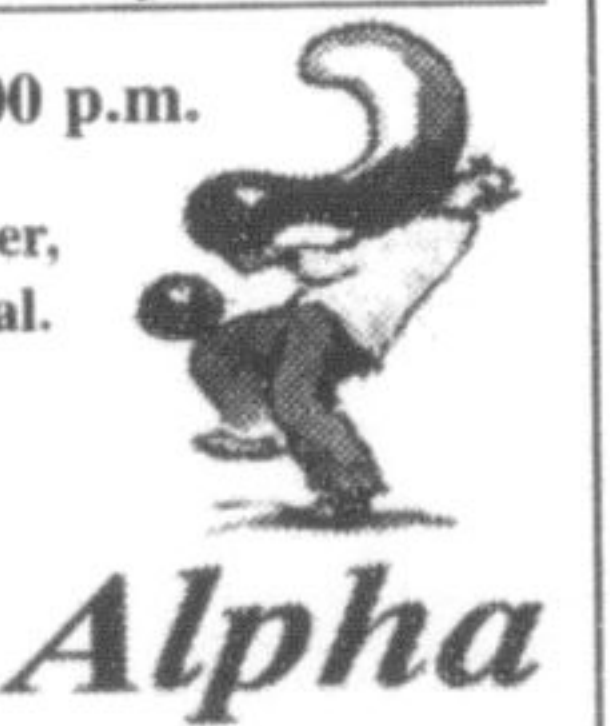
SALE
 UP TO 50% OFF SWIMWEAR
 • Ladies • Men • Children

INTRODUCING HALTON COMMUNITY CENTRE REHABILITATION CLASSES FOR YOUR INJURIES!
 STARTING SEPT. 7TH WEDNESDAY & FRIDAY 12:30-1PM & 1-1:30PM
 For more info call 905-876-1515

Explore the meaning of Life on an Alpha Course! Come for an information of Life on an Alpha Course! **Christianity: Boring, Untrue or Irrelevant?**
 Call one of the numbers below to reserve your space:

- Thursday, September 15th
St. Paul's, Milton - 905-878-8895
- Monday, September 19th
St. George's, Lowville - 905-878-1363
- Friday, September 23rd
Burloak Christian Fellowship - 905-693-9355
- Monday, September 26th
Grace Anglican, Milton - 905-878-2411

Time: 6:30 p.m. to 9:00 p.m.
 Cost: No charge for the course, however, donation may be requested for the meal.
 Check out the ALPHA website at www.alphacanada.org



Fall for Recreation... and Adult & Seniors' Programs!

Adult General Interest Programs: These programs are being introduced for the first time this fall! Try Cake Decorating, Interior Design, Gardening Design, Painting, Photography, Sign Language and Stained Glass.



New Seniors' Programs: Stained Glass, Flower Arranging, Saturday Night Bridge Parties, Salute to the Silver Screen and many more.

Free Workshops for Seniors: Elder Issues (Sept 21), Power of Attorney (Nov 23)

Need more details? See your Fall & Winter Community Services Guide or contact us...

www.milton.ca recreation@milton.ca 905-875-1681

Fall for Recreation... and Fitness!

Post-natal fitness: Spend time with baby while you work out for a perfect fit!
Strollercize: See the sights as you stroll, chat and keep active.
Weight Watchers®: Combine nutrition with fitness classes.



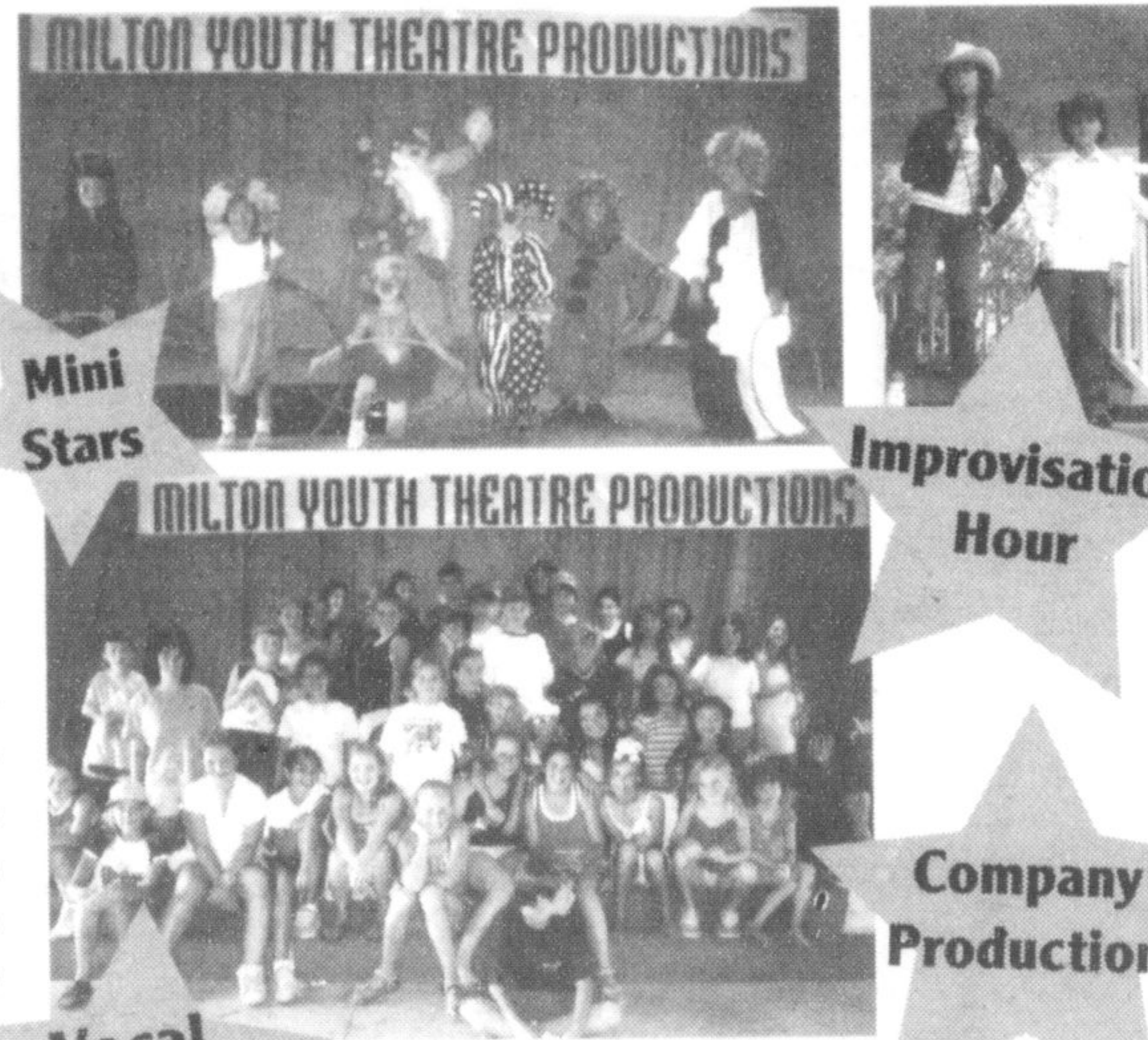
- 3 Options for Fitness Programs:**
1. Fitness memberships (Annual, 90-day or 30-day)
 2. Pay-as-you-go fitness classes
 3. Registered fitness classes with many new options such as Kickboxing, Cardio Sculpt, Step and more!
- Pilates:** Even more classes available than before.

Need more details? See your Fall & Winter Community Services Guide or contact us...

www.milton.ca recreation@milton.ca 905-878-7252, ext. 2706

MILTON YOUTH THEATRE PRODUCTIONS

Fall Registration



Mini Stars

Improvisation Hour

Company Production

Vocal Group

Kidz Korner
 150 Nipissing Road

Thurs Sept 8 5-8pm
 Tues Sept 13 5-8pm
 Wed Sept 14 5-8pm

For more information contact Kim Belvedere at 905-875-7674 or visit our website www.miltontheatre.ca

FOLK ART PAINTING OPEN HOUSE FALL CLASS REGISTRATIONS

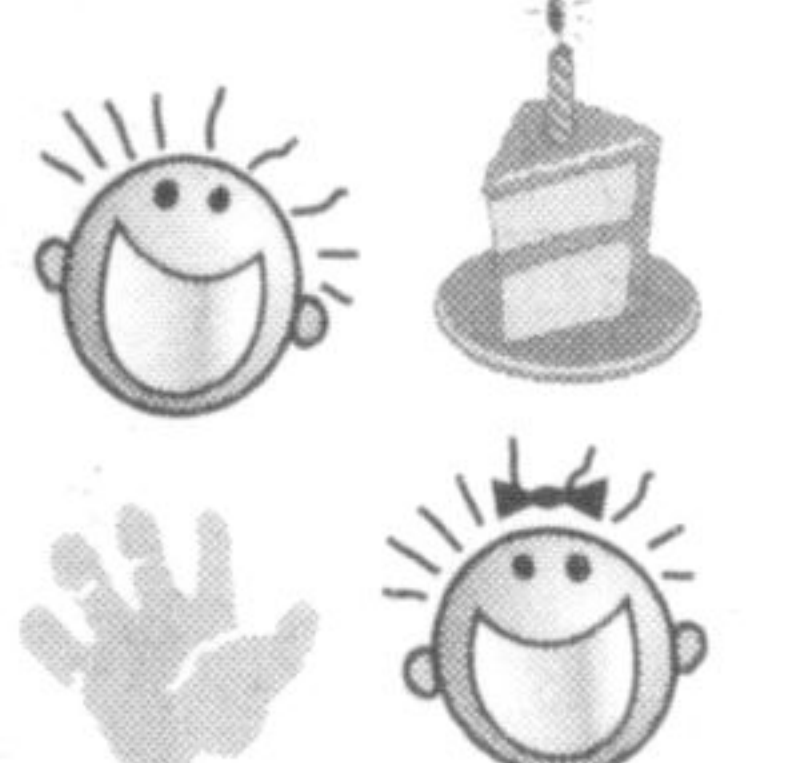
Saturday, September 10
 1:00pm-3:30pm
 Sunday, September 11
 1:00pm-3:00pm

BEGINNER & INTERMEDIATE
 complete line of painting supplies
 custom wood cutting

264 BRONTE ST. UNIT #6, MILTON
 For more information
 Phone Anna at 905-878-5320

SCRIBBLES

A creative, educational, "fun" program for kidz 2 1/2 to 5



REGISTER NOW

Qualified staff will make your child's first school experience a positive one!

for more information call

Kidz Korner

150 Nipissing Rd. #10 & 11
 (905) 878-4697